

# HDSRL 2024 Handicap Race – Otley – Organised by Otley AC

Wednesday 17<sup>th</sup> July, Start from 7.15pm

- **Venue HQ:** Otley Cricket Club, Cross Green, Pool Road, Otley, LS21 1HE
  - Changing, toilets, refreshments at Otley Cricket Club, Otley RUFC
  - Parking: Please use the signposted and marshalled race car park. Bremner Street, LS21 1JD
  - Do not park at Otley Rugby Club/Cricket Club (for Club Officials only), or at Wharfe Meadows Park
- **Post Race Presentation and Food**
  - Will be held Otley Cricket Club. Refreshments are one of the following - Beefburger, hot dog, or Vegetable Chili.
  - Bar facilities will be available. Carry some method of payment (cards accepted)
- **Course:**
  - The race starts and finishes at Prince Henry's Playing Fields. These are about 0.75ml from the Race headquarters at the Cricket Club. Allow at least 10 mins to walk from the Cricket club.
  - There is a small pavilion with toilets close to the start
  - Course length is 5.3 miles. Please look at the course route below. This will be displayed on the night.
  - All junctions will be marshalled or flagged
  - **Check your start time beforehand, preferably on-line. There will be printed sheets at the HQ and race start. If you use the sheets, do this by 7.00 at the HQ or 7.10 at the race start, especially if you are a slower runner.**
- **Brief description of the route.**
  - From start - run around the circumference of the playing fields. Then out along the access road to Wharfe Meadows park. Anticlockwise around the park following signs and marshals and then across the River Wharfe using the White Bridge. Sharp left turn onto riverside trail (**MIND YOUR HEAD UNDER THE PIPE**). The path exits the nature reserve onto a rougher narrow path (take care on raised sections). Leave the nature reserve using the gate and run across the field using the footpath. Exit via the next gate and turn left onto the pavement on Pool Road. Take the next turn and loop around Knotford Nook (running on this quiet section of road). At the end turn right onto Pool Road and run past the gate used earlier, and along to Mill Way. **Runners must stay on the pavement as this is a busy road.** Turn right onto Mill Way and right turn after ~ 50 metres into Gallows Hill. Take the right turn after ~100metres into the car park, turning left and follow the track back to the riverbank. Turn left along the river to the White Bridge (**MIND YOUR HEAD AGAIN UNDER THE PIPE**). Cross the bridge into the park. Follow the same route in the reverse direction around the park to the finish.
  - Some of the route is on public footpaths / trail around fields and a nature reserve and can be narrow and muddy. There are some gates which are marshalled. Runners should take care to negotiate safety through each gate.
  - **To ensure safety runners must not wear headphones.**
  - The route is mostly level. Runners must pay attention for their own safety when on any uneven surfaces, or around traffic and pedestrians. Please be aware of other users of Wharfe Meadows Park.

