

Name	Bib No	Club	Category	Race 1	Race 2	Race 3	Race 4	Best 3	Overall	Category	
				Points	Points	Points	Points		winners	placing	
Scott Harrington	4243	Otley AC	MV40	99.73	100.00	100.00	100.00	300.00	1st	1	MV40
Ben Holmes	4060	Harrogate Harriers & AC	MV40	99.20		99.48	99.66	298.34	2nd	2	
Tom Calvert	4127	Knaresborough Striders	MSEN	98.93	99.41	98.45	99.31	297.65	3rd	1	
Edward Hobbs	4244	Otley AC	MU18	98.66	99.11	99.23	98.97	297.30		1	MU18
Richard Smith	4268	Otley AC	MSEN	95.72	97.62	98.20	98.62	294.44		2	
Jon Denniss	4622	Ilkley Harriers	MSEN	98.13		98.71	97.59	294.43		3	
Jack Margerrison	4254	Otley AC	MSEN	98.39	98.22	97.16	95.86	293.77		4	
Emily Gibbins	4101	Ilkley Harriers	FU18	97.32		97.68	95.52	290.52	1st	1	FU18
Jamie Baker	4280	Ripon Runners	MSEN	97.06	94.95		98.28	290.28		5	
Paul Richardson	4077	Harrogate Harriers & AC	MV45		97.32	96.65	96.21	290.18		1	MV45
Chris Welford	4121	Ilkley Harriers	MSEN	95.99		96.91	97.24	290.13		6	
Gareth Somerville	4583	Harrogate Harriers & AC	MSEN		93.16	97.42	97.93	288.51		7	
Philip Woodall	4091	Harrogate Harriers & AC	MSEN	95.18	95.84	95.10		286.12		8	
Henry Jeffreys	4248	Otley AC	MSEN	94.38	96.43	93.55	94.14	284.95		9	
Michael Abrams-Cohen	4095	Ilkley Harriers	MSEN	96.52		94.59	93.45	284.55		10	
Tom Midgley	4258	Otley AC	MSEN	95.45	94.65	93.30		283.40		11	
John Chatwin	4292	Ripon Runners	MV40	94.92	93.76	94.07		282.74		3	
Tom Borrowdale	4043	Harrogate Harriers & AC	MSEN	93.31	92.86	96.39	91.03	282.57		12	
Matthew Waller	4577	Ripon Runners	MU18		93.46	95.62	92.76	281.83		2	
Daniel Molesworth	4143	Knaresborough Striders	MSEN	91.97		95.88	93.79	281.64		13	
Richard Walker	4013	Airecentre Pacers	MV45	93.58	90.78	94.33	92.41	280.32		2	
Darren Townend	4220	Nidd Valley Road Runners	MV45		95.24	90.20	94.48	279.93		3	
Graham Lake	4251	Otley AC	MV45	94.11		92.52	93.10	279.74		4	
Andrew Overend	4109	Ilkley Harriers	MV45	93.85	94.05	91.23	89.31	279.13		5	
Tom Lynch	4252	Otley AC	MSEN	92.78	92.57	91.75	90.34	277.09		14	
Emily Legg	4433	Wetherby Runners AC	FSEN	93.04	90.49	91.49		275.02	2nd	1	
Heather Tuffs	4411	Thirsk & Sowerby Harriers	FSEN	90.64		92.01	92.07	274.71	3rd	2	
Oliver Richards	4264	Otley AC	MV40	92.24	91.68	90.72		274.63		4	
Matt Jones	4395	Thirsk & Sowerby Harriers	MSEN	91.71	91.08	90.46		273.25		15	
Joshua Cooper	4386	Thirsk & Sowerby Harriers	MSEN	91.17	91.97	89.69	89.65	272.83		16	
Geoffrey Hirst	4059	Harrogate Harriers & AC	MV40	91.44	89.30	89.17	88.96	269.91		5	
Adam Gerrish	4100	Ilkley Harriers	MSEN	88.49	87.51	87.88	90.00	266.37		17	
Darren West	4563	Harrogate Harriers & AC	MV55		87.81	86.85	91.38	266.04		1	MV55
Andy Mccue	4257	Otley AC	MV45	88.23		89.95	86.55	264.72		6	
Craig Macauley	4140	Knaresborough Striders	MSEN	86.62		88.14	87.24	262.00		18	
Emma Sorby	4353	Ripon Runners	FSEN	89.56	85.43	83.76	86.89	261.89		3	
Jonny Goldsbrough	4305	Ripon Runners	MSEN	87.96	88.41	84.53	77.58	260.90		19	
Simon Quin	4262	Otley AC	MV45	89.30	46.78	87.11	84.48	260.88		7	
Martin Lofthouse	4195	Nidd Valley Road Runners	MV50	89.03	85.73	85.30	84.13	260.06		1	MV50
Rob Bullen	4423	Wetherby Runners AC	MV45	89.83	89.00	80.41		259.24		8	
Andrew Robertshaw	4265	Otley AC	MV50	88.76		85.05	85.17	258.98		2	
Douglas Scott	4080	Harrogate Harriers & AC	MV50	81.81	83.95	86.08	88.62	258.64		3	
Nils Linstrum	4435	Wetherby Runners AC	MSEN	87.16	84.24		86.20	257.60		20	
Kate Archer	4469	Ilkley Harriers	FV40	84.48		86.59	85.86	256.93		1	FV40
Stephen Newbould	4494	Nidd Valley Road Runners	MV45		85.14	83.24	87.93	256.30		9	
Adam Prentis	4464	Harrogate Harriers & AC	MV55	84.75	86.62	84.27		255.64		2	
Chloe Hirst	4058	Harrogate Harriers & AC	FSEN	87.69	86.92	76.02	81.03	255.64		4	
Davina Ellis	4054	Harrogate Harriers & AC	FV40	86.89		85.56	80.68	253.13		2	
Mathew Shaw	4487	Knaresborough Striders	MSEN	81.54	84.84	86.34		252.71		21	
Ashley Howard	4061	Harrogate Harriers & AC	MSEN	80.47	83.35	88.66		252.48		22	
Rob Marsh	4068	Harrogate Harriers & AC	MV45	82.61	86.32	80.66		249.60		10	
Amanda Spencer	4442	Wetherby Runners AC	FV50	84.21	82.76	81.44	76.54	248.41		1	FV50
Andrew Pritchard	4466	Harrogate Harriers & AC	MSEN	85.28	82.46	78.86	79.99	247.74		23	
Adam Moger	4436	Wetherby Runners AC	MV45	79.40	82.16	82.21	82.41	246.78		11	
James Pollington Clyne	4528	Ripon Runners	MU18	70.57	88.70	87.37		246.64		3	
Ben Imeson	4319	Ripon Runners	MV45	80.74	83.65	81.70		246.08		12	
Jim Ryder	4115	Ilkley Harriers	MV55	82.34	83.05	79.38		244.77		3	
Colin Dennison	4504	Otley AC	MV40	82.88	80.38	81.18		244.43		6	
Michael Mcinnes	4374	Skipton AC	MV45	83.41	81.57	77.83	79.30	244.28		13	
James Kimberley	4588	Wetherby Runners AC	MSEN		73.54	79.12	87.58	240.24		24	
Gavin Burton	4231	Otley AC	MV45	80.20	76.81	79.63	80.34	240.17		14	
David Freeman	4301	Ripon Runners	MV45	81.00	79.19	78.60	76.89	238.79		15	
Geoff King	4559	Harrogate Harriers & AC	MV65	78.33	81.27	77.57	78.27	237.87		1	MV65
Paul Evison	4135	Knaresborough Striders	MV40	79.13	75.62		82.75	237.50		7	
Ken Wood	4553	Thirsk & Sowerby Harriers	MV40	76.99	78.30	75.77	81.37	236.66		8	
Georgina Beeden	4040	Harrogate Harriers & AC	FSEN		77.70	73.45	84.82	235.97		5	
Liam Snaith	4575	Ripon Runners	MSEN		78.89	76.54	79.65	235.08		25	
Kevin Clark	4591	Nidd Valley Road Runners	MV40	62.27	76.51	81.95	75.51	233.98		36	
Luke Salmons	4079	Harrogate Harriers & AC	MV40	79.93		76.80	75.85	232.58		9	
Esther Harrison	4392	Thirsk & Sowerby Harriers	FV35	78.06	79.49	72.67	74.47	232.02		1	FV35
Steve Ellmore	4133	Knaresborough Striders	MV55	75.65	79.78	75.25	74.82	230.69		4	

Craig Mitchell	4142	Knaresborough Striders	MSEN	76.72		78.34	75.16	230.23	26
Iain Edmondson	4429	Wetherby Runners AC	MV50	74.05	69.68	77.05	78.61	229.71	4
Tim Tunnard	4443	Wetherby Runners AC	MV50	78.59	74.73	75.51		228.83	5
David Binks	4513	Ripon Runners	MV50	63.34	71.16	78.09	77.23	226.48	6
Nigel Scaife	4497	Nidd Valley Road Runners	MV50	71.37	78.59		76.20	226.16	7
Lenny Lennox	4328	Ripon Runners	MV60	73.51	78.00	74.48		225.99	1
Theresa Oldroyd	4620	Harrogate Harriers & AC	FV50	65.22	71.76	74.73	78.96	225.45	2
Shaun Morrison	4072	Harrogate Harriers & AC	MSEN	75.12	77.41	72.41	72.06	224.94	27
Craig Milner	4009	Airecentre Pacers	MSEN	74.85	76.22	71.64	73.78	224.85	28
Alex Bradbury	4420	Wetherby Runners AC	MSEN	70.30	77.11	73.19		220.60	29
David Singleton	4475	Ilkley Harriers	MV45	72.44		74.22	71.71	218.37	16
David Woodhead	4092	Harrogate Harriers & AC	MV40	76.19		69.58	71.02	216.79	10
Daniel Foley	4483	Knaresborough Striders	MV40	66.82	75.92	71.38	69.30	216.60	11
Stephen Morland	4486	Knaresborough Striders	MV50	73.78		69.06	72.40	215.25	8
Marcus Shaw	4215	Nidd Valley Road Runners	MV45	69.23		72.93	72.75	214.91	17
Mike Rodgers	4440	Wetherby Runners AC	MSEN	70.03	74.14	69.32		213.49	30
Tony Walker	4272	Otley AC	MV60	64.41	72.35	70.61	69.64	212.61	2
Paul Tranter	4271	Otley AC	MV55	78.86	72.95	58.75		210.56	5
Jonathan Hobbs	4245	Otley AC	MV50	71.10		68.55	70.68	210.33	9
Sara Elliott	4238	Otley AC	FV50	68.43	72.05	68.80	62.40	209.29	3
Poppy Cartwright	4449	Airecentre Pacers	FSEN	72.17	55.70	69.84	67.23	209.24	6
Andrew Iddon	4188	Nidd Valley Road Runners	MSEN		75.32	66.23	66.20	207.75	31
Nicholas Andralojc	4456	Harrogate Harriers & AC	MV60	72.71	64.92		69.99	207.62	3
Steven Close	4049	Harrogate Harriers & AC	MV45	59.86	61.05	72.16	73.44	206.65	18
Robert Burn	4383	Thirsk & Sowerby Harriers	MV65	69.76	67.30	64.42	68.26	205.33	2
Gill Edmondson	4428	Wetherby Runners AC	FV45	69.50	66.70	68.29		204.49	1
Suzanne Rickard	4345	Ripon Runners	FV50	66.55	70.57	67.26		204.38	4
Kevin Nicholas	4208	Nidd Valley Road Runners	MV55	65.48	67.89		70.33	203.71	6
Julie Bucknell	4421	Wetherby Runners AC	FV45	67.36	69.08	64.68	60.68	201.12	2
Andrew Grant	4056	Harrogate Harriers & AC	MV50		99.70	99.74		199.44	10
Chris Ovenden	4538	Skipton AC	MSEN	99.46	98.81			198.28	32
Steven Robinson	4509	Otley AC	MV45	64.68	65.51	67.52		197.71	19
Jane Grundy	4309	Ripon Runners	FV35	64.15	67.59	65.71		197.45	2
Brian Hainsworth	4180	Nidd Valley Road Runners	MV45		67.00	66.74	63.44	197.18	20
Lizzie Turner	4088	Harrogate Harriers & AC	FSEN	67.89	64.62	51.79	64.47	196.98	7
Joshua Goldsbrough	4519	Ripon Runners	MSEN		68.78	67.77	59.99	196.54	33
Ted Leahy	4326	Ripon Runners	MV45	97.86	98.51			196.37	21
Anna Thomas	4584	Harrogate Harriers & AC	FV40		69.38	63.39	63.09	195.86	3
Luke Scorer	4498	Nidd Valley Road Runners	MSEN		69.97	61.33	64.13	195.43	34
Adrian Elsworth	4388	Thirsk & Sowerby Harriers	MV50	61.74	65.22	65.20	64.82	195.23	11
Hugh Watkin	4361	Ripon Runners	MV40		97.92		96.90	194.81	12
James Ireland	4138	Knaresborough Striders	MSEN	97.59	97.03			194.62	35
Derek Dobinson	4480	Knaresborough Striders	MV45	60.40		64.94	68.95	194.29	22
Tom Wilson	4488	Knaresborough Striders	MSEN	94.65	96.73			191.38	36
William Morris	4609	Knaresborough Striders	MSEN			95.36	95.17	190.53	37
Daniel Wilkinson	4511	Otley AC	MSEN	57.72		65.97	66.54	190.23	38
Kim Wilkinson	4415	Thirsk & Sowerby Harriers	FSEN	62.01	61.95	57.98	65.51	189.46	8
Jonathan Easton	4170	Nidd Valley Road Runners	MV40		63.73	57.72	67.92	189.37	13
Martin Shaw	4083	Harrogate Harriers & AC	MV50	67.62	54.81		66.89	189.32	12
Mark Crossland	4298	Ripon Runners	MV50	67.09	59.27	62.88		189.23	13
Andrew Dobby	4460	Harrogate Harriers & AC	MV50	96.25	92.27			188.52	14
Nicola Carter	4128	Knaresborough Striders	FV50	53.71	56.89	63.91	67.57	188.37	5
Guy Close	4130	Knaresborough Striders	MV40		94.35	92.78		187.13	14
Tom Mitchell	4069	Harrogate Harriers & AC	MSEN			92.27	94.83	187.09	39
Craig Porter	4033	Dragons Running Club (Leeds)	MV50	59.60	65.81	60.30		185.70	15
Colm O'cofaigh	4335	Ripon Runners	MV50	58.53	61.35	62.10	61.71	185.16	16
Matthew Wilkinson	4501	Nidd Valley Road Runners	MSEN	96.79	88.11			184.90	40
Andrew Harris	4181	Nidd Valley Road Runners	MV45	90.90		93.81		184.72	23
Paul Brazier	4284	Ripon Runners	MV55	60.67	64.32	54.63	58.95	183.94	7
Rachel Gaunt	4371	Skipton AC	FV55	63.88	59.86	59.78	56.54	183.52	1
Andrew Tattersall	4148	Knaresborough Striders	MV55		60.16	61.07	62.06	183.29	8
Andy Todd	4219	Nidd Valley Road Runners	MV55		91.38	90.98		182.35	9
Gareth Bell	4041	Harrogate Harriers & AC	MV40	59.06		61.59	60.33	180.98	15
Martin Brock	4125	Knaresborough Striders	MV40	90.37	90.19			180.56	16
Ian Harrison	4313	Ripon Runners	MV40		89.59		90.69	180.28	17
David Tervit	4409	Thirsk & Sowerby Harriers	MV50	54.51		61.84	63.78	180.14	17
Annmarie Bulcock	4368	Skipton AC	FV50	51.84	57.19	60.81	61.37	179.37	6
Lorraine Hiles	4393	Thirsk & Sowerby Harriers	FV55	56.39	57.78		65.16	179.33	2
Sarah Staiano	4217	Nidd Valley Road Runners	FV40		58.08	63.65	55.50	177.23	4
Paul Peacock	4618	Thirsk & Sowerby Harriers	MV55			88.91	88.27	177.19	10
Matthew Snow	4117	Ilkley Harriers	MV45	61.20		59.01	55.85	176.06	24
Thorsten Bruce	4045	Harrogate Harriers & AC	MV45	56.92	61.65	57.46		176.03	25
Scott Stonebridge	4582	Wetherby Runners AC	MV40		86.03	89.43		175.46	18

Lee Pringle	4465	Harrogate Harriers & AC	MV50	57.46	58.38	58.23		174.07	18
Derek Lee	4008	Airecentre Pacers	MV40	87.42			85.51	172.94	19
Dan Babington	4016	Dragons Running Club (Leeds)	MV45	60.94		55.66	56.19	172.78	26
Joshua Blacker	4478	Knaresborough Striders	MSEN	85.02	87.22			172.23	41
Rob Clarke	4564	Knaresborough Striders	MV40			85.82	83.44	169.26	20
Sean Brennan	4124	Knaresborough Striders	MV50	62.81	60.76		45.15	168.72	19
Michael Tull	4149	Knaresborough Striders	MV55	59.33	48.57	60.55		168.45	11
Stewart Hymas	4585	Knaresborough Striders	MV50		53.62	57.20	57.57	168.40	20
Tom Worboys	4123	Ilkley Harriers	MV40	83.68		84.02		167.69	21
Catherine Morland	4485	Knaresborough Striders	FV45		58.97	56.69	51.71	167.37	3
Thomas Hodson	4315	Ripon Runners	MSEN	86.35		80.92		167.28	42
Mark Judkowski	4103	Ilkley Harriers	MV60	55.58	56.00	55.40		166.98	4
James Strutt	4086	Harrogate Harriers & AC	MV45	82.07		84.79		166.86	27
Jane Sutcliffe	4355	Ripon Runners	FV40	52.11		55.91	58.61	166.63	5
Ruth Kitchen	4105	Ilkley Harriers	FSEN	83.95		82.47		166.41	9
Lauren Eadon	4427	Wetherby Runners AC	FV55	50.23	60.46	55.14		165.83	3
Simon Robertson	4439	Wetherby Runners AC	MV45	47.02	57.49	53.34	54.81	165.63	28
Simon Watson	4090	Harrogate Harriers & AC	MV60			83.50	81.72	165.22	5
Loz Hawksworth	4182	Nidd Valley Road Runners	MSEN		81.86	82.98		164.85	43
Amy Lewis	4537	Skipton AC	FV35	49.70		59.27	55.16	164.12	3
Hayden Adams	4036	Harrogate Harriers & AC	MSEN			80.15	83.79	163.94	44
Jose Jimenez	4189	Nidd Valley Road Runners	MV40	55.85		53.85	53.43	163.13	22
Steve Ladhams	4106	Ilkley Harriers	MV40	83.14		79.89		163.03	23
Steve Dodsworth	4482	Knaresborough Striders	MV55	44.88	45.59	58.49	58.26	162.35	12
Andrew Harker	4312	Ripon Runners	MV60	55.32	54.22	52.05		161.58	6
Angela Charleton	4047	Harrogate Harriers & AC	FV50	55.05	51.84		54.12	161.01	7
Simon Moffatt	4070	Harrogate Harriers & AC	MV55	79.66	80.97			160.64	13
Ken Souyave	4476	Ilkley Harriers	MV70	54.25	53.92	52.30	52.05	160.47	1
Richard Haynes	4004	Airecentre Pacers	MSEN			77.31	82.06	159.38	45
Sam Heathcote	4183	Nidd Valley Road Runners	MSEN		80.68		77.92	158.60	46
Simon Staiano	4467	Harrogate Harriers & AC	MV45			74.99	83.10	158.09	29
Harry Bowness	4503	Otley AC	MSEN	52.64		50.50	54.47	157.61	47
Sue Moul	4073	Harrogate Harriers & AC	FV55	50.50	51.24	52.82		154.56	4
Niall Flynn	4461	Harrogate Harriers & AC	MSEN	74.31	80.08			154.39	48
Dave Baker	4378	Thirsk & Sowerby Harriers	MSEN	50.77	49.16	48.44	53.78	153.71	49
Malcolm Pickering	4111	Ilkley Harriers	MV70	51.04	55.11		46.53	152.68	2
Adam Johnson	4028	Dragons Running Club (Leeds)	MV40		52.73	49.73	49.64	152.09	24
Andy Laverick	4064	Harrogate Harriers & AC	MV45	49.16	56.30		46.19	151.65	30
Nick Wallhead	4445	Wetherby Runners AC	MV40	77.26		73.96		151.22	25
Angeline Campbell	4046	Harrogate Harriers & AC	FV45	74.58	75.03			149.61	4
Paul Dowie	4053	Harrogate Harriers & AC	MV45	77.52		71.90		149.42	31
Leah Forey	4025	Dragons Running Club (Leeds)	FSEN	48.63	52.43	48.18	43.43	149.24	10
Steven Clegg	4048	Harrogate Harriers & AC	MV45	75.38		73.70		149.09	32
Tony Wetherill	4274	Otley AC	MV55	75.92	72.65			148.57	14
Bronwyn Mayo	4397	Thirsk & Sowerby Harriers	FV35	72.98	73.84			146.81	4
Alexandra Whapples	4416	Vocalink Running Club	FV50	38.46	47.38	47.92	51.36	146.66	8
Arifa Chakera	4233	Otley AC	FV45	43.28		50.76	52.40	146.43	5
Joanna Pears	4338	Ripon Runners	FV45	47.29	49.46	49.21		145.96	6
Gary Skipper	4441	Wetherby Runners AC	MV45		53.32	52.56	39.63	145.52	33
Charlotte Reeves	4561	Harrogate Harriers & AC	FV35		50.95	49.47	44.81	145.22	5
June Everitt	4300	Ripon Runners	FV45	45.15	53.03	45.86		144.04	7
Tom Lambe	4606	Ilkley Harriers	MSEN			70.87	73.09	143.96	50
Jennifer Dutton	4426	Wetherby Runners AC	FV45	47.82		46.89	47.91	142.63	8
James Jesson	4432	Wetherby Runners AC	MV45	71.91		70.09		142.00	34
Jane Holmes	4094	Harrogate Harriers & AC	FV65	46.22		42.51	53.09	141.81	1
Craig Hoos	4005	Airecentre Pacers	MV50	70.84		70.35		141.19	21
Steven Turner	4222	Nidd Valley Road Runners	MV50			67.00	74.13	141.13	22
Gary Wilkinson	4414	Thirsk & Sowerby Harriers	MV45	44.35	50.05	45.34	26.53	139.74	35
Robert Harrison	4026	Dragons Running Club (Leeds)	MV50	42.74		47.41	49.29	139.44	23
Alan Simpson	4405	Thirsk & Sowerby Harriers	MV50	68.69	68.19			136.88	24
John Skinner	4351	Ripon Runners	MV55	43.54	47.97	44.57	44.12	136.66	15
Paul Kent	4191	Nidd Valley Road Runners	MV45	77.79	58.68			136.47	36
Graham Tinsley	4359	Ripon Runners	MV55	43.81	47.68	44.31	44.46	136.45	16
Christopher Morris	4204	Nidd Valley Road Runners	MV50		42.62	46.12	47.57	136.31	25
Robyn Adams	4015	Dragons Running Club (Leeds)	FSEN	42.47	48.27	44.83	41.36	135.57	11
Mike Clarke	4020	Dragons Running Club (Leeds)	MSEN	64.95	70.27			135.22	51
Tim Bennett	4042	Harrogate Harriers & AC	MV55	38.99		46.38	48.60	133.97	17
Jill Holt	4318	Ripon Runners	FV50	46.49	46.49	40.96		133.93	9
Jack Spence	4407	Thirsk & Sowerby Harriers	MSEN	62.54	70.86			133.41	52
Anna Whitham	4413	Thirsk & Sowerby Harriers	FSEN	43.01	47.08	30.65	42.74	132.83	12
Jess Harby	4493	Nidd Valley Road Runners	FSEN	45.68	43.81	43.02		132.52	13
James Rockall	4145	Knaresborough Striders	MV40	66.02	66.41			132.42	26
Richard Bell	4419	Wetherby Runners AC	MV55	44.08		47.15	41.01	132.24	18

Tom Lally	4107	Ilkley Harriers	MV50	41.67		43.28	46.88	131.83	26
Howard Cross	4387	Thirsk & Sowerby Harriers	MV50	68.96	62.24			131.21	27
Paul Grindley	4003	Airecentre Pacers	MV55	49.43		42.25	38.60	130.28	19
Brenda Peake	4011	Airecentre Pacers	FV45	61.47		68.03		129.50	9
Catherine Barber	4152	Nidd Valley Road Runners	FSEN		66.11	62.36		128.47	14
Alex Crowton	4567	Nidd Valley Road Runners	MV40			65.45	62.75	128.20	27
Steve Woollven	4093	Harrogate Harriers & AC	MV50	41.40	42.92	41.99	42.39	127.30	28
Steven Paine	4437	Wetherby Runners AC	MV40	45.42		45.60	36.18	127.20	28
Anneke Imeson	4320	Ripon Runners	FV45	63.61	63.43			127.04	10
Richard Evans	4173	Nidd Valley Road Runners	MV55	63.34	62.54			125.88	20
Nik Forman	4136	Knaresborough Striders	MV60		63.14	62.62		125.75	7
Andy Newing	4546	Thirsk & Sowerby Harriers	MSEN		50.35	38.38	36.87	125.61	53
Rebecca Appleby	4037	Harrogate Harriers & AC	FSEN	39.26	45.89	40.45	38.94	125.60	15
Rachel Mills	4202	Nidd Valley Road Runners	FV45		42.32	39.93	43.08	125.34	11
Mary Dootson	4535	Skipton AC	FSEN	39.53	36.08	41.73	43.77	125.04	16
Andrew Webster	4362	Ripon Runners	MV45	51.30	73.24			124.55	37
Sarah Woffinden	4367	Ripon Runners	FV40	37.12	45.00		40.32	122.45	6
Phil Chatterton	4291	Ripon Runners	MV55	29.63	43.22	36.84	41.70	121.76	21
Claire Mcloughlin	4108	Ilkley Harriers	FV35	57.19		64.16		121.35	6
Fiona Protheroe	4376	Skipton AC	FV45	40.33		43.80	37.22	121.35	12
Paul Bradford	4380	Thirsk & Sowerby Harriers	MV55	32.84	46.19	40.19		119.22	22
Robbie Dawrant	4002	Airecentre Pacers	MV45			59.52	59.30	118.82	38
Paul Crabtree	4454	Dragons Running Club (Leeds)	MV45	39.80		38.90	39.98	118.67	39
Clare Tempest	4408	Thirsk & Sowerby Harriers	FV45	37.92	44.41	36.32	35.84	118.65	13
Alison Bennett	4096	Ilkley Harriers	FV60	60.13		57.20		117.34	1
Katie Lister	4614	Otley AC	FV40			60.04	56.88	116.92	7
Beth Constantine	4294	Ripon Runners	FSEN	40.06	45.30	31.16		116.53	17
Lucy Philpott	4340	Ripon Runners	FSEN	38.73	39.65	24.98	37.91	116.29	18
Karen Mills	4201	Nidd Valley Road Runners	FV45		38.16	39.16	37.56	114.88	14
Darren Mawson	4031	Dragons Running Club (Leeds)	MV45		55.41		57.92	113.32	40
Rob Northfield	4568	Nidd Valley Road Runners	MV65		41.14	39.41	32.74	113.28	3
Megan McCall	4256	Otley AC	FSEN	58.26		54.88		113.14	19
Sharon Kenyon	4250	Otley AC	FV40	35.52	38.76	35.55	38.25	112.56	8
Morag Mcdowall	4332	Ripon Runners	FV60	57.99	54.51			112.51	2
Anita Oldham	4336	Ripon Runners	FV55	37.66		35.29	39.29	112.24	5
Stuart Pender	4527	Ripon Runners	MV55	32.31	40.54	37.61		110.46	23
Gill Park	4508	Otley AC	FV35	30.70	41.43	38.13		110.26	7
Phil Priestley	4453	Airecentre Pacers	MV50	53.98		56.17		110.15	29
Lee-Ann Swires	4356	Ripon Runners	FV40	52.91		56.43		109.34	9
Laura Francis	4175	Nidd Valley Road Runners	FSEN			51.53	57.23	108.76	20
Louise Johnson	4029	Dragons Running Club (Leeds)	FV40	34.71	35.19	36.58	36.53	108.30	10
Joanne Day	4052	Harrogate Harriers & AC	FV50	53.18		54.11		107.29	10
Ray Johnstone	4321	Ripon Runners	MV65	56.12	50.65			106.77	4
Andy Puril	4343	Ripon Runners	MV50	33.64	39.95	32.71		106.30	30
Pauline Whittaker	4512	Richmond & Zetland Harriers	FV55		39.35	34.77	32.05	106.17	6
Stephen Kirk	4063	Harrogate Harriers & AC	MV50	53.44		51.27		104.72	31
Rachel Gregson	4057	Harrogate Harriers & AC	FSEN	36.05		33.48	34.46	104.00	21
Sharon Brazier	4285	Ripon Runners	FV50	34.45	36.68	2.29	32.39	103.51	11
Roger Duckworth	4169	Nidd Valley Road Runners	MV50	33.38	40.84		29.29	103.50	32
Philip Robinson	4213	Nidd Valley Road Runners	MV55		36.38	31.94	35.15	103.47	24
Simon Lawson	4325	Ripon Runners	MV55	20.00	31.32	37.09	34.80	103.22	25
Martin Luxton	4196	Nidd Valley Road Runners	MV70	26.69	37.86	38.64		103.19	3
Catherine Dobson	4236	Otley AC	FSEN	32.04		37.35	33.77	103.16	22
Bruce Willoughby	4364	Ripon Runners	MV50	33.91	41.73	27.04		102.68	33
Katharine Dolman	4168	Nidd Valley Road Runners	FV40	31.24	35.49	35.80		102.53	11
Graham Turner	4012	Airecentre Pacers	MV40	48.09		53.59		101.69	29
Joanna Hobson	4246	Otley AC	FV60	34.18	33.11	34.26	31.36	101.54	3
Verity Glover	4240	Otley AC	FSEN	41.14		34.52	25.15	100.80	23
George Couttie	4459	Harrogate Harriers & AC	MU18	100.00				100.00	4
Jeremy Scott	4612	Nidd Valley Road Runners	MV50			51.02	48.95	99.96	34
Charli Briggs	4018	Dragons Running Club (Leeds)	FSEN	35.25	30.73	33.23		99.20	24
Christos Tzelis	4607	Ilkley Harriers	MU18			98.97		98.97	5
Simon Jones	4597	Airecentre Pacers	MSEN			97.94		97.94	54
Francesca Gatenby	4451	Airecentre Pacers	FV40	47.56		49.98		97.54	12
Matthew Allen	4035	Dragons Running Club (Leeds)	MSEN			48.95	48.26	97.21	55
Fiona Marcantonio-Jones	4253	Otley AC	FV35	31.77		34.00	31.01	96.78	8
Tom Levi	3839	Thirsk & Sowerby Harriers	MSEN				96.55	96.55	56
Andrew Price	4580	Thirsk & Sowerby Harriers	MV40		96.14			96.14	30
Emma Hough	4027	Dragons Running Club (Leeds)	FV45	32.57	30.14	29.36	33.43	96.13	15
Forrest Hamilton	4605	Ilkley Harriers	MSEN			96.13		96.13	57
Sam Jackson	4247	Otley AC	MSEN		95.54			95.54	58
Katherine Morton	4206	Nidd Valley Road Runners	FV35			47.66	47.22	94.89	9
Rob Garbutt	4055	Harrogate Harriers & AC	MV40			94.84		94.84	31

Sam Fugill	4176	Nidd Valley Road Runners	MSEN		44.11	50.24		94.35	59
Rebecca Graham	4307	Ripon Runners	FV45	30.97		31.68	31.70	94.35	16
Allison Palmer	4075	Harrogate Harriers & AC	FV55	30.43	34.30	29.62		94.35	7
Paul Elwell	4430	Wetherby Runners AC	MV45			93.04		93.04	41
Isabelle Rowe	4078	Harrogate Harriers & AC	FV35	92.51				92.51	10
Stephen Nesbitt	4602	Harrogate Harriers & AC	MV50			46.63	45.84	92.48	35
Jonathan Turner	4120	Ilkley Harriers	MV50				91.72	91.72	36
Kevin-Malachy Murphy	4601	Harrogate Harriers & AC	MV65			40.70	51.02	91.72	5
Angela Reeve	4438	Wetherby Runners AC	FV45	90.10				90.10	17
Jamie Bentley	4379	Thirsk & Sowerby Harriers	MSEN		89.89			89.89	60
Alan Pollock	4529	Ripon Runners	MSEN	40.87	48.86			89.73	61
Andrew Webster	4273	Otley AC	MV50	44.61		44.05		88.67	37
Mark Hall	4241	Otley AC	MV60			88.40		88.40	8
Katie Coppack	4164	Nidd Valley Road Runners	FSEN		27.76	30.39	29.98	88.12	25
Kevin Dalton	4166	Nidd Valley Road Runners	MSEN			87.63		87.63	62
Mark Walker	4089	Harrogate Harriers & AC	MV55	18.12	37.27	32.20		87.59	26
Gillian Brown	4019	Dragons Running Club (Leeds)	FV40	45.95		41.48		87.43	13
Duncan Fothergill	4389	Thirsk & Sowerby Harriers	MV45	28.29	34.89	16.47	23.77	86.95	42
Simon Cave	4516	Ripon Runners	MV45	86.09				86.09	43
Joe Poole	4403	Thirsk & Sowerby Harriers	MSEN	85.82				85.82	63
Harry Smallwood	4267	Otley AC	MSEN	85.55				85.55	64
Mark Seymour	4081	Harrogate Harriers & AC	MV60	24.55	26.57	28.59	30.32	85.47	9
Paul Windle	4558	Wetherby Runners AC	MV55		84.54			84.54	27
Ruth Grundy	4521	Ripon Runners	FV40	23.74	32.51	27.81		84.07	14
Samuel Burton	4604	Ilkley Harriers	MSEN			82.73		82.73	65
Paul Berwin	4076	Harrogate Harriers & AC	MV65		30.43	21.37	29.63	81.43	6
Chris Skipper	4510	Otley AC	MSEN	81.27				81.27	66
Jennifer Legg	4434	Wetherby Runners AC	FSEN		25.38	27.30	27.91	80.58	26
John Mallett	4197	Nidd Valley Road Runners	MV45	38.19			42.05	80.24	44
Steve Silver	4350	Ripon Runners	MV50	23.21	32.22		24.46	79.88	38
Sue Skinner	4352	Ripon Runners	FV60	24.81	31.03	23.95		79.79	4
Lesley Willoughby	4365	Ripon Runners	FV50	25.62	28.05	26.01		79.68	12
Lucy Elliott	4098	Ilkley Harriers	FSEN	22.94	27.46	28.07		78.47	27
David Ibbotson	4102	Ilkley Harriers	MV60	17.86		30.91	28.60	77.36	10
Matt Podd	4261	Otley AC	MV60	34.98	42.03			77.01	11
Jane Evans	4172	Nidd Valley Road Runners	FV35		36.97	39.67		76.64	11
Colin Williams	4122	Ilkley Harriers	MV55	76.45				76.45	28
Helen Alcock	4410	Airecentre Pacers	FV35	26.95		22.14	27.22	76.31	12
James Wright	4610	Knaresborough Striders	MSEN			76.28		76.28	67
Alister King	4192	Nidd Valley Road Runners	MSEN		33.70	13.89	26.87	74.46	68
Nathaniel Southworth	4085	Harrogate Harriers & AC	MV40		74.43			74.43	32
Nicola Swann	4269	Otley AC	FV45	26.15	26.86	20.85		73.87	18
Holley Spiers	4477	Ilkley Harriers	FV40	73.24				73.24	15
Michaela Graham	4306	Ripon Runners	FV50		40.24	31.42		71.67	13
Simon Lawson	4065	Harrogate Harriers & AC	MV55	71.64				71.64	29
Emma Lacey	4373	Skipton AC	FV50	20.26	24.49	22.91	24.11	71.51	14
Sarah Bishop	4593	Ripon Runners	FSEN		71.46			71.46	28
Adam Newton	4463	Harrogate Harriers & AC	MV40				71.37	71.37	33
Michael Hernandez	4524	Ripon Runners	MV50			71.13		71.13	39
Paul Snelling	4146	Knaresborough Striders	MV40	33.11	37.57			70.68	34
Guy Parker	4590	Nidd Valley Road Runners	MV65		28.65	20.59	21.35	70.59	7
Kirsty Naylor	4399	Thirsk & Sowerby Harriers	FV35			35.03	35.49	70.53	13
James Stuart-Mills	4533	Ripon Runners	MV50	36.32	34.00			70.32	40
Sophie Louise Bromley	4316	Airecentre Pacers	FV35	16.79		19.30	34.11	70.21	14
Louise Milburn	4375	Skipton AC	FV50	20.53	25.97	23.69		70.19	15
Tim Joynson	4323	Ripon Runners	MV60	12.51	31.62	25.49		69.62	12
Hilary Thompson	4358	Ripon Runners	FV60		33.41	36.06		69.47	5
Hilary Philpott	4339	Ripon Runners	FV65		27.16	21.88	20.32	69.36	2
James Yates	4275	Otley AC	MSEN				68.61	68.61	69
Simon Chandler	4587	Wetherby Runners AC	MV40		68.49			68.49	35
Philip Cornforth	4131	Knaresborough Striders	MV50	68.16				68.16	41
Julie Elmes	4134	Knaresborough Striders	FV50	22.41	28.95		16.52	67.87	16
Lou Reid	4344	Ripon Runners	FV40	29.90		37.87		67.76	16
Ruth Warren	4446	Wetherby Runners AC	FV65		34.59	32.97		67.56	3
Rosie Gatenby	4390	Thirsk & Sowerby Harriers	FV40	18.66	25.08	17.50	23.42	67.16	17
Simon Cocker	4161	Nidd Valley Road Runners	MV55			66.48		66.48	30
Trudy Morrice	4398	Thirsk & Sowerby Harriers	FV50	66.29				66.29	17
Robyn Blanks	4543	Thirsk & Sowerby Harriers	FSEN		29.84	19.56	16.87	66.27	29
Angela Benson	4281	Ripon Runners	FV55	27.76	38.46			66.22	8
Fiona Alder	4278	Ripon Runners	FV65	21.87	23.00	21.11		65.98	4
Debbie Gibson	4492	Nidd Valley Road Runners	FV55	18.93	21.51	17.24	25.49	65.93	9
Carla Reddish	4144	Knaresborough Striders	FV50				65.85	65.85	18
Mel Ives	4536	Skipton AC	FSEN	65.75				65.75	30

Jo Johnson	4557	Wetherby Runners AC	FV50	17.05		22.40	26.18	65.63	19
Chris Brown	4288	Ripon Runners	MV75	18.39	20.03	26.78		65.20	1
Matthew Lucock	4066	Harrogate Harriers & AC	MSEN	35.78		29.10		64.89	70
Geoff Bullock	4381	Thirsk & Sowerby Harriers	MV75	24.01	12.89	25.23	15.14	64.39	2
Paul Chapman	4579	Thirsk & Sowerby Harriers	MV45		64.03			64.03	45
Moira Mctague	4589	Nidd Valley Road Runners	FV60		23.59	20.08	19.97	63.64	6
Emma Bruce	4044	Harrogate Harriers & AC	FV45			63.13		63.13	19
Ian Mitchell	4484	Knaresborough Striders	MV55		62.84			62.84	31
Fiona Gibbons	4304	Ripon Runners	FV55	13.58		26.27	22.73	62.57	10
Christopher Nelson	4207	Nidd Valley Road Runners	MV55	15.98	20.32	25.75		62.06	32
Hannah Percy	4209	Nidd Valley Road Runners	FSEN		32.81	28.33		61.14	31
Sarah Fairhurst	4626	Thirsk & Sowerby Harriers	FSEN				61.02	61.02	32
Ewa Scott	4499	Nidd Valley Road Runners	FV50			30.13	30.67	60.80	20
Kris Northfield	4495	Nidd Valley Road Runners	MV40			27.55	33.08	60.63	37
Nick Crebbin	4490	Nidd Valley Road Runners	MV50				59.64	59.64	42
Dan Hellewell	4581	Wetherby Runners AC	MV40		59.57			59.57	38
Matt Brookes	4514	Ripon Runners	MV45	58.79				58.79	46
Emily Wighton	4224	Nidd Valley Road Runners	FU18	17.59	21.22	17.76	19.28	58.26	2
Sheena Pickersgill	4113	Ilkley Harriers	FV55			29.88	27.56	57.44	11
Samantha Rose	4532	Ripon Runners	FSEN	56.65				56.65	33
Walter Busuttil	4578	Thirsk & Sowerby Harriers	MV60		56.59			56.59	13
Bethany Haggath	4391	Thirsk & Sowerby Harriers	FSEN	16.25	17.95	11.31	22.39	56.58	34
Dawn Turner	4119	Ilkley Harriers	FV55	27.49			28.94	56.43	12
Paula Wilkinson	4150	Knaresborough Striders	FV55	27.22			28.25	55.47	13
Kate Reilly	4530	Ripon Runners	FV40	54.78				54.78	18
Helen Ashworth	4541	Thirsk & Sowerby Harriers	FV50	28.83	25.68			54.50	21
Kate Humphries	4596	Airecentre Pacers	FSEN			54.37		54.37	35
Carol Norfolk	4334	Ripon Runners	FV55		29.24	24.46		53.70	14
Pete Cooper	4425	Wetherby Runners AC	MV50	25.08	28.35			53.43	43
Marie Watson	4608	Ilkley Harriers	FV35			53.08		53.08	15
Rebecca Hazel-Owram	4522	Ripon Runners	FSEN	23.48	29.54			53.02	36
Jemma Escreet	4171	Nidd Valley Road Runners	FSEN		20.92	13.38	18.59	52.89	37
Hannah Voss	4444	Wetherby Runners AC	FSEN	15.72	19.14	18.02		52.87	38
Manuel Reyes	4455	Dragons Running Club (Leeds)	MV45				52.74	52.74	47
David Askew	4038	Harrogate Harriers & AC	MV60	52.37				52.37	14
James Cook	4163	Nidd Valley Road Runners	MV50		52.14			52.14	44
Guy Marshall	4141	Knaresborough Striders	MV55	51.57				51.57	33
Tim Pocock	4342	Ripon Runners	MV60		51.54			51.54	15
Linda Dodsworth	4481	Knaresborough Striders	FV55	11.97	18.84	15.44	17.21	51.49	15
Alex Gudgeon	4179	Nidd Valley Road Runners	MSEN		24.78	26.52		51.31	71
Sarah Jones	4322	Ripon Runners	FV55	25.88			24.80	50.69	16
Peter Rymill	4628	Wetherby Runners AC	MV70				50.67	50.67	4
Fiona Deacon	4491	Nidd Valley Road Runners	FV55				50.33	50.33	17
Helen Hey	4613	Otley AC	FV50			24.20	25.84	50.04	22
Joe Joyce	4627	Thirsk & Sowerby Harriers	MV40				49.98	49.98	39
Joe O'keeffe	4400	Thirsk & Sowerby Harriers	MSEN	49.96				49.96	72
Graham Kelly	4573	Ripon Runners	MV60		49.76			49.76	16
Richard Dutton	4517	Ripon Runners	MV55	14.11	17.65	16.98	14.80	49.43	34
Helen Cox	4297	Ripon Runners	FV45	12.77	21.81	14.41		48.99	20
Joanne Wallace	4360	Ripon Runners	FV55	48.89				48.89	18
Helen Gregory	4177	Nidd Valley Road Runners	FV45			48.70		48.70	21
Ken Creek	4022	Dragons Running Club (Leeds)	MV60	24.28		23.17		47.45	17
Stephen Reilly	4531	Ripon Runners	MV40	46.75				46.75	40
Amelia Miles	4474	Ilkley Harriers	FV50	21.60		24.72		46.32	23
Claire Featherstone	4024	Dragons Running Club (Leeds)	FV35	13.04	17.05		16.18	46.27	16
Carl Walsh	4569	Otley AC	MV60		24.19		22.04	46.23	18
Martin Umpleby	4603	Harrogate Harriers & AC	MV45				45.50	45.50	48
Christine Holleran	4184	Nidd Valley Road Runners	FV55			45.09		45.09	19
Rachel Holmes	4572	Ripon Runners	FSEN		44.70			44.70	39
Sally Daniels	4132	Knaresborough Striders	FV50	26.42		18.27		44.69	24
Chris Wordsworth	4554	Thirsk & Sowerby Harriers	MV45	14.91	18.24		11.00	44.16	49
Katie Moore	4071	Harrogate Harriers & AC	FSEN			43.54		43.54	40
Michael Benson	4154	Nidd Valley Road Runners	MV40		43.51			43.51	41
Philip Robinson	4266	Otley AC	MV75			21.63	21.70	43.32	3
Richard Soper	4406	Thirsk & Sowerby Harriers	MV60		20.62	22.66		43.28	19
Mary Hampshire	4507	Otley AC	FV50			42.77		42.77	25
Pamela Tranter	4270	Otley AC	FV55		22.41	20.34		42.74	20
Caroline Lawton	4030	Dragons Running Club (Leeds)	FV45	11.70	15.27	15.70		42.67	22
Alan Couldwell	4050	Harrogate Harriers & AC	MV65		10.81	15.95	15.49	42.25	8
Stephanie Cobb	4021	Dragons Running Club (Leeds)	FSEN	42.21				42.21	41
Elizabeth Wordsworth	4555	Thirsk & Sowerby Harriers	FV50	14.65	15.86		11.69	42.20	26
Ursula Holmes	4185	Nidd Valley Road Runners	FV55		16.16	13.12	12.73	42.01	21
Heather Glegg	4518	Ripon Runners	FV50	41.94				41.94	27

Pat Brew	4599	Harrogate Harriers & AC	MV65			41.22		41.22	9
Helen Cook	4162	Nidd Valley Road Runners	FV40				40.67	40.67	19
Stephanie Fox	4099	Ilkley Harriers	FV45	40.60				40.60	23
Carole Keighley	4007	Airecentre Pacers	FV60	8.76	12.59	18.79		40.14	7
Rachael Prince	4496	Nidd Valley Road Runners	FV45			16.21	23.08	39.29	24
Jen Huggett	4586	Knaresborough Striders	FV35		39.05			39.05	17
Ryk Downes	4237	Otley AC	MV55	16.52	22.11			38.63	35
Diane Kitchen	4621	Ilkley Harriers	FV60			19.82	17.90	37.72	8
Lucy Waller	4576	Ripon Runners	FV45		13.49	8.22	15.83	37.54	25
Ailish Carroll	4623	Wetherby Runners AC	FSEN			18.53	18.94	37.47	42
Lewis Brooks	4287	Ripon Runners	MSEN	37.39				37.39	73
Mike Hawkshaw	4473	Ilkley Harriers	MV50	36.85				36.85	45
Paul Stephens	4118	Ilkley Harriers	MV60	36.59				36.59	20
Clare Ashton	4598	Dragons Running Club (Leeds)	FV45			14.92	21.01	35.93	26
Susie Mallett	4198	Nidd Valley Road Runners	FV35		35.78			35.78	18
Eleanor Smith	4574	Ripon Runners	FSEN		14.08	7.70	13.42	35.20	43
Paul Manning	4200	Nidd Valley Road Runners	MV50			33.74		33.74	46
Ruth Pollard	4402	Thirsk & Sowerby Harriers	FV50	15.18			18.25	33.43	28
Rod Cooper	4296	Ripon Runners	MV60	13.84	19.43			33.28	21
J.dan Simmons	4084	Harrogate Harriers & AC	MV60	10.63	9.92	12.34		32.90	22
Sophia Garnett	4431	Wetherby Runners AC	FV35	9.56	11.11	11.83	8.59	32.50	19
Janice Chruscht	4595	Airecentre Pacers	FV40			32.45		32.45	20
Debbie Burrett	4155	Nidd Valley Road Runners	FV40			14.66	17.56	32.22	21
David Yeomans	4447	Wetherby Runners AC	MV70		16.76	15.18		31.94	5
Kimberley Grundy	4178	Nidd Valley Road Runners	FV35		31.92			31.92	20
Lisa Spratling	4549	Thirsk & Sowerby Harriers	FV50	31.50				31.50	29
James Birkley	4502	Otley AC	MV45	19.19		12.09		31.28	50
John Garbutt	4302	Ripon Runners	MV65	7.69	6.95	9.77	13.07	30.53	10
Katie Wadsworth	4412	Thirsk & Sowerby Harriers	FSEN	30.16				30.16	44
Claire O'sullivan	4547	Thirsk & Sowerby Harriers	FSEN	9.03		10.80	10.31	30.14	45
Pamela Munro	4333	Ripon Runners	FV65	10.10	10.22	9.51		29.82	5
Andrea Colls	4544	Thirsk & Sowerby Harriers	FV40	29.36				29.36	22
Victoria Pang	4337	Ripon Runners	FV40	29.09				29.09	23
Sally Pickering	4112	Ilkley Harriers	FV55		14.97		14.11	29.08	22
Alison Dooley	4619	Wetherby Runners AC	FV60			28.84		28.84	9
Rob Athey	4039	Harrogate Harriers & AC	MV45	7.96	10.51	10.28		28.75	51
Madeleine Delucchi	4235	Otley AC	FV65		8.14	9.25	11.35	28.73	6
Richard Burton	4458	Harrogate Harriers & AC	MV60	6.89	15.57		6.17	28.63	23
Adela Reperecki	4114	Ilkley Harriers	FV60	28.56				28.56	10
Paul Ackerley	4277	Ripon Runners	MV60	28.02				28.02	24
Nicki Buckett	4276	Richmond & Zetland Harriers	FV50	11.17	16.46			27.63	30
Anna Pickering	4110	Ilkley Harriers	FSEN	8.22	9.32	4.61	9.28	26.83	46
Emma Summerfield	4562	Harrogate Harriers & AC	FSEN		13.78	12.86		26.64	47
Helena Conlin	4293	Ripon Runners	FV55	15.45		11.05		26.50	23
Joanne Hunt	4394	Thirsk & Sowerby Harriers	FV50			12.60	13.76	26.36	31
Colin Philpott	4341	Ripon Runners	MV65			16.73	9.62	26.35	11
Nadene Wilkinson	4227	Nidd Valley Road Runners	FV35		26.27			26.27	21
Sharon Hutchinson	4525	Ripon Runners	FV50	8.49	17.35			25.84	32
Peter Costello	4556	Wetherby Runners AC	MV50	25.35				25.35	47
Rachel Barnicoat	4470	Ilkley Harriers	FSEN	10.36		14.15		24.51	48
Mel Dutka	4299	Ripon Runners	FV60		23.89			23.89	11
Helen Holmes	4317	Ripon Runners	FSEN		14.68	8.99		23.67	49
Nicola Shillam	4348	Ripon Runners	FV45	10.90		4.87	7.90	23.67	27
Lisa Sorby	4617	Ripon Runners	FV50			23.43		23.43	33
Kim Holden	4560	Harrogate Harriers & AC	FV60		23.30			23.30	12
David Whapples	4417	Vocalink Running Club	MV50	7.42	8.43	6.93	7.21	23.06	48
Elizabeth Ahmad	4566	Nidd Valley Road Runners	FV65		6.65	7.45	8.93	23.03	7
Graham Hyde	4187	Nidd Valley Road Runners	MV45		7.24	7.96	7.55	22.76	52
David White	4363	Ripon Runners	MV65		22.70			22.70	12
Teresa Brooks	4097	Ilkley Harriers	FV45	22.67				22.67	28
Lucy Marston	4329	Ripon Runners	FV40	22.14				22.14	24
Lyn Silver	4349	Ripon Runners	FV55	5.82	7.84		8.24	21.90	24
Lucy Sillars	4548	Thirsk & Sowerby Harriers	FV45	21.34				21.34	29
Chris Brunold	4230	Otley AC	FV55	20.80				20.80	25
Peter Tapper	4624	Ilkley Harriers	MV65				20.66	20.66	13
Nick Smith	4216	Nidd Valley Road Runners	MV60		9.03	11.57		20.60	25
Martin Daniels	4479	Knaresborough Striders	MV50	9.83		10.02		19.85	49
Tim Waistell	4552	Thirsk & Sowerby Harriers	MV60		19.73			19.73	26
Megan Dennison	4450	Airecentre Pacers	FSEN	19.73				19.73	50
Sue Ball	4625	Nidd Valley Road Runners	FV60				19.63	19.63	13
Jill Hornsby	4186	Nidd Valley Road Runners	FV65		6.35	6.67	6.52	19.54	8
Martin Gaskin	4505	Otley AC	MV60	19.46				19.46	27
David Fox	4239	Otley AC	MV65			19.05		19.05	14

Paul Brockett	4571	Ripon Runners	MV50		18.54			18.54	50
Jane Wilkinson	4226	Nidd Valley Road Runners	FV50		11.41		6.86	18.27	34
Michelle Smith	4500	Nidd Valley Road Runners	FV50		8.73	8.73		17.46	35
Liam Morris	4592	Ripon Runners	MSEN		7.54	5.38	4.45	17.37	74
Aisling Croke	4023	Dragons Running Club (Leeds)	FV35	17.32				17.32	22
Karen Lennox	4327	Ripon Runners	FV50	6.08	6.05	5.13		17.26	36
Sharon Hall	4311	Ripon Runners	FV50	3.68	5.46	6.41	5.14	17.01	37
Darryl Hall	4310	Ripon Runners	MV50	3.41	5.16	6.16	4.79	16.11	51
Jane Goodwin	4520	Ripon Runners	FV50		9.62		5.83	15.45	38
John Davis	4234	Otley AC	MV55	6.62		8.48		15.10	36
Dave Seaman	4214	Nidd Valley Road Runners	MV75				14.45	14.45	4
Andrew Rayner	4263	Otley AC	MV55	14.38				14.38	37
June Graham	4565	Knaresborough Striders	FV60		14.38			14.38	14
Adrienne Dyson	4472	Ilkley Harriers	FV60	4.48		5.90	3.76	14.14	15
Christine Burn	4382	Thirsk & Sowerby Harriers	FV65	4.21	4.27	5.64	4.10	14.12	9
Jack Clarke	4129	Knaresborough Striders	MV55			13.63		13.63	38
Laura Terry	4357	Ripon Runners	FSEN	13.31				13.31	51
Louise Allen	4570	Ripon Runners	FV45		13.19			13.19	30
Jan Lawson	4324	Ripon Runners	FV60				12.38	12.38	16
Caroline Bentham	4594	Ripon Runners	FV55		12.30			12.30	26
Karen Carrington	4290	Ripon Runners	FV50	5.01	4.86		2.38	12.26	39
Hazel Russell	4346	Ripon Runners	FV55	12.24				12.24	27
Stan Appleton	4279	Ripon Runners	MV70				12.04	12.04	6
Simon McCudden	4331	Ripon Runners	MV60		12.00			12.00	28
Andy Saunders	4034	Dragons Running Club (Leeds)	MV40	4.75		7.19		11.93	42
Sarah Chalmers	4159	Nidd Valley Road Runners	FV55		11.70			11.70	28
Mike Jarvis	4006	Airecentre Pacers	MV50	11.44				11.44	52
Bob Payne	4260	Otley AC	MV75	3.94		4.35	3.07	11.36	5
Susy Rhodes	4210	Nidd Valley Road Runners	FV40				10.66	10.66	25
Emma Sawyer	4347	Ripon Runners	FV45			10.54		10.54	31
Sylvia Morten	4205	Nidd Valley Road Runners	FV60		2.78	4.09	3.41	10.29	17
Craig Atherton	4542	Thirsk & Sowerby Harriers	MV50		4.57		5.48	10.05	53
Marcos Montana	4203	Nidd Valley Road Runners	MSEN				9.97	9.97	75
Linda Cadman	4289	Ripon Runners	FV70	2.87	3.97	3.06		9.91	1
Alison Butcher	4384	Thirsk & Sowerby Harriers	FV55	9.29				9.29	29
Debra Brown	4229	Otley AC	FV45	2.61	3.38	2.80	2.72	8.91	32
Helen-Ann Hartley	4314	Ripon Runners	FV45	3.14	5.76			8.90	33
Mike Kaye	4190	Nidd Valley Road Runners	MV55		3.68	3.58		7.25	39
Melissa Owens	4010	Airecentre Pacers	FV55	7.15				7.15	30
Fiona Hernandez	4523	Ripon Runners	FV50	2.34	2.19	2.55		7.07	40
Clare Britton	4286	Ripon Runners	FV45	6.35				6.35	34
Denise Gandy	4545	Thirsk & Sowerby Harriers	FV60	1.54	2.49	2.03	1.34	6.05	18
Trish Garbutt	4303	Ripon Runners	FV60	1.80	1.89	1.52	2.03	5.73	19
Ann Marie Brown	4515	Ripon Runners	FV50	5.55				5.55	41
David Stringer	4354	Ripon Runners	MV50	5.28				5.28	54
Fiona Robinson	4212	Nidd Valley Road Runners	FV55		1.59	1.77	1.69	5.06	31
Wendy Green	4308	Ripon Runners	FV50			3.84		3.84	42
Sarah Bostock	4283	Ripon Runners	FV45	2.07		1.26		3.33	35
Andre Richardson	4616	Ripon Runners	FV50			3.32		3.32	43
Sarah Crawshaw	4165	Nidd Valley Road Runners	FV55		3.08			3.08	32
Antonio Cardinale	4232	Otley AC	MV70	1.00	1.00	1.00	1.00	3.00	7
Liz Stephenson	4550	Thirsk & Sowerby Harriers	FV40	1.27	1.30			2.56	26