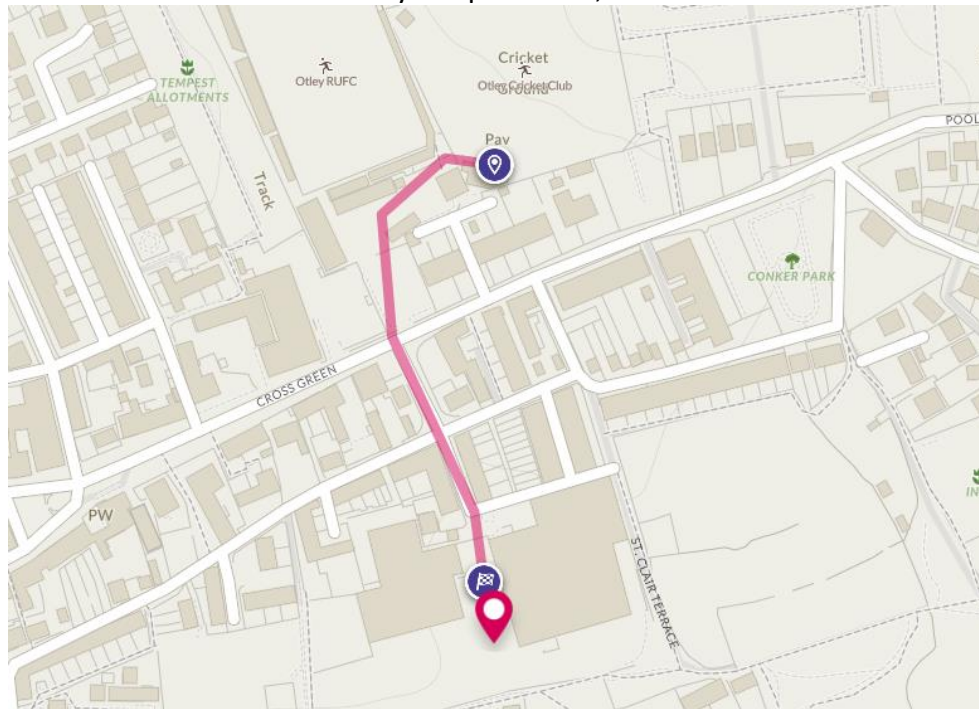


## OTLEY HDSRL Handicap Wednesday 13th July, Start 7.20pm

Organised by Otley A.C.

**Venue HQ:** Otley Cricket Club, Cross Green, Pool Road, Otley, LS21 1HE –

- Please note the RACE DIRECTOR and all RACE officials will be based at Prince Henry's Sports Pavilion next to the start/finish area before and during the race. This is 10 minutes' walk from the Cricket Club (See below)
- Changing, showers, toilets, refreshments at Otley Cricket Club, and toilets and changing at the Sports Pavillion on the starting field (Prince Henry's Playing Fields).
- **Parking: Please do not park** at Otley RUFC (for Club Officials only).
- **Please park** in the signposted and marshalled race car park at the end of Bremner Street as indicated by the pin below, 300m from the club.



- Car park open from 6:15 until 10:00 pm

### Post-race Food Refreshments and Presentation

- Water will be available in refillable paper cups at the finish along with bananas.
- Food and Presentations will be at the Cricket Club.
- Each runner may claim one burger or hotdog (supplied by a local butcher) on presentation of their bib number and extras will be available at a modest price.
- A vegetarian chili option will be provided.
- **Please don't come expecting food unless you have replied to the questionnaire sent out in advance**
- Bar facilities will be available so have a few pound coins in your pocket to buy a drink, tea and coffee will also be available for a modest price.

## Course:

- 5.3 miles Please look at the course route which will be displayed. All junctions will be marshalled or flagged.
- **Check your start time before the race by 7.20pm** for the slower runners who will be set off first from the start.
- The Start will be at Prince Henry's Wharfemeadows fields about 0.5ml from the Race headquarters at the Cricket Club so allow at least **10 mins walk** from the Cricket club/carpark. A map will be available at the cricket club and marshals will also point the route out.

## Brief description and running the route.

- From start around the playing fields. Then out along access road to Wharfemeadows park. Around the park up to the main Otley bridge then across White Bridge at the opposite end of the park. Sharp left under a low pipe and turn onto trail along the riverbank. Take care after crossing on rough narrow section after leaving the nature reserve. Loop around Knotford Nook (clockwise) and back along Pool Road to Mill Way. **All runners must remain on the roadside pavement, within the staked tape segregating runners from the road and NOT on Pool Road at any time. Turn right at Mill Way** and then right into Gallows Hill and at bottom right turn into the car park. Retrace your steps back along the river to cross it at the white bridge into the park. Follow the same route around park outward bound but in reverse around the playing fields and in to the finish.
- Some of the route is on public footpaths / trail around fields and nature reserve and can be narrow and muddy. There are some gates which will be marshalled but runners should take great care to negotiate their own safety through each gate.
- Mostly level and all runners must pay attention for their own safety to any uneven surfaces, traffic and pedestrians. Please be aware of other and courteous to other users of Wharfemeadows Park.
- The finish will be at Prince Henry's Wharfemeadows fields the same place as the start.