

Nidd Valley Road Runners - Evening League Race Information

- **Tuesday 17th May, race starts 7.30pm**
- UKA race license 2022-43450
- Approx. 8.5km (5.3 miles), off road on paths and tracks
- Recommend trail shoe. Road shoes will be OK in relatively dry conditions
- **Race HQ** is at the Harrogate Hockey Club. Sat nav HG1 4AP
 - From junction B6162 (Otley) with A61 (Leeds)**
 - Take A59 York Place, signposted Knaresborough
 - Straight on at 1st set of lights onto A6040 Knaresborough Road
 - At round-a-bout take 1st exit, A59 Skipton
 - Turn 2nd right into Claro Road
 - Take 3rd right into Ainsty Road
 - Follow marshals directions/instructions to park
 - From A661 (Wetherby) junction with A59**
 - At round-a-bout junction with A59 take 2nd exit, A59 Skipton
 - Turn 2nd right into Claro Road
 - Take 3rd right into Ainsty Road
 - Follow marshals directions/instructions to park
 - From A59 (Knaresborough)**
 - Follow A59 towards Harrogate
 - Cross railway crossing at Starbeck and continue round-a-bout
 - At round-a-bout take 3rd exit, A59 Skipton
 - Turn 2nd right into Claro Road
 - Take 3rd right into Ainsty Road
 - Follow marshals directions/instructions to park
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- **Parking** – There are 4 car parks on the school grounds in use. Please follow the directions of marshals. Alternative parking can be found on roads near the stray at the end of Claro Road, namely:- Church Square, Coach Road and Park Parade
- Male and female changing, showers and toilets available at Harrogate Hockey Club
- **Catering** – Nidd Valley are not providing a buffet this year, so we invite you to bring a picnic that can be eaten on the school field. The bar in the hockey club will be open for drinks
- Like all races in the League this is open to members of **HDSRL affiliated clubs only** - sorry, no guest runners, no unattached runners