

ULTRAVETS ROLL OF HONOUR over 75s

Some won their own age category. Many beat runners much younger than themselves.

All showed that life after pension age doesn't have to be eked out in an armchair

They all participated in the Harrogate District Summer Race League

2019

Alan Wikeley Thirsk & Sowerby Harriers

Ian Codling Thirsk & Sowerby Harriers

John Grundy Ripon Runners

Marian Codling Thirsk & Sowerby Harriers

Phil Robinson Otley AC

Robert Payne Otley AC

2018

Bob Payne Otley AC

Ian Codling Thirsk and Sowerby Harriers

Marion Codling Thirsk and Sowerby Harriers

Phil Robinson Otley AC