

Ind

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Points
1	30:52	2124	Andrew Grant		V45	Harrogate Harriers	100.00
2	31:11	2408	Scott Harrington			Otley AC	99.71
3	31:23	2430	Reece Dalton			Richmond & Zetland Harriers	99.43
4	31:29	2697	Paul Millgate		V40	Wetherby Runners	99.15
5	32:43	2137	Andrew Dobby		V45	Harrogate Harriers	98.87
6	33:00	2151	John Young			Harrogate Harriers	98.59
7	33:13	2791	Matthew Cox		V40	Ilkley Harriers	98.31
8	33:25	2116	Jonathan Johnson			Harrogate Harriers	98.03
9	33:41	2159	Charles Casey			Harrogate Harriers	97.75
10	33:41	2173	Phil Rogers			Harrogate Harriers	97.47
11	33:50	2098	Mark Bryant		V45	Harrogate Harriers	97.19
12	33:53	2218	Istvan Jacso			Ilkley Harriers	96.91
13	33:56	2254	Tom Calvert			Knarborough Striders	96.63
14	33:57	2225	Daniel Mckeown		V40	Ilkley Harriers	96.35
15	34:00	2069	Gareth Somerville			Harrogate Harriers	96.07
16	34:45	2461	Lee Stanley		V40	Ripon Runners	95.79
17	35:00	2444	Simon Cave		V40	Ripon Runners	95.51
18	35:02	2012	Andrew Humphries			Dragons-Aire	95.23
19	35:06	2230	James Wright			Knarborough Striders	94.95
20	35:13	2378	Graham Lake		V40	Otley AC	94.67
21	35:17	2146	James Mccreanor		V40	Harrogate Harriers	94.39
22	35:28	2521	Alex Fawcett		V50	Ripon Runners	94.11
23	35:37	2127	Tom Borrowdale			Harrogate Harriers	93.83
24	35:43	2253	Martin Brock			Knarborough Striders	93.54
25	35:47	2040	Jonathan Forey		V50	Dragons-Aire	93.26
26	35:51	2550	Kim Brown		V45	Ripon Runners	92.98
27	35:55	156	Sharon Barlow	F	V40	Harrogate Harriers	92.70
28	36:06	2522	Richard Watson		V45	Ripon Runners	92.42
29	36:07	2439	Dave Binks		V45	Ripon Runners	92.14
30	36:08	2167	Timothy Richardson			Harrogate Harriers	91.86
31	36:11	2232	James Ireland			Knarborough Striders	91.58
32	36:22	2154	Tom Harris			Harrogate Harriers	91.30
33	36:24	2071	Ben Shacklock			Harrogate Harriers	91.02
34	36:26	2517	Mark Ryder			Ripon Runners	90.74
35	36:26	2493	James Boddy			Ripon Runners	90.46
36	36:30	2021	Richard Walker		V40	Dragons-Aire	90.18
37	36:35	2099	Paul Richardson		V40	Harrogate Harriers	89.90
38	36:40	2454	Lenny Lennox		V55	Ripon Runners	89.62
39	36:45	2518	Derek Mccreadie		V40	Ripon Runners	89.34
40	36:45	2161	Crystal Goecker	F	V35	Harrogate Harriers	89.06
41	36:48	2011	Owain Gwilym			Dragons-Aire	88.78
42	37:07	2195	Jonathan Turner		V45	Ilkley Harriers	88.50
43	37:12	2506	Douglas Scott		V45	Ripon Runners	88.22
44	37:19	2246	Steve Morland		V45	Knarborough Striders	87.94
45	37:22	2261	Ted Walton		V40	Knarborough Striders	87.66
46	37:30	2499	John Chatwin			Ripon Runners	87.37
47	37:34	2700	Robert Driver			Wetherby Runners	87.09
48	37:40	2735	Robert Whittaker		V40	Wetherby Runners	86.81
49	37:40	2136	Ben Grant		V65	Harrogate Harriers	86.53
50	37:45	2422	Lewis Moore		U18	Richmond & Zetland Harriers	86.25
51	37:46	2102	Adam Prentis		V55	Harrogate Harriers	85.97
52	37:46	2718	Paul Windle		V50	Wetherby Runners	85.69
53	37:54	2703	Chris Plews		V45	Wetherby Runners	85.41
54	37:59	2732	Darren Whiting			Wetherby Runners	85.13
55	38:03	2073	Geoffrey Hirst			Harrogate Harriers	84.85

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56	38:03	2711	James Jesson	V40	Wetherby Runners	84.57
57	38:04	2485	Trevor Schofield		Ripon Runners	84.29
58	38:08	2628	Stephan Tomaszewski	V55	Thirsk and Sowerby Harriers	84.01
59	38:12	2712	Alex Matthewson		Wetherby Runners	83.73
60	38:13	2169	Shamiso Sisimayi	F V35	Harrogate Harriers	83.45
61	38:18	2396	Andy Pullan		Otley AC	83.17
62	38:19	2064	Richard Willis	V45	Harrogate Harriers	82.89
63	38:24	2429	Donna Ridler	F V40	Richmond & Zetland Harriers	82.61
64	38:27	2256	Anthony Mulley		Knarborough Striders	82.33
65	38:28	2660	Joshua Cooper		Thirsk and Sowerby Harriers	82.05
66	38:31	2134	Helen Mercer-Jones	F V35	Harrogate Harriers	81.77
67	38:31	2223	Monica Padila	F	Ilkley Harriers	81.49
68	38:34	2701	Robert Gray	V55	Wetherby Runners	81.20
69	38:34	2083	Simon Moffatt	V50	Harrogate Harriers	80.92
70	38:37	2511	Emma Sorby	F	Ripon Runners	80.64
71	38:40	2752	Adam Moger	V40	Leeds-Bradford Tri	80.36
72	38:46	2395	Tom Paget		Otley AC	80.08
73	39:02	2710	Angela Reeve	F V40	Wetherby Runners	79.80
74	39:06	2544	Andries Huyser		Ripon Runners	79.52
75	39:11	2576	Ben Davies		Skipton AC	79.24
76	39:12	2004	William Woodhead		Dragons-Aire	78.96
77	39:19	2175	Sam Alton		Harrogate Harriers	78.68
78	39:21	2092	Ian Rowbotham	V55	Harrogate Harriers	78.40
79	39:25	2722	Rebecca Normington	F	Wetherby Runners	78.12
80	39:29	2085	Martin Shaw	V50	Harrogate Harriers	77.84
81	39:31	2720	Paul Wilman		Wetherby Runners	77.56
82	39:37	2715	Nicky Andrews	F	Wetherby Runners	77.28
83	39:43	2533	Michael Hall	V50	Ripon Runners	77.00
84	39:44	2527	Paul Layfield		Ripon Runners	76.72
85	39:51	2103	James Wall	V50	Harrogate Harriers	76.44
86	39:54	2144	Stewart Lynskey	V55	Harrogate Harriers	76.16
87	40:09	2452	Ben Imeson	V40	Ripon Runners	75.88
88	40:13	2160	Adam Couldwell		Harrogate Harriers	75.60
89	40:26	2575	Joel Dalby	V40	Skipton AC	75.32
90	40:32	2240	Sean Brennan	V45	Knarborough Striders	75.03
91	40:36	2174	Bryony Halcrow	F	Harrogate Harriers	74.75
92	40:39	2138	Nick Andralojc	V55	Harrogate Harriers	74.47
93	40:41	2264	Ian Mitchell	V55	Knarborough Striders	74.19
94	40:46	2148	Andrew Collins		Harrogate Harriers	73.91
95	40:50	2382	Lee Gumbrell		Otley AC	73.63
96	40:54	2206	Malcolm Pickering	V65	Ilkley Harriers	73.35
97	40:56	2516	Kari Munro	F V35	Ripon Runners	73.07
98	41:00	2114	John Dalby	V60	Harrogate Harriers	72.79
99	41:14	2726	Jim Buller	V50	Wetherby Runners	72.51
100	41:16	2652	Martyn Coy	V45	Thirsk and Sowerby Harriers	72.23
101	41:20	2643	Mike Lowther	V50	Thirsk and Sowerby Harriers	71.95
102	41:22	2237	Philip Cornforth	V50	Knarborough Striders	71.67
103	41:26	2226	Sima Lowery	F V40	Knarborough Striders	71.39
104	41:31	2481	Steve Silver	V50	Ripon Runners	71.11
105	41:31	2504	Matt Holt	V45	Ripon Runners	70.83
106	41:31	2618	Robert Burn	V60	Thirsk and Sowerby Harriers	70.55
107	41:38	2227	Nicola Carter	F V45	Knarborough Striders	70.27
108	41:40	2095	Stephen Kirk	V45	Harrogate Harriers	69.99
109	41:48	2123	Ken Souyave	V65	Harrogate Harriers	69.71
110	41:51	2070	Andy Laverick	V45	Harrogate Harriers	69.43
111	41:58	2416	Mel Steventon	F V35	Skipton AC	69.15

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112	42:00	2077	Michael Gill	V50	Harrogate Harriers	68.86
113	42:02	2683	Simon Williams	V45	Vocalink Running Club	68.58
114	42:03	2428	Kevin Bond	V40	Richmond & Zetland Harriers	68.30
115	42:06	2051	Graham Burns		Dragons-Aire	68.02
116	42:07	2689	Nick Wagstaff	V45	Vocalink Running Club	67.74
117	42:09	2166	Angus Morgan		Harrogate Harriers	67.46
118	42:10	2239	Gary Wilkinson	V40	Knaresborough Striders	67.18
119	42:13	2177	Mark Oakes		Harrogate Harriers	66.90
120	42:17	2078	Sarah Gill	F V55	Harrogate Harriers	66.62
121	42:20	2501	Tony White	V60	Ripon Runners	66.34
122	42:20	2421	Lucy Verrill	F V35	Richmond & Zetland Harriers	66.06
123	42:20	2737	Gill Edmondson	F V40	Wetherby Runners	65.78
124	42:31	2399	Colin Dennison		Otley AC	65.50
125	42:41	2113	Mark Walker	V55	Harrogate Harriers	65.22
126	42:52	2389	Peter Gosling	V40	Otley AC	64.94
127	42:58	2738	Peter Allanch	V50	Wetherby Runners	64.66
128	43:06	2480	Gary Wilks	V45	Ripon Runners	64.38
129	43:13	2558	Nina Batt	F	Wetherby Runners	64.10
130	43:13	2491	Ben Buckley		Ripon Runners	63.82
131	43:18	2262	Ste Core		Knaresborough Striders	63.54
132	43:19	2162	Iain Jenkins	V55	Harrogate Harriers	63.26
133	43:21	2165	Donald Morgan	V50	Harrogate Harriers	62.98
134	43:22	2552	Andrew Harker	V55	Ripon Runners	62.69
135	43:23	2255	Niamh Falconer	F	Knaresborough Striders	62.41
136	43:24	2178	Anna Thomas	F V40	Harrogate Harriers	62.13
137	43:32	2371	Sara Elliott	F V45	Otley AC	61.85
138	43:38	2207	Catherine Gibbons	F	Ilkley Harriers	61.57
139	43:41	2786	David Halladay	V55	Knaresborough Striders	61.29
140	43:42	2508	Stuart Pender	V50	Ripon Runners	61.01
141	43:52	2781	Kathryn Pickles	F	Knaresborough Striders	60.73
142	44:00	2108	Tim Broomfield	V60	Harrogate Harriers	60.45
143	44:07	2130	Kevin-Malachy Murphy	V60	Harrogate Harriers	60.17
144	44:14	2013	Kate Macfarlane	F	Dragons-Aire	59.89
145	44:19	2191	Caroline Howe	F V35	Ilkley Harriers	59.61
146	44:21	2692	Keran Peters	F V50	Vocalink Running Club	59.33
147	44:25	2366	Christian Hosker	V40	Otley AC	59.05
148	44:27	2595	Philip Dean		Skipton AC	58.77
149	44:27	2495	Jon Hancock	V50	Ripon Runners	58.49
150	44:32	2014	Sally Haigh	F V50	Dragons-Aire	58.21
151	44:33	2384	Ruth Poole	F	Otley AC	57.93
152	44:34	2674	Alexandra Whapples	F V50	Vocalink Running Club	57.65
153	44:35	2531	Ray Johnstone	V60	Ripon Runners	57.37
154	44:36	2096	Roger Duckworth	V45	Harrogate Harriers	57.09
155	44:37	2415	Charles Booth	U16	Skipton AC	56.81
156	44:37	2433	Chloe Dalton	F U18	Richmond & Zetland Harriers	56.52
157	44:47	2393	Paul Clifford	V50	Otley AC	56.24
158	44:49	2033	Peter Bryant	V50	Dragons-Aire	55.96
159	44:51	2434	Garry Malton	V45	Richmond & Zetland Harriers	55.68
160	44:52	2016	Graham Turner	V40	Dragons-Aire	55.40
161	44:52	2577	Mark Desgranges		Skipton AC	55.12
162	45:16	2559	Nathan Smith	V45	Harrogate Harriers	54.84
163	45:19	2451	Anneke Imeson	F V40	Ripon Runners	54.56
164	45:21	2198	Geoffrey White		Ilkley Harriers	54.28
165	45:24	2112	Emma Robinson	F V35	Harrogate Harriers	54.00
166	45:24	2088	Alex Green		Harrogate Harriers	53.72
167	45:31	2554	Lewis Brooks		Ripon Runners	53.44

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168	45:35	2503	Jill Holt	F	V50	Ripon Runners	53.16
169	45:36	2512	Sarah Hood	F	V45	Ripon Runners	52.88
170	45:37	2488	Neil Dring		V55	Ripon Runners	52.60
171	45:38	2671	Luke Fitzgerald		V45	Vocalink Running Club	52.32
172	45:40	2787	David Howe		V40	Ilkley Harriers	52.04
173	45:44	2691	Greg Shaw		V45	Vocalink Running Club	51.76
174	45:48	2709	Simon Robertson		V40	Wetherby Runners	51.48
175	45:51	2698	Peter Costello		V45	Wetherby Runners	51.20
176	45:54	2547	Nicole Sutton	F	V40	Ripon Runners	50.92
177	45:56	2620	David Tervit		V45	Thirsk and Sowerby Harriers	50.64
178	46:02	2494	Dave Ritson		V50	Ripon Runners	50.35
179	46:07	2147	Elizabeth Turner	F		Harrogate Harriers	50.07
180	46:14	2076	Angela Peace	F		Harrogate Harriers	49.79
181	46:17	2180	Adam Bates			Harrogate Harriers	49.51
182	46:19	2600	Martin Luxton		V65	Swaledale Runners	49.23
183	46:21	2524	Phil Chatterton		V45	Ripon Runners	48.95
184	46:26	2773	Sarah Bell	F		Dragons-Aire	48.67
185	46:27	2714	Geoff Lodge		V60	Wetherby Runners	48.39
186	46:30	2042	Paul Tomlinson		V50	Dragons-Aire	48.11
187	46:31	2107	Adrian Murfitt		V45	Harrogate Harriers	47.83
188	46:31	2055	Steve Davies		V55	Dragons-Aire	47.55
189	46:38	2376	Tony Pfeiffer		V60	Otley AC	47.27
190	46:40	2778	Simon Peck		V60	Dragons-Aire	46.99
191	46:53	2705	Ann Foster	F	V45	Wetherby Runners	46.71
192	46:57	2447	Phil Ramshaw		V55	Ripon Runners	46.43
193	46:59	2636	Duncan Fothergill		V40	Thirsk and Sowerby Harriers	46.15
194	47:08	2525	James Stuart-Mills		V50	Ripon Runners	45.87
195	47:09	2545	Heather Glegg	F	V45	Ripon Runners	45.59
196	47:11	2492	Steve Grange		V55	Ripon Runners	45.31
197	47:12	2066	Theresa Oldroyd	F	V45	Harrogate Harriers	45.03
198	47:13	2467	Bruce Willoughby		V45	Ripon Runners	44.75
199	47:17	2086	Tim Bennett		V50	Harrogate Harriers	44.47
200	47:18	2110	Melanie Rice	F	V45	Harrogate Harriers	44.18
201	47:19	2115	Mark Seymour		V55	Harrogate Harriers	43.90
202	47:20	2621	David Baker			Thirsk and Sowerby Harriers	43.62
203	47:21	2436	Helen Cox	F	V45	Ripon Runners	43.34
204	47:27	2450	Angie Benson	F	V55	Ripon Runners	43.06
205	47:35	2150	Mike Salt		V45	Harrogate Harriers	42.78
206	47:40	2388	Carl Walsh		V55	Otley AC	42.50
207	47:50	2582	Hazel Ives	F	V60	Skipton AC	42.22
208	47:53	2168	Elizabeth Sandell	F		Harrogate Harriers	41.94
209	48:03	2045	Gillian Brown	F	V40	Dragons-Aire	41.66
210	48:09	2065	Heather Taylor	F	V55	Harrogate Harriers	41.38
211	48:14	2050	Glyn Smyth		V55	Dragons-Aire	41.10
212	48:15	2365	Stephen Small		V55	Otley AC	40.82
213	48:28	2094	J. Dan Simmons		V55	Harrogate Harriers	40.54
214	48:39	2373	Michael Pickard		V50	Otley AC	40.26
215	48:42	2731	Lara Johnson	F	V35	Wetherby Runners	39.98
216	48:47	2458	Simon Mccudden		V55	Ripon Runners	39.70
217	48:48	2248	Nikki Christie	F	V50	Knaresborough Striders	39.42
218	48:48	2058	Jan Davies	F	V55	Dragons-Aire	39.14
219	48:51	2783	Ryan Middleton			Knaresborough Striders	38.86
220	48:52	2265	Georgina Townsend	F	V35	Knaresborough Striders	38.58
221	48:52	2181	Katherine Woodhead	F		Harrogate Harriers	38.30
222	48:53	2423	Pauline Whittaker	F	V50	Richmond & Zetland Harriers	38.01
223	48:58	2404	Ryk Downes		V50	Otley AC	37.73

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224	49:01	2682	Adrian Cobbin	V40	Vocalink Running Club	37.45
225	49:07	2475	Kim Holden	F V55	Ripon Runners	37.17
226	49:12	2437	Beth Constantine	F U18	Ripon Runners	36.89
227	49:13	2362	Christine Brunold	F V50	Otley AC	36.61
228	49:22	2639	Clare Tempest	F V40	Thirsk and Sowerby Harriers	36.33
229	49:28	2196	Diane Kitchen	F V55	Ilkley Harriers	36.05
230	49:40	2453	Stan Appleton	V65	Ripon Runners	35.77
231	49:52	2784	Lisa Harrison	F V45	Knarborough Striders	35.49
232	50:06	2080	Mark Hattersley	V50	Harrogate Harriers	35.21
233	50:09	2685	Gareth Hardcastle	V40	Vocalink Running Club	34.93
234	50:21	2235	Kez Welsby	F V50	Knarborough Striders	34.65
235	50:23	2672	Jonathan Spark	V40	Vocalink Running Club	34.37
236	50:24	2776	Tracy Smith	F V45	Dragons-Aire	34.09
237	50:27	2379	Martin Gaskin	V55	Otley AC	33.81
238	50:29	2779	Anna Cornforth	F	Knarborough Striders	33.53
239	50:30	2047	Louise Johnson	F V35	Dragons-Aire	33.25
240	50:34	2158	Richard Burton	V55	Harrogate Harriers	32.97
241	50:35	2041	Sarah Tomlinson	F V45	Dragons-Aire	32.69
242	50:35	2684	Louise Jennings	F V45	Vocalink Running Club	32.41
243	50:37	2043	Agnes Laughton	F V55	Dragons-Aire	32.13
244	50:38	2466	Lesley Willoughby	F V45	Ripon Runners	31.84
245	50:44	2699	Peter Cooper	V45	Wetherby Runners	31.56
246	50:50	2358	Phil Robinson	V75	Otley AC	31.28
247	50:51	2364	Andrew Rayner	V50	Otley AC	31.00
248	50:52	2457	Sally Cornforth	F V45	Ripon Runners	30.72
249	50:53	2406	Holly Davey	F U16	Otley AC	30.44
250	50:53	2072	Jenna Nunns	F	Harrogate Harriers	30.16
251	50:55	2062	Jodie Peary	F V35	Harrogate Harriers	29.88
252	50:55	2534	Anita Oldham	F V50	Ripon Runners	29.60
253	51:01	2111	Sarah Beecher	F V50	Harrogate Harriers	29.32
254	51:03	2370	Joanna Hobson	F V55	Otley AC	29.04
255	51:05	2106	Paul Berwin	V60	Harrogate Harriers	28.76
256	51:06	2594	Martha Radley	F	Skipton AC	28.48
257	51:11	2199	Stephanie Fox	F V40	Ilkley Harriers	28.20
258	51:13	2591	Jan Smith	F V50	Skipton AC	27.92
259	51:13	2368	Laura Hind	F V35	Otley AC	27.64
260	51:14	2383	Geraldine Nichols	F	Otley AC	27.36
261	51:21	2462	Sarah Stanley	F V40	Ripon Runners	27.08
262	51:33	2587	Kathryn Radley	F V50	Skipton AC	26.80
263	51:50	2616	Rosie Gatenby	F V35	Thirsk and Sowerby Harriers	26.52
264	51:52	2032	Emma Hough	F V40	Dragons-Aire	26.24
265	51:53	2463	Fiona Alder	F V60	Ripon Runners	25.96
266	51:58	2644	Tracey Lowther	F V45	Thirsk and Sowerby Harriers	25.67
267	51:58	2629	Heather Bell	F V55	Thirsk and Sowerby Harriers	25.39
268	51:58	2634	Trish Radford	F V60	Thirsk and Sowerby Harriers	25.11
269	52:11	2676	Liz Robertshaw	F V40	Vocalink Running Club	24.83
270	52:17	2675	David Whapples	V50	Vocalink Running Club	24.55
271	52:20	2093	Jillie Townend	F V60	Harrogate Harriers	24.27
272	52:27	2002	Rhonda Neilson	F V40	Dragons-Aire	23.99
273	52:29	2464	Andrea Richardson	F V45	Ripon Runners	23.71
274	52:30	2204	Dawn Turner	F V50	Ilkley Harriers	23.43
275	52:49	2048	Richard Wysocki	V55	Dragons-Aire	23.15
276	52:49	2024	Helen Alcock	F V35	Dragons-Aire	22.87
277	52:50	2472	Lena Conlin	F V50	Ripon Runners	22.59
278	53:01	2441	Andy Purll	V45	Ripon Runners	22.31
279	53:07	2651	Faith Coy	F V45	Thirsk and Sowerby Harriers	22.03

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280	53:10	2588	Antony Radley	V50	Skipton AC	21.75
281	53:12	2733	Sam Parker	V50	Wetherby Runners	21.47
282	53:24	2426	Nicola Buckett	F V45	Richmond & Zetland Harriers	21.19
283	53:46	2028	Jody Hill	F V35	Dragons-Aire	20.91
284	53:57	2623	Phillip Craig		Thirsk and Sowerby Harriers	20.63
285	54:11	2443	Louise Allen	F V40	Ripon Runners	20.35
286	54:14	2037	Leah Forey	F	Dragons-Aire	20.07
287	54:21	2604	Helen Baines	F	Swaledale Runners	19.79
288	54:25	2179	Mark Head	V55	Harrogate Harriers	19.50
289	54:38	2449	Rod Cooper	V55	Ripon Runners	19.22
290	55:13	2489	Jane Goodwin	F V45	Ripon Runners	18.94
291	55:16	2630	Sara Langstaff	F V60	Thirsk and Sowerby Harriers	18.66
292	55:19	2487	James Parkes		Ripon Runners	18.38
293	55:22	2403	Robert Fearnley		Otley AC	18.10
294	55:32	2205	Anna Pickering	F	Ilkley Harriers	17.82
295	55:36	2101	Rebecca Tunnicliff	F	Harrogate Harriers	17.54
296	55:39	2638	Joanne Hunt	F V45	Thirsk and Sowerby Harriers	17.26
297	55:44	2593	Sarah Jayne Millington	F V45	Skipton AC	16.98
298	55:44	2592	Emma Yiu	F V35	Skipton AC	16.70
299	55:45	2361	Madeleine Delucchi	F V60	Otley AC	16.42
300	55:51	2208	Bernadette Gibbons	F V60	Ilkley Harriers	16.14
301	55:56	2474	Helen Pickard	F V60	Ripon Runners	15.86
302	55:59	2420	Lindsey Fallow	F V40	Ripon Runners	15.58
303	56:09	2035	Claire Featherstone	F	Dragons-Aire	15.30
304	56:16	2251	Edna Wood	F V50	Knaresborough Striders	15.02
305	56:25	2031	Caroline Lawton	F V40	Dragons-Aire	14.74
306	56:27	2091	Jane Rowbotham	F V60	Harrogate Harriers	14.46
307	56:33	2006	Carole Keighley	F V55	Dragons-Aire	14.18
308	56:53	2598	Julia Spittle	F V60	Swaledale Runners	13.90
309	56:55	2632	Helen Heatlie	F V35	Thirsk and Sowerby Harriers	13.62
310	57:03	2716	James Upperton		Wetherby Runners	13.33
311	57:07	2490	Jessica Caven	F V50	Ripon Runners	13.05
312	57:11	2556	Helen Phillips	F V35	Ripon Runners	12.77
313	57:13	2258	Tony Everitt	V55	Knaresborough Striders	12.49
314	57:19	2034	Clare Pierce	F V60	Dragons-Aire	12.21
315	57:23	2497	Alison Clarke	F V40	Ripon Runners	11.93
316	57:49	2054	Laura Sykes	F V35	Dragons-Aire	11.65
317	57:49	2772	Sarah Cowburn	F V35	Dragons-Aire	11.37
318	58:06	2023	Charlotte Willis	F	Dragons-Aire	11.09
319	58:28	2473	Lester Pickard	V60	Ripon Runners	10.81
320	58:47	2498	John Grundy	V75	Ripon Runners	10.53
321	59:13	2010	Donna Stansfield	F V40	Dragons-Aire	10.25
322	59:14	2617	Christine Burn	F V60	Thirsk and Sowerby Harriers	9.97
323	59:17	2007	Amanda Connor	F V40	Dragons-Aire	9.69
324	59:21	2394	Debra Brown	F V40	Otley AC	9.41
325	59:23	2646	Linda Bamford	F V60	Thirsk and Sowerby Harriers	9.13
326	59:30	2465	Dawn Griffin	F V55	Ripon Runners	8.85
327	59:44	2375	David Cattanach	V65	Otley AC	8.57
328	59:55	2039	Andie Willbond	F V70	Dragons-Aire	8.29
329	60:03	2532	Nicola Shillam	F V40	Ripon Runners	8.01
330	60:10	2118	Sue Doughty	F V50	Harrogate Harriers	7.73
331	60:15	2197	Laura Dawes	F V35	Ilkley Harriers	7.45
332	60:16	2257	Tracy Allison	F V50	Knaresborough Striders	7.16
333	60:25	2063	Colin Foster	V60	Harrogate Harriers	6.88
334	60:46	2470	Wendy Green	F V45	Ripon Runners	6.60
335	61:19	2008	Linda Lofthouse	F V50	Dragons-Aire	6.32

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336	61:33	2427	Jane Bond	F	V50	Richmond & Zetland Harriers	6.04
337	61:49	2633	Gillian Crane	F	V65	Thirsk and Sowerby Harriers	5.76
338	62:13	2455	Karen Lennox	F	V45	Ripon Runners	5.48
339	62:13	2468	Linda Cadman	F	V65	Ripon Runners	5.20
340	62:19	2374	Bob Payne		V75	Otley AC	4.92
341	62:58	2019	Cora Dove	F	V45	Dragons-Aire	4.64
342	63:42	2027	Bekki Hirst	F	V35	Dragons-Aire	4.36
343	63:43	2029	Liz Cook	F	V45	Dragons-Aire	4.08
344	63:43	2456	Maggie Driffield	F	V60	Ripon Runners	3.80
345	63:57	2220	Donald Macrae		V70	Ilkley Harriers	3.52
346	63:57	2792	David Millson		V70	Ilkley Harriers	3.24
347	64:30	2132	Coralin Harrison	F	V70	Harrogate Harriers	2.96
348	64:33	2030	David Cook		V50	Dragons-Aire	2.68
349	64:43	2053	Martin Mckay		V40	Dragons-Aire	2.40
350	66:24	2377	Natasha Whitaker	F	V45	Otley AC	2.12
351	68:17	2397	Antonio Cardinale		V65	Otley AC	1.84
352	73:55	2624	Ian Codling		V75	Thirsk and Sowerby Harriers	1.56
353	74:53	2438	Trish Garbutt	F	V55	Ripon Runners	1.28
354	74:53	2448	Chris Cooper	F	V55	Ripon Runners	1.00