

LastName	FirstName	Bib Number	Category	Club
Abrams-Cohen	Mike	2211	M Sen	Ilkley Harriers
Abubakr	Mo	2380	M Sen	Otley AC
Aird	Andrew	2271	M50	Nidd Valley Road Runners
Alcock	Helen	2024	F35	Dragons-Aire
Alder	Fiona	2463	F60	Ripon Runners
Allanch	Peter	2738	M50	Wetherby Runners
Allen	Louise	2443	F40	Ripon Runners
Allison	Tracy	2257	F50	Knarborough Striders
Alton	Sam	2175	M Sen	Harrogate Harriers
Andralojc	Nick	2138	M55	Harrogate Harriers
Andrews	Nicky	2715	F Sen	Wetherby Runners
Annable	Richard	2566	M60	Skipton AC
Appleton	Stan	2453	M65	Ripon Runners
Archer	Kate	2212	F35	Ilkley Harriers
Armitage	Sally	2200	F35	Ilkley Harriers
Armitstead	John	2351	M55	Otley AC
Armitstead	Carol	2352	F55	Otley AC
Ashton	Rogan	2409	M45	Otley AC
Askew	Dave	2122	M55	Harrogate Harriers
Athey	Rob	2097	M45	Harrogate Harriers
Atkinson	Dave	2601	M45	Swaledale Runners
Auchterlounie	Ruth	2387	F45	Otley AC
Aydin	Rachel	2567	F40	Skipton AC
Aydin-Osmond	Hakan	2568	Junior	Skipton AC
Baines	Helen	2604	F Sen	Swaledale Runners
Baird	Ben	2273	M Sen	Nidd Valley Road Runners
Baker	David	2621	M Sen	Thirsk and Sowerby Harriers
Bamford	Linda	2646	F60	Thirsk and Sowerby Harriers
Barber	Catherine	2327	F Sen	Nidd Valley Road Runners
Barlow	Michael	2690	M Sen	Vocalink Running Club
Barraclough	Lynsey	2330	F40	Nidd Valley Road Runners
Barron	Becky	2288	F Sen	Nidd Valley Road Runners
Bates	Adam	2180	M Sen	Harrogate Harriers
Bateson	Melanie	2537	F40	Ripon Runners
Beattie	Angela	2337	F60	Nidd Valley Road Runners
Beattie	Chris	2338	M60	Nidd Valley Road Runners
Beecher	Sarah	2111	F50	Harrogate Harriers
Bell	Sarah	2773	F Sen	Dragons-Aire
Bell	Katy	2519	F35	Ripon Runners
Bell	Heather	2629	F55	Thirsk and Sowerby Harriers
Bell	Richard	2702	M50	Wetherby Runners
Bennett	Tim	2086	M50	Harrogate Harriers
Bennett	Chris	2513	M70	Ripon Runners
Benson	Angie	2450	F55	Ripon Runners
Bentham	Caroline	2543	F50	Ripon Runners
Berriman	Jim	2505	M Sen	Ripon Runners
Berwin	Paul	2106	M60	Harrogate Harriers
Best	Colin	2367	M60	Otley AC

Binks	Dave	2439 M45	Ripon Runners
Birkett	Gavin	2059 M40	Dragons-Aire
Bland	Debbie	2018 F60	Dragons-Aire
Blaylock	Fiona	2529 F35	Ripon Runners
Boddy	James	2493 M Sen	Ripon Runners
Bond	Jane	2427 F50	Richmond & Zetland Harriers
Bond	Kevin	2428 M40	Richmond & Zetland Harriers
Booth	Charles	2415 Junior	Skipton AC
Booth	Janet	2569 F50	Skipton AC
Booth	Antony	2570 M50	Skipton AC
Borrowdale	Tom	2127 M Sen	Harrogate Harriers
Bosomworth	Trevor	2442 M45	Ripon Runners
Bowyer	Steven	2141 M50	Harrogate Harriers
Bradbury	Alex	2740 M Sen	Wetherby Runners
Braddon	James	2296 M Sen	Nidd Valley Road Runners
Brayshaw	Timothy	2210 M45	Ilkley Harriers
Brennan	Sean	2240 M45	Knarborough Striders
Brereton	Yulia	2289 F Sen	Nidd Valley Road Runners
Brereton	Nigel	2290 M45	Nidd Valley Road Runners
Brisley	Roger	2597 M60	Swaledale Runners
Britton	Margaret	2003 F60	Dragons-Aire
Broadbent	Ian	2386 M45	Otley AC
Broadley	Andy	2599 M55	Swaledale Runners
Brock	Martin	2253 M Sen	Knarborough Striders
Bromiley	Sarah	2126 F40	Harrogate Harriers
Broomfield	Tim	2108 M60	Harrogate Harriers
Brown	Gillian	2045 F40	Dragons-Aire
Brown	Charli	2046 F Sen	Dragons-Aire
Brown	Mark	2275 M Sen	Nidd Valley Road Runners
Brown	Debra	2394 F40	Otley AC
Brown	Chris	2520 M70	Ripon Runners
Brunold	Christine	2362 F50	Otley AC
Bryant	Peter	2033 M50	Dragons-Aire
Bryant	Mark	2098 M45	Harrogate Harriers
Bryant	Jane	2217 F50	Ilkley Harriers
Brydon	Chloe	2413 F Sen	Nidd Valley Road Runners
Bucket	Nicola	2426 F45	Richmond & Zetland Harriers
Buckle	Michael	2017 M40	Dragons-Aire
Buckley	Anne	2052 F40	Dragons-Aire
Buckley	Ben	2491 M Sen	Ripon Runners
Buckton	Will	2209 M Sen	Ilkley Harriers
Buglass	Helen	2730 F45	Wetherby Runners
Bulcock	Ann-Marie	2571 F45	Skipton AC
Buller	Jim	2726 M45	Wetherby Runners
Bullock	Geoff	2631 M70	Thirsk and Sowerby Harriers
Burn	Christine	2617 F60	Thirsk and Sowerby Harriers
Burn	Robert	2618 M60	Thirsk and Sowerby Harriers
Burns	Graham	2051 M Sen	Dragons-Aire
Burrett	Mike	2119 M40	Harrogate Harriers
Burton	Richard	2158 M55	Harrogate Harriers

Burton	Gavin	2360 M40	Otley AC
Butcher	Alison	2626 F50	Thirsk and Sowerby Harriers
Butcher	Andy	2627 M50	Thirsk and Sowerby Harriers
Butterworth	Jayne	2572 F50	Skipton AC
Cadman	Linda	2468 F65	Ripon Runners
Cairns	Andrew	2573 M Sen	Skipton AC
Callaghan	Denis	2001 M40	Dragons-Aire
Calvert	Derek	2234 M60	Knaresborough Striders
Calvert	Tom	2254 M Sen	Knaresborough Striders
Cameron	Faye	2009 F40	Dragons-Aire
Carberry	David	2739 M45	Wetherby Runners
Cardinale	Antonio	2397 M65	Otley AC
Carman	Bec	2280 F35	Nidd Valley Road Runners
Carr	Julian	2785 M45	Knaresborough Striders
Carter	Nicola	2227 F45	Knaresborough Striders
Casey	Charles	2159 M Sen	Harrogate Harriers
Cattanach	David	2375 M65	Otley AC
Cave	Simon	2444 M40	Ripon Runners
Caven	Jessica	2490 F50	Ripon Runners
Chalmers	Sarah	2328 F50	Nidd Valley Road Runners
Chandler	Simon	2736 M Sen	Wetherby Runners
Charleton	Laurence	2068 M50	Harrogate Harriers
Chatterton	Phil	2524 M45	Ripon Runners
Chatwin	John	2499 M Sen	Ripon Runners
Chown	Karen	2794 F50	Skipton AC
Christie	Nikki	2248 F50	Knaresborough Striders
Christie	Dave	2249 M50	Knaresborough Striders
Clapham	Fred	2515 M45	Ripon Runners
Clarke	Rob	2250 M Sen	Knaresborough Striders
Clarke	Alison	2497 F40	Ripon Runners
Clifford	Paul	2393 M50	Otley AC
Clipston	Lisa	2335 F45	Nidd Valley Road Runners
Clipston	Jonathon	2336 M50	Nidd Valley Road Runners
Cobbin	Adrian	2682 M40	Vocalink Running Club
Codling	Ian	2624 M70	Thirsk and Sowerby Harriers
Codling	Marion	2625 F70	Thirsk and Sowerby Harriers
Coiley	Lianne	2348 F35	Nidd Valley Road Runners
Coles	Ross	2574 M Sen	Skipton AC
Collins	Andrew	2148 M Sen	Harrogate Harriers
Conkleton	Gareth	2242 M45	Knaresborough Striders
Conlin	Lena	2472 F50	Ripon Runners
Connor	Amanda	2007 F40	Dragons-Aire
Constantine	Beth	2437 F Sen	Ripon Runners
Cook	Liz	2029 F45	Dragons-Aire
Cook	David	2030 M50	Dragons-Aire
Cook	Jim	283 M50	Nidd Valley Road Runners
Cook	Helen	2282 F35	Nidd Valley Road Runners
Cooper	Ian	2067 M40	Harrogate Harriers
Cooper	Chris	2448 F50	Ripon Runners
Cooper	Rod	2449 M55	Ripon Runners

Cooper	Peter	2699 M45	Wetherby Runners
Core	Ste	2262 M Sen	Knaresborough Striders
Cornforth	Philip	2237 M45	Knaresborough Striders
Cornforth	Anna	2779 F Sen	Knaresborough Striders
Cornforth	Sally	2457 F45	Ripon Runners
Corrigan	Rachel	2219 F45	Ilkley Harriers
Costello	Peter	2698 M45	Wetherby Runners
Couldwell	Alan	2121 M60	Harrogate Harriers
Couldwell	Adam	2160 M Sen	Harrogate Harriers
Cowburn	Sarah	2772 F35	Dragons-Aire
Cox	Matthew	2791 M40	Ilkley Harriers
Cox	Helen	2436 F45	Ripon Runners
Coy	Faith	2651 F45	Thirsk and Sowerby Harriers
Coy	Martyn	2652 M45	Thirsk and Sowerby Harriers
Craig	Phillip	2623 M Sen	Thirsk and Sowerby Harriers
Crane	Gillian	2633 F65	Thirsk and Sowerby Harriers
Cross	Howard	2647 M50	Thirsk and Sowerby Harriers
Crowton	Alex	1323 M40	Nidd Valley Road Runners
Cummings	Jack	2418 M Sen	Ilkley Harriers
Cunningham	Fiona	2339 F50	Nidd Valley Road Runners
Dade	John	2354 M55	Otley AC
Dalby	John	2114 M60	Harrogate Harriers
Dalby	Joel	2575 M40	Skipton AC
Dalton	Kevin	2305 M Sen	Nidd Valley Road Runners
Dalton	Reece	2430 M Sen	Richmond & Zetland Harriers
Dalton	Chloe	2433 Junior	Richmond & Zetland Harriers
Davey	Holly	2406 Junior	Otley AC
David	Mark	1322 M50	Nidd Valley Road Runners
Davies	Arlene	2038 F55	Dragons-Aire
Davies	Steve	2055 M55	Dragons-Aire
Davies	Jan	2058 F55	Dragons-Aire
Davies	Lee	2431 M40	Richmond & Zetland Harriers
Davies	Ben	2576 M Sen	Skipton AC
Davis	John	2372 M50	Otley AC
Dawes	Laura	2197 F35	Ilkley Harriers
Deacon	Mike	2298 M55	Nidd Valley Road Runners
Dean	Philip	2595 M Sen	Skipton AC
Delucchi	Madeleine	2361 F60	Otley AC
Dennison	Colin	2399 M Sen	Otley AC
Desgranges	Mark	2577 M Sen	Skipton AC
Dilasser	Debbie	2311 F40	Nidd Valley Road Runners
Dilasser	Jamie	2312 M45	Nidd Valley Road Runners
Dobby	Andrew	2137 M45	Harrogate Harriers
Dooley	Zoe	2044 F45	Dragons-Aire
Dooley	Emma	2284 F40	Nidd Valley Road Runners
Doughty	Sue	2118 F50	Harrogate Harriers
Dove	Cora	2019 F45	Dragons-Aire
Downes	Ryk	2404 M50	Otley AC
Driffield	Maggie	2456 F60	Ripon Runners
Dring	Neil	2488 M55	Ripon Runners

Driver	Robert	2700 M Sen	Wetherby Runners
Duckworth	Roger	2096 M45	Harrogate Harriers
Dunkley	Kelly	2528 F35	Ripon Runners
Dunne	Liam	2401 M40	Otley AC
Dutka	Mel	2542 F55	Ripon Runners
Eagling	Daniel	2266 M40	Nidd Valley Road Runners
Eagling	Paul	2268 M Sen	Nidd Valley Road Runners
Easton	Jon	2308 M40	Nidd Valley Road Runners
Edmondson	Gill	2737 F40	Wetherby Runners
Edwards	Peter	2120 M55	Harrogate Harriers
Elliott	Sara	2371 F45	Otley AC
Elmes	Julie	2229 F50	Knaresborough Striders
Elsworth	Gillian	2796 F50	Skipton AC
Emmett	Tom	2734 M Sen	Wetherby Runners
Entwistle	Iain	2090 M40	Harrogate Harriers
Essex	Tony	2157 M65	Harrogate Harriers
Evans	Charlotte	2117 F40	Harrogate Harriers
Evans	Philippe	2751 M50	Leeds-Bradford Tri
Everitt	Tony	2258 M55	Knaresborough Striders
Falconer	Niamh	2255 F Sen	Knaresborough Striders
Fawcett	Alex	2521 M50	Ripon Runners
Fearnley	Robert	2403 M Sen	Otley AC
Featherstone	Claire	2035 F Sen	Dragons-Aire
Fisher	Ian	2356 M45	Otley AC
Fitzgerald	Sarah	2381 F Sen	Otley AC
Fitzgerald	Luke	2671 M45	Vocalink Running Club
Foley	Dan	2231 M40	Knaresborough Striders
Forey	Leah	2037 F Sen	Dragons-Aire
Forey	Jonathan	2040 M50	Dragons-Aire
Forster	Jonny	2294 M Sen	Nidd Valley Road Runners
Foster	Leon	2022 M Sen	Dragons-Aire
Foster	Colin	2063 M60	Harrogate Harriers
Foster	Ann	2705 F45	Wetherby Runners
Fothergill	Duncan	2636 M40	Thirsk and Sowerby Harriers
Fothergill	Josh	2637 Junior	Thirsk and Sowerby Harriers
Fox	Stephanie	2199 F40	Ilkley Harriers
Fox	David	2369 M60	Otley AC
Frear	Laurel	2392 F50	Otley AC
Fugill	Sam	740 M Sen	Nidd Valley Road Runners
Garbutt	Trish	2438 F55	Ripon Runners
Garcia	Conrad	2245 M50	Knaresborough Striders
Gaskin	Martin	2379 M55	Otley AC
Gatenby	Francesca	2060 F Sen	Dragons-Aire
Gatenby	Rosie	2616 F35	Thirsk and Sowerby Harriers
Gaunt	Matt	2578 M50	Skipton AC
Gaunt	Rachel	2579 F50	Skipton AC
Gibbons	Catherine	2207 F Sen	Ilkley Harriers
Gibbons	Bernadette	2208 F60	Ilkley Harriers
Gibson	Debbie	2334 F55	Nidd Valley Road Runners
Gilbert	Karen	2536 F60	Ripon Runners

Gill	Michael	2077 M50	Harrogate Harriers
Gill	Sarah	2078 F55	Harrogate Harriers
Glegg	Heather	2545 F45	Ripon Runners
Goecker	Crystal	2161 F35	Harrogate Harriers
Goodwin	Jane	2489 F45	Ripon Runners
Goom	Lindsay	2653 M40	Thirsk and Sowerby Harriers
Gorman	David	2580 M55	Skipton AC
Gorman	Richard	2679 M40	Vocalink Running Club
Gosling	Peter	2389 M40	Otley AC
Graham	June	2799 F55	Knarborough Striders
Grange	Steve	2492 M55	Ripon Runners
Grant	Andrew	2124 M45	Harrogate Harriers
Grant	Ben	2136 M65	Harrogate Harriers
Gray	Robert	2701 M55	Wetherby Runners
Green	Alex	2088 M Sen	Harrogate Harriers
Green	Wendy	2470 F45	Ripon Runners
Griffin	Dawn	2465 F55	Ripon Runners
Grindley	Paul	2015 M50	Dragons-Aire
Gruenwald	Colleen	2345 F45	Nidd Valley Road Runners
Grundy	John	2498 M70	Ripon Runners
Grundy	Jane	2509 F Sen	Ripon Runners
Gumbrell	Lee	2382 M Sen	Otley AC
Gwilym	Owain	2011 M Sen	Dragons-Aire
Hack	David	2424 M40	Richmond & Zetland Harriers
Hack	Jane	2425 F45	Richmond & Zetland Harriers
Haigh	Sally	2014 F50	Dragons-Aire
Hainsworth	Brian	2267 M40	Nidd Valley Road Runners
Halas	Jennifer	2410 F Sen	Otley AC
Halcrow	Bryony	2174 F Sen	Harrogate Harriers
Hale	Natalie	2263 F Sen	Knarborough Striders
Hall	Stuart	2049 M50	Dragons-Aire
Hall	Michael	2533 M50	Ripon Runners
Halladay	David	2786 M55	Knarborough Striders
Hammond	Faith	165 F40	Nidd Valley Road Runners
Hancock	Jon	2495 M50	Ripon Runners
Hannah	Tom	2402 M65	Otley AC
Hanslip	Debbie	2318 F45	Nidd Valley Road Runners
Hanslip	Damien	2319 M50	Nidd Valley Road Runners
Hanson	Alan	2535 M55	Ripon Runners
Hardcastle	Gareth	2685 M40	Vocalink Running Club
Harker	Andrew	2510 M55	Ripon Runners
Harrington	Scott	2408 M Sen	Otley AC
Harris	Tom	2154 M Sen	Harrogate Harriers
Harrison	Coralin	2132 F70	Harrogate Harriers
Harrison	Lisa	2784 F45	Knarborough Striders
Harrison	Natasha	2332 F Sen	Nidd Valley Road Runners
Harrison	John	2581 M50	Skipton AC
Hart	Sarah	2678 F40	Vocalink Running Club
Hattersley	Mark	2080 M50	Harrogate Harriers
Hawkins	Eve	2143 F35	Harrogate Harriers

Hawkins	James	2145 M45	Harrogate Harriers
Head	Mark	2179 M55	Harrogate Harriers
Heatlie	Helen	2632 F35	Thirsk and Sowerby Harriers
Heppenstall	Libby	2789 F35	Ilkley Harriers
Hepworth	Emma	2782 F Sen	Knaresborough Striders
Hernandez	Michael	2476 M45	Ripon Runners
Hernandez	Lolly	2477 F Sen	Ripon Runners
Hernandez	Jack	2478 M Sen	Ripon Runners
Hernandez	Fiona	2479 F45	Ripon Runners
Hill	Jody	2028 F35	Dragons-Aire
Hill	Robert	2274 M70	Nidd Valley Road Runners
Hill	Jane	2326 F40	Nidd Valley Road Runners
Hind	Kathryn	2753 F45	Leeds-Bradford Tri
Hind	Laura	2368 F35	Otley AC
Hirst	Bekki	2027 F35	Dragons-Aire
Hirst	Geoffrey	2073 M Sen	Harrogate Harriers
Hirst	Chloe	2089 F Sen	Harrogate Harriers
Hobson	Joanna	2370 F55	Otley AC
Hoggarth	Graham	2795 M Sen	Skipton AC
Holden	Kim	2475 F55	Ripon Runners
Holleran	Christine	289 F50	Nidd Valley Road Runners
Holliday	Kate	2313 F40	Nidd Valley Road Runners
Holmes	Ursula	759 F50	Nidd Valley Road Runners
Holt	Jill	2503 F50	Ripon Runners
Holt	Matt	2504 M45	Ripon Runners
Hood	Sarah	2512 F45	Ripon Runners
Hope	Jo	2538 F45	Ripon Runners
Horner	Charlotte	2721 F Sen	Wetherby Runners
Hornsby	Jill	2347 F60	Nidd Valley Road Runners
Hosker	Christian	2366 M40	Otley AC
Hough	Emma	2032 F40	Dragons-Aire
Houghton	Sally	2548 F50	Ripon Runners
Howard	Sarah	2149 F40	Harrogate Harriers
Howe	Caroline	2191 F35	Ilkley Harriers
Howe	David	2787 M40	Ilkley Harriers
Huby	David	2725 M45	Wetherby Runners
Hughan	Sarah	2285 F40	Nidd Valley Road Runners
Humphries	Andrew	2012 M Sen	Dragons-Aire
Hunt	Joanne	2638 F45	Thirsk and Sowerby Harriers
Huyser	Andries	2544 M Sen	Ripon Runners
Hyde	Graham	2320 M40	Nidd Valley Road Runners
Hymas	Stewart	2228 M45	Knaresborough Striders
Ianson	Chris	2500 M55	Ripon Runners
Ibbotson	David	2222 M55	Ilkley Harriers
Iles	Alison	2299 F40	Nidd Valley Road Runners
Imeson	Anneke	2451 F40	Ripon Runners
Imeson	Ben	2452 M40	Ripon Runners
Ingham	Louise	2755 F35	Leeds-Bradford Tri
Ireland	James	2232 M Sen	Knaresborough Striders
Ives	Hazel	2582 F60	Skipton AC

Ivey	Craig	2654 M Sen	Thirsk and Sowerby Harriers
Jacso	Istvan	2218 M Sen	Ilkley Harriers
Jarrett	Katy	1324 F Sen	Nidd Valley Road Runners
Jarvis	Michael	2025 M50	Dragons-Aire
Jenkins	Iain	2162 M55	Harrogate Harriers
Jenkins	Debra	497 F55	Nidd Valley Road Runners
Jennings	Louise	2684 F45	Vocalink Running Club
Jesson	James	2711 M40	Wetherby Runners
Johnson	Louise	2047 F35	Dragons-Aire
Johnson	Jonathan	2116 M Sen	Harrogate Harriers
Johnson	Lara	2731 F35	Wetherby Runners
Johnstone	Ray	2531 M60	Ripon Runners
Jones	Evan	2596 M50	Swaledale Runners
Joynson	Tim	2507 M55	Ripon Runners
Karsli	Aziz	2793 M50	Skipton AC
Kavanagh	Richard	2317 M45	Nidd Valley Road Runners
Keenan	Garry	2706 M50	Wetherby Runners
Keighley	Carole	2006 F55	Dragons-Aire
Keinhorst	Rebecca	2391 F Sen	Otley AC
Kerr	Suzy	2780 F40	Knaresborough Striders
Kettlewell	Emma	2286 F Sen	Nidd Valley Road Runners
Killingworth	Claire	2260 F Sen	Knaresborough Striders
King	Geoff	2075 M60	Harrogate Harriers
Kirby	Pat	2619 F65	Thirsk and Sowerby Harriers
Kirk	Stephen	2095 M45	Harrogate Harriers
Kirk	Adam	2302 M Sen	Nidd Valley Road Runners
Kirkbright	Laura	2057 F Sen	Dragons-Aire
Kirkbright	Karen	2774 F50	Dragons-Aire
Kitchen	Ellie	2192 F Sen	Ilkley Harriers
Kitchen	Diane	2196 F55	Ilkley Harriers
Knell-Moore	Rich	2756 M Sen	Leeds-Bradford Tri
Knell-Moore	Zoe	2757 F40	Leeds-Bradford Tri
Kwallah	Joseph	2717 M45	Wetherby Runners
Lake	Graham	2378 M40	Otley AC
Lamb	Jeremy	2583 M Sen	Skipton AC
Lambert	Tony	2435 M45	Richmond & Zetland Harriers
Langstaff	Sara	2630 F55	Thirsk and Sowerby Harriers
Laughton	Agnes	2043 F55	Dragons-Aire
Laverick	Andy	2070 M45	Harrogate Harriers
Lawton	Caroline	2031 F40	Dragons-Aire
Layfield	Paul	2527 M Sen	Ripon Runners
Leathley	Nick	2005 M55	Dragons-Aire
Legg	Ian	2728 M50	Wetherby Runners
Legg	Emily	2729 F Sen	Wetherby Runners
Lennox	Lenny	2454 M55	Ripon Runners
Lennox	Karen	2455 F45	Ripon Runners
Leslie	Alex	2306 M Sen	Nidd Valley Road Runners
Lewis	Peter	2202 M65	Ilkley Harriers
Liang	Rachel	2686 F Sen	Vocalink Running Club
Libby	Jill	2622 F60	Thirsk and Sowerby Harriers



Lickley	Robert	2640 M40	Thirsk and Sowerby Harriers
Linstrum	Nils	2713 M Sen	Wetherby Runners
Little	Robert	2215 M Sen	Ilkley Harriers
Littlewood	Elizabeth	2673 F35	Vocalink Running Club
Lodge	Geoff	2714 M60	Wetherby Runners
Lofthouse	Linda	2008 F50	Dragons-Aire
Lofthouse	Martin	2303 M50	Nidd Valley Road Runners
Lofthouse	Dominic	2546 M Sen	Ripon Runners
Lowery	Sima	2226 F40	Knaresborough Striders
Lowther	Mike	2643 M50	Thirsk and Sowerby Harriers
Lowther	Tracey	2644 F45	Thirsk and Sowerby Harriers
Lumsdon	Lynne	2648 F45	Thirsk and Sowerby Harriers
Luxton	Martin	2600 M65	Swaledale Runners
Lynch	Tom	2363 M Sen	Otley AC
Lynskey	Stewart	2144 M55	Harrogate Harriers
Macfarlane	Kate	2013 F Sen	Dragons-Aire
Macfarlane	Gillian	2109 F55	Harrogate Harriers
Mackay	Alan	2603 M40	Swaledale Runners
Macrae	Donald	2220 M70	Ilkley Harriers
Maloney	Neil	2584 M45	Skipton AC
Malton	Garry	2434 M45	Richmond & Zetland Harriers
Manning	Paul	2321 M50	Nidd Valley Road Runners
Manning	Jenny	2322 F45	Nidd Valley Road Runners
Marks	Wendy	2163 F50	Harrogate Harriers
Marsh	Hayley	2142 F Sen	Harrogate Harriers
Marsh	Jordan	2176 M Sen	Harrogate Harriers
Marshall	Sue	2585 F55	Skipton AC
Martin	Adrian	2549 M55	Ripon Runners
Marwood	Liam	2341 M Sen	Nidd Valley Road Runners
Mary	Hampshire	2411 F50	Otley AC
Matthewson	Alex	2712 M Sen	Wetherby Runners
Maughan	Carl	2355 M50	Otley AC
Mawer	Lisa	2081 F50	Harrogate Harriers
Mayor	Jenna	2164 F Sen	Harrogate Harriers
Mccreadie	Derek	2518 M40	Ripon Runners
Mccreanor	James	2146 M40	Harrogate Harriers
Mccudden	Simon	2458 M55	Ripon Runners
Mcinnis	Michael	2586 M40	Skipton AC
Mckay	Martin	2053 M40	Dragons-Aire
Mckeown	Daniel	2225 M40	Ilkley Harriers
Mcleod	Ian	2272 M60	Nidd Valley Road Runners
McMullan	Ralph	492 M50	Nidd Valley Road Runners
Mctague	Moira	2324 F60	Nidd Valley Road Runners
Mercer-Jones	Helen	2134 F35	Harrogate Harriers
Middleton	Ryan	2783 M Sen	Knaresborough Striders
Midgley	Tom	2407 M Sen	Otley AC
Miller	Joanne	2056 F35	Dragons-Aire
Millgate	Paul	2697 M40	Wetherby Runners
Millington	Sarah Jayne	2593 F45	Skipton AC
Millson	David	2792 M70	Ilkley Harriers

Millward	Jason	2133 M40	Harrogate Harriers
Mitchell	Craig	2243 M Sen	Knaresborough Striders
Mitchell	Ian	2264 M55	Knaresborough Striders
Mitchell	Donna	2514 F35	Ripon Runners
Mitton	John	358 M45	Nidd Valley Road Runners
Moffatt	Simon	2083 M50	Harrogate Harriers
Moger	Adam	2752 M40	Leeds-Bradford Tri
Molyneux	Graham	2105 M55	Harrogate Harriers
Montana	Marcos	2277 M Sen	Nidd Valley Road Runners
Moore	Lewis	2422 Junior	Richmond & Zetland Harriers
Morgan	Donald	2165 M50	Harrogate Harriers
Morgan	Angus	2166 M Sen	Harrogate Harriers
Morgan	Carol	2314 F45	Nidd Valley Road Runners
Morland	Steve	2246 M45	Knaresborough Striders
Morrison	Shaun	2087 M Sen	Harrogate Harriers
Morten	Sylvia	2329 F55	Nidd Valley Road Runners
Moul	Sue	2061 F50	Harrogate Harriers
Mulley	Anthony	2256 M Sen	Knaresborough Striders
Mundet	Daniel	2385 M40	Otley AC
Munro	Pamela	2486 F60	Ripon Runners
Munro	Kari	2516 F35	Ripon Runners
Murfitt	Adrian	2107 M40	Harrogate Harriers
Murphy	Kevin-Malachy	2130 M60	Harrogate Harriers
Murray	Julian	2079 M45	Harrogate Harriers
Murray	Steve	2216 M45	Ilkley Harriers
Murray	Richard	2707 M45	Wetherby Runners
Naylor	Ben	2688 M Sen	Vocalink Running Club
Neilson	Rhonda	2002 F40	Dragons-Aire
Nesbitt	Stephen	2104 M45	Harrogate Harriers
Newell	Matt	2193 M Sen	Ilkley Harriers
Newell	Steve	2194 M50	Ilkley Harriers
Newton	Adam	2153 M Sen	Harrogate Harriers
Newton	Steve	2279 M45	Nidd Valley Road Runners
Nicholas	Kevin	2269 M50	Nidd Valley Road Runners
Nichols	Geraldine	2383 F Sen	Otley AC
Nicol	Alex	2526 M Sen	Ripon Runners
Nixon	Lizzie	2297 F60	Nidd Valley Road Runners
Nolan	Anna	2213 F45	Ilkley Harriers
Normington	Rebecca	2722 F Sen	Wetherby Runners
Normington	Andrea	2723 F55	Wetherby Runners
Nunns	Jenna	2072 F Sen	Harrogate Harriers
Oakes	Mark	2177 M Sen	Harrogate Harriers
O'Cofaigh	Colm	2502 M45	Ripon Runners
O'Donnell	Kirsty	2287 F Sen	Nidd Valley Road Runners
Oldham	Anita	2534 F50	Ripon Runners
Oldroyd	Theresa	2066 F45	Harrogate Harriers
Oliver	Liam	2026 M Sen	Dragons-Aire
Overend	Andrew	2790 M40	Ilkley Harriers
Oxtoby	Dan	2125 M45	Harrogate Harriers
Padila	Monica	2223 F Sen	Ilkley Harriers

Paget	Tom	2395 M Sen	Otley AC
Park	Carolyn	2036 F40	Dragons-Aire
Parker	Alison	2771 F55	Dragons-Aire
Parker	Chris	185 F70	Nidd Valley Road Runners
Parker	Sam	2733 M50	Wetherby Runners
Parkes	James	2487 M Sen	Ripon Runners
Parkinson	Steve	2530 M55	Ripon Runners
Patrickson	Alex	2307 M Sen	Nidd Valley Road Runners
Payne	Bob	2374 M70	Otley AC
Peace	Angela	2076 F Sen	Harrogate Harriers
Peagram	Hannah	2797 F40	Nidd Valley Road Runners
Peagram	Andrew	2798 M40	Nidd Valley Road Runners
Pearson	Anne	2775 F50	Dragons-Aire
Peary	Jodie	2062 F35	Harrogate Harriers
Peck	Simon	2778 M60	Dragons-Aire
Pender	Stuart	2508 M50	Ripon Runners
Peters	Stephen	2681 M45	Vocalink Running Club
Peters	Keran	2692 F50	Vocalink Running Club
Petty	Duncan	2244 M50	Knaresborough Striders
Pfeiffer	Tony	2376 M60	Otley AC
Piano	Edoardo	2278 M Sen	Nidd Valley Road Runners
Pickard	Michael	2373 M50	Otley AC
Pickard	Lester	2473 M60	Ripon Runners
Pickard	Helen	2474 F60	Ripon Runners
Pickering	Anna	2205 F Sen	Ilkley Harriers
Pickering	Malcolm	2206 M65	Ilkley Harriers
Pickersgill	Sheena	2201 F55	Ilkley Harriers
Pickles	Kathryn	2781 F Sen	Knaresborough Striders
Pierce	Clare	2034 F60	Dragons-Aire
Plews	Chris	2703 M45	Wetherby Runners
Pocock	Tim	2440 M55	Ripon Runners
Podd	Matt	2359 M60	Otley AC
Poole	Ruth	2384 F Sen	Otley AC
Porter	Alan	2727 M Sen	Wetherby Runners
Pratt	Julie	2469 F50	Ripon Runners
Prentis	Paula	2082 F55	Harrogate Harriers
Prentis	Adam	2102 M55	Harrogate Harriers
Prince	Rachael	689 F40	Nidd Valley Road Runners
Pullan	Andy	2396 M Sen	Otley AC
Purll	Andy	2441 M45	Ripon Runners
Quin	Simon	2398 M45	Otley AC
Quinn	Steff	2309 M45	Nidd Valley Road Runners
Radford	Trish	2634 F60	Thirsk and Sowerby Harriers
Radley	Kathryn	2587 F50	Skipton AC
Radley	Antony	2588 M50	Skipton AC
Radley	Martha	2594 F Sen	Skipton AC
Ramshaw	Phil	2447 M55	Ripon Runners
Rankin	Jo	2704 M45	Wetherby Runners
Rayner	Andrew	2364 M50	Otley AC
Rayner	Hannah	2589 F Sen	Skipton AC

Reeve	Angela	2710 F40	Wetherby Runners
Reperecki	Adela	2788 F55	Ilkley Harriers
Rhodes	Matthew	2642 M Sen	Thirsk and Sowerby Harriers
Rice	Melanie	2110 F45	Harrogate Harriers
Richards	Suzie	2754 F Sen	Leeds-Bradford Tri
Richardson	Paul	2099 M40	Harrogate Harriers
Richardson	Timothy	2167 M Sen	Harrogate Harriers
Richardson	Andrea	2464 F45	Ripon Runners
Rickard	Matt	756 M40	Nidd Valley Road Runners
Rickard	Suzanne	2482 F45	Ripon Runners
Rickard	Libby	2483 F Sen	Ripon Runners
Rickard	Ben	2484 Junior	Ripon Runners
Ridler	Donna	2429 F40	Richmond & Zetland Harriers
Ritson	Dave	2494 M50	Ripon Runners
Robertshaw	Andrew	2357 M45	Otley AC
Robertshaw	Liz	2676 F40	Vocalink Running Club
Robertson	Simon	2709 M40	Wetherby Runners
Robinson	Emma	2112 F35	Harrogate Harriers
Robinson	Alex	2342 M Sen	Nidd Valley Road Runners
Robinson	Fiona	2343 F50	Nidd Valley Road Runners
Robinson	Phil	2344 M55	Nidd Valley Road Runners
Robinson	Phil	2358 M70	Otley AC
Rochester	Matt	241 Junior	Nidd Valley Road Runners
Rodger	Baz	2259 F40	Knaresborough Striders
Rogers	Phil	2173 M Sen	Harrogate Harriers
Rosher	Michael	2541 M50	Ripon Runners
Rowbotham	Jane	2091 F60	Harrogate Harriers
Rowbotham	Ian	2092 M55	Harrogate Harriers
Rutter	Neil	2135 M40	Harrogate Harriers
Ryder	Mark	2517 M Sen	Ripon Runners
Salt	Mike	2150 M45	Harrogate Harriers
Sandell	Elizabeth	2168 F Sen	Harrogate Harriers
Sayer	Christine	2602 F55	Swaledale Runners
Scaife	Nigel	2270 M45	Nidd Valley Road Runners
Schofield	Amanda	2293 F45	Nidd Valley Road Runners
Schofield	Trevor	2485 M Sen	Ripon Runners
Scott	Iain	196 M50	Nidd Valley Road Runners
Scott	Ewa	2325 F45	Nidd Valley Road Runners
Scott	Rob	2432 M Sen	Richmond & Zetland Harriers
Scott	Douglas	2506 M45	Ripon Runners
Seaman	Dave	2276 M70	Nidd Valley Road Runners
Seward	Hilary	2590 F50	Skipton AC
Seymour	Mark	2115 M55	Harrogate Harriers
Shacklock	Ben	2071 M Sen	Harrogate Harriers
Shakespeare	Michael	2131 M50	Harrogate Harriers
Shaw	Martin	2085 M45	Harrogate Harriers
Shaw	Susana	2333 F Sen	Nidd Valley Road Runners
Shaw	Greg	2691 M45	Vocalink Running Club
Shillam	Nicola	2532 F40	Ripon Runners
Shores	Dave	2295 M50	Nidd Valley Road Runners

Silver	Steve	2481 M50	Ripon Runners
Simmons	J. Dan	2094 M55	Harrogate Harriers
Simpson	Clare	2291 F50	Nidd Valley Road Runners
Simpson	Alan	2655 M45	Thirsk and Sowerby Harriers
Sinclair	Paul	2129 M45	Harrogate Harriers
Sisimayi	Shamiso	2169 F35	Harrogate Harriers
Skelton	Yvonne	2346 F65	Nidd Valley Road Runners
Skinner	John	2459 M50	Ripon Runners
Skinner	Sue	2460 F55	Ripon Runners
Slater	Christopher	2680 M Sen	Vocalink Running Club
Slight	Fiona	2241 F45	Knaresborough Striders
Small	Stephen	2365 M55	Otley AC
Smith	Rachel	2020 F Sen	Dragons-Aire
Smith	Tracy	2776 F45	Dragons-Aire
Smith	Richard	2139 M45	Harrogate Harriers
Smith	Robert	2156 M Sen	Harrogate Harriers
Smith	Nichola	2283 F45	Nidd Valley Road Runners
Smith	Nick	2323 M55	Nidd Valley Road Runners
Smith	Michelle	2350 F45	Nidd Valley Road Runners
Smith	Jan	2591 F50	Skipton AC
Smyth	Glyn	2050 M55	Dragons-Aire
Snow	Rob	2304 M55	Nidd Valley Road Runners
Somerville	Gareth	2069 M Sen	Harrogate Harriers
Sorby	Emma	2511 F Sen	Ripon Runners
Southworth	Nathaniel	2074 M40	Harrogate Harriers
Souyave	Ken	2123 M65	Harrogate Harriers
Spark	Jonathan	2672 M40	Vocalink Running Club
Spittle	Julia	2598 F60	Swaledale Runners
Stanley	Lee	2461 M40	Ripon Runners
Stanley	Sarah	2462 F40	Ripon Runners
Stansfield	Donna	2010 F40	Dragons-Aire
Stephenson	Liz	2635 F35	Thirsk and Sowerby Harriers
Stevenson	Nicky	2777 F40	Dragons-Aire
Steventon	Mel	2416 F35	Skipton AC
Stockburn	Paul	2155 M60	Harrogate Harriers
Stringer	Martin	2390 M45	Otley AC
Strugnell	James	2100 M Sen	Harrogate Harriers
Stuart-Mills	James	2525 M50	Ripon Runners
Sutton	Nicole	2547 F40	Ripon Runners
Swannie	Katie	2349 F40	Nidd Valley Road Runners
Sygrove	Jodie	2657 M Sen	Thirsk and Sowerby Harriers
Sykes	Laura	2054 F35	Dragons-Aire
Tattersall	Andrew	2677 M50	Vocalink Running Club
Taylor	Heather	2065 F55	Harrogate Harriers
Taylor	Richard	1325 M40	Nidd Valley Road Runners
Taylor	Victoria	2400 F35	Otley AC
Tempest	Clare	2639 F40	Thirsk and Sowerby Harriers
Tervit	David	2620 M45	Thirsk and Sowerby Harriers
Thomas	Anna	2178 F40	Harrogate Harriers
Thomas-Peters	Melissa	2301 F40	Nidd Valley Road Runners

Thompson	Rosemary	2331 F50	Nidd Valley Road Runners
Tiffany	Penny	2414 F40	Nidd Valley Road Runners
Todd	Andy	2310 M50	Nidd Valley Road Runners
Tomaszewski	Stephan	2628 M55	Thirsk and Sowerby Harriers
Tomlinson	Sarah	2041 F45	Dragons-Aire
Tomlinson	Paul	2042 M50	Dragons-Aire
Townend	Jillie	2093 F60	Harrogate Harriers
Townsend	Georgina	2265 F Sen	Knareborough Striders
Tunnard	Tim	2724 M45	Wetherby Runners
Tunnicliff	Rebecca	2101 F Sen	Harrogate Harriers
Turner	Graham	2016 M40	Dragons-Aire
Turner	Elizabeth	2147 F Sen	Harrogate Harriers
Turner	Jonathan	2195 M45	Ilkley Harriers
Turner	Dawn	2204 F50	Ilkley Harriers
Turner	Steve	2315 M45	Nidd Valley Road Runners
Turner	Andy	2539 M55	Ripon Runners
Turner	Jackie	2540 F50	Ripon Runners
Umpleby	Martin	2152 M40	Harrogate Harriers
Upperton	James	2716 M Sen	Wetherby Runners
Verrill	Lucy	2421 F35	Richmond & Zetland Harriers
Verspyck	Sue	2224 F55	Ilkley Harriers
Wagstaff	Nick	2689 M45	Vocalink Running Club
Wakeham	Steve	2252 M50	Knareborough Striders
Wakelin	Luke	1326 M Sen	Nidd Valley Road Runners
Walker	Richard	2021 M40	Dragons-Aire
Walker	Mark	2113 M55	Harrogate Harriers
Walker	Jeff	2340 M55	Nidd Valley Road Runners
Wall	James	2103 M50	Harrogate Harriers
Waller	Ian	2238 M55	Knareborough Striders
Wallhead	Nick	2696 M40	Wetherby Runners
Walsh	Carl	2388 M55	Otley AC
Walton	Ted	2261 M40	Knareborough Striders
Ward	John	2523 M65	Ripon Runners
Warins	Joanne	2316 F45	Nidd Valley Road Runners
Warr	Neil	2687 M40	Vocalink Running Club
Watson	Simon	2084 M55	Harrogate Harriers
Watson	Liz	2170 F45	Harrogate Harriers
Watson	Tracey	2214 F50	Ilkley Harriers
Watson	Richard	2522 M45	Ripon Runners
Webster	Andrew	2353 M45	Otley AC
Welsby	Kez	2235 F50	Knareborough Striders
West	Darren	2140 M55	Harrogate Harriers
Weston	Alison	2417 F50	Ilkley Harriers
Whapples	Alexandra	2674 F50	Vocalink Running Club
Whapples	David	2675 M50	Vocalink Running Club
Whipp	Hayley	2445 F45	Ripon Runners
Whipp	Martin	2446 M40	Ripon Runners
Whitaker	Natasha	2377 F45	Otley AC
White	Geoffrey	2198 M Sen	Ilkley Harriers
White	Tony	2501 M60	Ripon Runners

Whiting	Darren	2732 M Sen	Wetherby Runners
Whittaker	Pauline	2423 F50	Richmond & Zetland Harriers
Whittaker	Robert	2735 M40	Wetherby Runners
Wilkinson	Gary	2239 M40	Knaresborough Striders
Wilkinson	Jane	194 F45	Nidd Valley Road Runners
Wilkinson	Nadene	2281 F Sen	Nidd Valley Road Runners
Wilkinson	Matt	2300 M Sen	Nidd Valley Road Runners
Wilks	Gary	2480 M45	Ripon Runners
Willbond	Andie	2039 F70	Dragons-Aire
Williams	Jo	2171 F40	Harrogate Harriers
Williams	Simon	2683 M45	Vocalink Running Club
Williamson	Sue	2203 F55	Ilkley Harriers
Willis	Charlotte	2023 F Sen	Dragons-Aire
Willis	Richard	2064 M45	Harrogate Harriers
Willoughby	Lesley	2466 F45	Ripon Runners
Willoughby	Bruce	2467 M45	Ripon Runners
Wilman	Paul	2720 M Sen	Wetherby Runners
Wilton	Charlotte	2641 F40	Thirsk and Sowerby Harriers
Windle	Paul	2718 M50	Wetherby Runners
Windle	James	2719 M Sen	Wetherby Runners
Winkle	Dewi	2496 M50	Ripon Runners
Wise	Gayle	2292 F40	Nidd Valley Road Runners
Wood	Edna	2251 F50	Knaresborough Striders
Wood	Ken	2645 M40	Thirsk and Sowerby Harriers
Wood	Naomi	2656 F40	Thirsk and Sowerby Harriers
Woodhead	William	2004 M Sen	Dragons-Aire
Woodhead	Katherine	2181 F Sen	Harrogate Harriers
Woods	Collette	2471 F60	Ripon Runners
Woolley	Annie	2405 F Sen	Otley AC
Woollven	Steve	2128 M45	Harrogate Harriers
Wordsworth	Liz	2649 F45	Thirsk and Sowerby Harriers
Wordsworth	Chris	2650 M45	Thirsk and Sowerby Harriers
Wright	Sally	2221 F55	Ilkley Harriers
Wright	James	2230 M Sen	Knaresborough Striders
Wright	Sean	2708 M Sen	Wetherby Runners
Wrigley	Lorna	2172 F35	Harrogate Harriers
Wysocki	Richard	2048 M55	Dragons-Aire
Yiu	Emma	2592 F35	Skipton AC
Young	John	2151 M Sen	Harrogate Harriers

