

HDSRL 2017 Handicap Race - Otley

Thursday 6th July, Start **7.20pm**

- Organised by Otley A.C.
- **Venue HQ:** Otley Cricket Club, Cross Green, Pool Road, Otley, LS21 1HE
 - Changing, showers, toilets, refreshments at Otley Cricket Club, Otley Squash Club & Otley RUFC
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 - **Parking:** *Please park* in the signposted and marshalled race car park at the end of Bremner Street *Please do not park* at Otley RUFC (*for Club Officials only*).
 - **Presentation** Will be held after the finish of the race at **Otley Cricket Club Pavilion**
- **Course:**
 - 5.3 miles Please look at the course route which will be displayed. All junctions will be marshalled or flagged
 - **Check your start time before the race by 7.20pm** for the slower runners who will be 1st off at start in Prince Henrys' playing field Whafe meadows
 - The Start will be at Prince Henry's Whafemeadows fields about 0.75ml from the Race headquarters at the Cricket Club so allow at least **10 mins walk** from the Cricket club.
 - **Brief description of the route.**
 - From start around the playing fields. Then out along access road to Whafemeadows park. Around the park then across White Bridge. Sharp left turn onto trail along the river bank. Take care after crossing on rough narrow section after leaving the nature reserve. Loop around Knotford Nook (clockwise) and back along Pool Road to Mill Way. **All runners must remain on the roadside pavement and within the staked tape and NOT on Pool Road at all times.** Mill Way left turn into Gallows Hill and at bottom right turn into the car park..Back along the river to the white bridge. Cross Bridge into the park. Follow the same route around park outward bound but in reverse to the finish.
 - Some of the route is on public footpaths / trail around fields and nature reserve and can be narrow and muddy. There are some gates which will be marshalled but runners should take great care to negotiate their own safety through each gate.
 - Mostly level and all runners must pay attention for their own safety to any uneven surfaces, traffic and pedestrians. Please be aware of other users of Whafemeadows Park.
 - The finish will be at Prince Henry's Whafemeadows fields the same place as the start. The post race refreshments and **Presentations** will be at the Cricket Club. **Bar facilities will be available so have a few pound coins in your pocket to buy a drink.**
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Route

- **MP3 players with earphones such as an iPod must not be worn**

