

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Team	Points		
								Ladies	LVets	MVets
1	31:54	722	Marc Scott			Richmond & Zetland Harriers	100.00			
2	32:31	306	Jamil Parapia			Otley AC	99.65			
3	33:20	98	Mike Burrett		V40	Harrogate Harriers	99.30		100.00	
4	34:17	89	Andrew Grant		V45	Harrogate Harriers	98.95		99.16	
5	34:23	400	Ben Pease			Ripon Runners	98.60			
6	34:43	721	Rob Scott			Richmond & Zetland Harriers	98.25			
7	34:47	339	Zack Whitehead			Otley AC	97.90			
8	34:55	591	Paul Millgate		V40	Wetherby Runners	97.55		98.32	
9	35:16	71	Andrew Dobby		V40	Harrogate Harriers	97.21		97.48	
10	35:47	361	Reece Dalton		U18	Ripon Runners	96.86			
11	35:57	615	Joseph Kwallah		V45	Wetherby Runners	96.51		96.64	
12	36:10	163	Tim Richardson			Harrogate Harriers	96.16			
13	36:44	120	John Young			Harrogate Harriers	95.81			
14	36:48	10	Tim Harvey		V40	Nidd Valley Road Runners	95.46		95.80	
15	36:49	735	Warren Lowcock			Nidd Valley Road Runners	95.11			
16	37:07	362	Alex Fawcett		V50	Ripon Runners	94.77		94.96	
17	37:17	431	Sharon Barlow Hamilton	F	V35	Ripon Runners	94.42	100.00	100.00	
18	37:23	121	Phil Rodgers			Harrogate Harriers	94.07			
19	37:29	257	Thomas Calvert			Knaresborough Striders	93.72			
20	37:36	718	Jo Adams	F		Richmond & Zetland Harriers	93.37	99.02		
21	37:38	736	Paul Nelson		V45	Wetherby Runners	93.02		94.12	
22	37:42	271	Martin Brock			Knaresborough Striders	92.67			
23	37:42	371	James Boddy			Ripon Runners	92.33			
24	37:49	178	Jaysson Sawyer			Harrogate Harriers	91.98			
25	37:54	628	James Wood			Wetherby Runners	91.63			
26	37:57	541	Joshua Fothergill		U16	Thirsk and Sowerby Harriers	91.28			
27	38:11	491	Steve Brown		V55	Swaledale Road Runners	90.93		93.28	100.00
28	38:21	617	Andrew Walsh			Wetherby Runners	90.58			
29	38:28	274	Rob Clarke			Knaresborough Striders	90.23			
30	38:43	39	Alex Patrickson			Nidd Valley Road Runners	89.89			
31	38:46	508	Stephan Tomaszewski		V55	Thirsk and Sowerby Harriers	89.54		92.44	98.09
32	38:58	714	Dave Hack			Richmond & Zetland Harriers	89.19			
33	39:01	91	Joshua Blacker			Harrogate Harriers	88.84			
34	39:04	726	Anthony Jefford			Richmond & Zetland Harriers	88.49			
35	39:05	375	Lee Stanley			Ripon Runners	88.14			
36	39:14	385	Ben Imeson			Ripon Runners	87.79			
37	39:14	264	Andy Robinson			Knaresborough Striders	87.45			

38	39:16	333	Rogan Ashton	V45	Otley AC	87.10			91.61
39	39:17	474	Derek Parrington	V50	Swaledale Road Runners	86.75			90.77
40	39:18	437	Jim Berriman		Ripon Runners	86.40			
41	39:22	13	Andy Todd	V50	Nidd Valley Road Runners	86.05			89.93
42	39:32	42	Matt Rickard	V40	Nidd Valley Road Runners	85.70			89.09
43	39:36	370	Douglas Scott	V40	Ripon Runners	85.35			88.25
44	39:42	100	Nathan Smith	V40	Harrogate Harriers	85.01			87.41
45	39:45	259	Guy Close		Knaresborough Striders	84.66			
46	39:47	53	Ian Cooper	V40	Harrogate Harriers	84.31			86.57
47	40:00	85	Darren West	V50	Harrogate Harriers	83.96			85.73
48	40:03	484	Bryan Miller		Thirsk and Sowerby Harriers	83.61			
49	40:05	116	Adam Newton		Harrogate Harriers	83.26			
50	40:08	254	James Wright		Knaresborough Striders	82.91			
51	40:08	643	Paul Windle	V50	Wetherby Runners	82.57			84.89
52	40:09	96	Richard Willis	V45	Harrogate Harriers	82.22			84.05
53	40:13	380	Trevor Schofield		Ripon Runners	81.87			
54	40:21	51	Adam Prentis	V50	Harrogate Harriers	81.52			83.22
55	40:27	321	Tom Pomfrett		Otley AC	81.17			
56	40:33	570	Chris Laycock	V45	Vocalink Running Club	80.82			82.38
57	40:33	574	Steve Peters	V40	Vocalink Running Club	80.47			81.54
58	40:48	715	Luke Hack	U18	Richmond & Zetland Harriers	80.13			
59	40:49	48	Martin Lofthouse	V45	Nidd Valley Road Runners	79.78			80.70
60	40:57	368	Donna Riddler	F V35	Ripon Runners	79.43	98.05	98.73	
61	40:59	731	Daniel Eagling		Nidd Valley Road Runners	79.08			
62	41:02	77	Richard Paul Smith	V40	Harrogate Harriers	78.73			79.86
63	41:03	428	Paul Walker	V45	Ripon Runners	78.38			79.02
64	41:09	407	Michael Hernandez	V45	Ripon Runners	78.03			78.18
65	41:14	456	Patrick Wardle		Skipton AC	77.69			
66	41:18	587	Ian Legg	V50	Wetherby Runners	77.34			77.34
67	41:19	131	Guy Williams	V40	Harrogate Harriers	76.99			76.50
68	41:20	539	David Fawkes		Thirsk and Sowerby Harriers	76.64			
69	41:38	728	Rosie Adams	F	Richmond & Zetland Harriers	76.29	97.08		
70	41:43	219	Lucy Williamson	F	Ilkley Harriers	75.94	96.11		
71	41:44	157	Richard Pennock	V40	Harrogate Harriers	75.59			75.66
72	41:48	266	Dan Wilson		Knaresborough Striders	75.25			
73	41:50	629	Jim Buller	V45	Wetherby Runners	74.90			74.83
74	41:58	166	Jamie Dilasser	V45	Harrogate Harriers	74.55			73.99
75	42:00	444	Richard Annable	V55	Skipton AC	74.20			73.15 96.19
76	42:02	698	Rebecca Streets	F	Dragons-Aire	73.85	95.14		

77	42:02	<b>402</b>	Dewi Winkle	V45	Ripon Runners	73.50			72.31
78	42:05	<b>734</b>	Chris Crabtree		Nidd Valley Road Runners	73.15			
79	42:05	<b>3</b>	Sam Fugill		Nidd Valley Road Runners	72.80			
80	42:07	<b>41</b>	Ben Baird		Nidd Valley Road Runners	72.46			
81	42:08	<b>227</b>	Sally Malir	F V50	Ilkley Harriers	72.11	94.17	97.46	
82	42:12	<b>559</b>	Matt Jones		Thirsk and Sowerby Harriers	71.76			
83	42:17	<b>692</b>	Nick Ford		Dragons-Aire	71.41			
84	42:18	<b>206</b>	Steve Murray	V45	Ilkley Harriers	71.06			71.47
85	42:21	<b>57</b>	Ian Rowbotham	V55	Harrogate Harriers	70.71			70.63 94.28
86	42:41	<b>624</b>	Alex Mathewson		Wetherby Runners	70.36			
87	42:44	<b>256</b>	Nicola Carter	F V45	Knaresborough Striders	70.02	93.20	96.19	
88	42:54	<b>449</b>	nick oddy	V40	Skipton AC	69.67			69.79
89	42:58	<b>540</b>	Rob Lickley	V40	Thirsk and Sowerby Harriers	69.32			68.95
90	43:03	<b>533</b>	Walter Busuttil	V50	Thirsk and Sowerby Harriers	68.97			68.11
91	43:06	<b>16</b>	Jonathan Easton		Nidd Valley Road Runners	68.62			
92	43:11	<b>644</b>	Paul Atkinson	V50	Wetherby Runners	68.27			67.27
93	43:15	<b>603</b>	Adam Hutchinson		Wetherby Runners	67.92			
94	43:20	<b>252</b>	Gareth Conkleton	V40	Knaresborough Striders	67.58			66.44
95	43:25	<b>732</b>	Paul Geary		Nidd Valley Road Runners	67.23			
96	43:26	<b>537</b>	Charlotte Wilton	F V35	Thirsk and Sowerby Harriers	66.88	92.23	94.92	
97	43:31	<b>105</b>	Nick Andralojc	V50	Harrogate Harriers	66.53			65.60
98	43:35	<b>538</b>	Graham Robinson	V60	Thirsk and Sowerby Harriers	66.18			64.76 92.38
99	43:46	<b>275</b>	Ian Mitchell	V50	Knaresborough Striders	65.83			63.92
100	43:53	<b>80</b>	John Dalby	V55	Harrogate Harriers	65.48			63.08 90.48
101	43:58	<b>500</b>	Caitlin Pearson	F	Swaledale Road Runners	65.14	91.26		
102	43:58	<b>733</b>	John Ward	V65	Ripon Runners	64.79			62.24 88.57
103	44:06	<b>381</b>	Tony White	V60	Ripon Runners	64.44			61.40 86.67
104	44:11	<b>104</b>	Tim Pocock	V55	Harrogate Harriers	64.09			60.56 84.76
105	44:13	<b>149</b>	Dan Oxtoby	V40	Harrogate Harriers	63.74			59.72
106	44:15	<b>626</b>	Gill Edmonson	F V40	Wetherby Runners	63.39	90.29	93.65	
107	44:16	<b>142</b>	Jon Blane	V55	Harrogate Harriers	63.04			58.88 82.86
108	44:20	<b>92</b>	Jaclyn Artist	F	Harrogate Harriers	62.70	89.32		
109	44:36	<b>379</b>	Allan Hansen	V55	Ripon Runners	62.35			58.05 80.96
110	44:40	<b>605</b>	Ann Dale	F V40	Wetherby Runners	62.00	88.35	92.38	
111	44:40	<b>576</b>	Chris Slater		Vocalink Running Club	61.65			
112	44:46	<b>175</b>	Angus Morgan		Harrogate Harriers	61.30			
113	44:55	<b>84</b>	Tim Broomfield	V60	Harrogate Harriers	60.95			57.21 79.05
114	45:00	<b>140</b>	JDan Simmons	V55	Harrogate Harriers	60.60			56.37 77.15
115	45:06	<b>472</b>	Martin Luxton	V60	Swaledale Road Runners	60.26			55.53 75.25

116	45:10	<b>737</b>	Andy Everard		Richmond & Zetland Harriers	59.91				
117	45:11	<b>35</b>	Fiona Deacon	F	V50 Nidd Valley Road Runners	59.56	87.38	91.11		
118	45:15	<b>322</b>	Kirsty Pomfrett	F	Otley AC	59.21	86.41			
119	45:17	<b>281</b>	Stewart Hymas		V45 Knaresborough Striders	58.86			54.69	
120	45:19	<b>260</b>	Andy Roberts		V50 Knaresborough Striders	58.51			53.85	
121	45:23	<b>310</b>	Nicola Lee	F	V35 Otley AC	58.16	85.44	89.84		
122	45:31	<b>634</b>	Richard Bewell		V50 Wetherby Runners	57.82			53.01	
123	45:31	<b>61</b>	Andy Laverick		V40 Harrogate Harriers	57.47			52.17	
124	45:34	<b>103</b>	Shaun Morrison		Harrogate Harriers	57.12				
125	45:35	<b>253</b>	Sean Brennan		V45 Knaresborough Striders	56.77			51.33	
126	45:41	<b>557</b>	Russell Butchers		V40 Thirsk and Sowerby Harriers	56.42			50.50	
127	45:41	<b>144</b>	Charlotte Roberts	F	Harrogate Harriers	56.07	84.47			
128	45:46	<b>49</b>	Jim Cook		V45 Nidd Valley Road Runners	55.72			49.66	
129	45:56	<b>479</b>	Ronan Walsh		Swaledale Road Runners	55.38				
130	45:57	<b>44</b>	Ian McLeod		V60 Nidd Valley Road Runners	55.03			48.82	73.34
131	45:59	<b>548</b>	Martyn Coy		V40 Thirsk and Sowerby Harriers	54.68			47.98	
132	46:00	<b>43</b>	Steve Newton		V45 Nidd Valley Road Runners	54.33			47.14	
133	46:09	<b>598</b>	Andrea Normington	F	V50 Wetherby Runners	53.98	83.50	88.57		
134	46:23	<b>172</b>	Donald Morgan		V50 Harrogate Harriers	53.63			46.30	
135	46:26	<b>609</b>	Nina Batt	F	Wetherby Runners	53.28	82.52			
136	46:28	<b>90</b>	Angela Peace	F	Harrogate Harriers	52.94	81.55			
137	46:28	<b>543</b>	Alan Pollock		Thirsk and Sowerby Harriers	52.59				
138	46:34	<b>124</b>	Rob Athey		V40 Harrogate Harriers	52.24			45.46	
139	46:36	<b>394</b>	Ray Johnstone		V60 Ripon Runners	51.89			44.62	71.44
140	46:40	<b>447</b>	Dave Gorman		V50 Skipton AC	51.54			43.78	
141	46:42	<b>409</b>	Steve Silver		V45 Ripon Runners	51.19			42.94	
142	46:46	<b>47</b>	Paul Manning		V45 Nidd Valley Road Runners	50.84			42.11	
143	46:47	<b>369</b>	David Ritson		V45 Ripon Runners	50.50			41.27	
144	46:51	<b>542</b>	Paul Atkinson		V50 Thirsk and Sowerby Harriers	50.15			40.43	
145	46:58	<b>647</b>	Pete Bryant		V50 Dragons-Aire	49.80			39.59	
146	46:59	<b>651</b>	Iain Denby		V55 Dragons-Aire	49.45			38.75	69.53
147	47:01	<b>724</b>	Kevin Bond		V40 Richmond & Zetland Harriers	49.10			37.91	
148	47:07	<b>521</b>	Hilary Coventry	F	V50 Thirsk and Sowerby Harriers	48.75	80.58	87.30		
149	47:09	<b>377</b>	Neil Dring		V50 Ripon Runners	48.40			37.07	
150	47:12	<b>72</b>	Sue Moul	F	V45 Harrogate Harriers	48.05	79.61	86.03		
151	47:13	<b>596</b>	Nicky Andrews	F	Wetherby Runners	47.71	78.64			
152	47:15	<b>607</b>	Oliver Johnson		Wetherby Runners	47.36				
153	47:19	<b>258</b>	Derek Calvert		V55 Knaresborough Striders	47.01			36.23	67.63
154	47:23	<b>433</b>	Suzanne Rickard	F	V45 Ripon Runners	46.66	77.67	84.76		

155	47:33	<b>6</b>	Rob Snow	V55	Nidd Valley Road Runners	46.31			35.39	65.73
156	47:36	<b>138</b>	Alan Couldwell	V60	Harrogate Harriers	45.96			34.55	63.82
157	47:38	<b>455</b>	Sue Marshall	F V55	Skipton AC	45.61	76.70	83.50		61.92
158	47:43	<b>529</b>	Marc Davies	V50	Thirsk and Sowerby Harriers	45.27			33.72	
159	47:45	<b>7</b>	Mark Armstrong	V45	Nidd Valley Road Runners	44.92			32.88	
160	47:48	<b>608</b>	Richard Bell	V45	Wetherby Runners	44.57			32.04	
161	47:50	<b>304</b>	Ian Broadbent	V45	Otley AC	44.22			31.20	
162	47:52	<b>511</b>	Andy Butcher	V50	Thirsk and Sowerby Harriers	43.87			30.36	
163	47:59	<b>413</b>	Nicole Sutton	F V40	Ripon Runners	43.52	75.73	82.23		
164	48:02	<b>145</b>	Emma Amos	F V35	Harrogate Harriers	43.17	74.76	80.96		
165	48:05	<b>65</b>	Melanie Rice	F V40	Harrogate Harriers	42.83	73.79	79.69		
166	48:11	<b>697</b>	Graham Turner		Dragons-Aire	42.48				
167	48:13	<b>421</b>	Heather Glegg	F V45	Ripon Runners	42.13	72.82	78.42		
168	48:17	<b>430</b>	Anne Cheeseman	F V55	Ripon Runners	41.78	71.85	77.15		60.01
169	48:18	<b>427</b>	Stan Appleton	V65	Ripon Runners	41.43			29.52	58.11
170	48:29	<b>125</b>	Tony Essex	V65	Harrogate Harriers	41.08			28.68	56.21
171	48:42	<b>117</b>	Peter Grant	V50	Harrogate Harriers	40.73			27.84	
172	48:47	<b>63</b>	Angela Barker-Charleston	F V45	Harrogate Harriers	40.39	70.88	75.88		
173	48:49	<b>73</b>	Eve Hawkins	F V35	Harrogate Harriers	40.04	69.91	74.61		
174	48:56	<b>727</b>	Sarah Gregory	F V40	Richmond & Zetland Harriers	39.69	68.94	73.34		
175	49:00	<b>520</b>	Peter Richardson	V55	Thirsk and Sowerby Harriers	39.34			27.00	54.30
176	49:06	<b>525</b>	Helen Ashworth	F V45	Thirsk and Sowerby Harriers	38.99	67.97	72.07		
177	49:08	<b>19</b>	Christine Holleran	F V50	Nidd Valley Road Runners	38.64	67.00	70.80		
178	49:09	<b>565</b>	Luke Fitzgerald	V45	Vocalink Running Club	38.29			26.16	
179	49:15	<b>23</b>	Sarah Hughan	F V35	Nidd Valley Road Runners	37.95	66.02	69.53		
180	49:35	<b>711</b>	Cathy Stothers	F V45	Dragons-Aire	37.60	65.05	68.26		
181	49:47	<b>60</b>	Stephanie Bryant	F	Harrogate Harriers	37.25	64.08			
182	50:01	<b>601</b>	Lara Johnson	F V35	Wetherby Runners	36.90	63.11	67.00		
183	50:12	<b>50</b>	Jenny Manning	F V45	Nidd Valley Road Runners	36.55	62.14	65.73		
184	50:17	<b>18</b>	Moira McTague	F V55	Nidd Valley Road Runners	36.20	61.17	64.46		52.40
185	50:23	<b>373</b>	Kim Holden	F V55	Ripon Runners	35.85	60.20	63.19		50.50
186	50:24	<b>391</b>	Martin Whipp	V40	Ripon Runners	35.51			25.33	
187	50:25	<b>298</b>	Erik Zvaigzne	V60	Otley AC	35.16			24.49	48.59
188	50:26	<b>399</b>	Chris Appleton	V55	Ripon Runners	34.81			23.65	46.69
189	50:27	<b>87</b>	Liz Sandell	F	Harrogate Harriers	34.46	59.23			
190	50:29	<b>606</b>	Geoff Lodge	V55	Wetherby Runners	34.11			22.81	44.78
191	50:46	<b>114</b>	Elizabeth Turner	F	Harrogate Harriers	33.76	58.26			
192	50:50	<b>446</b>	Emma Newbould	F V45	Skipton AC	33.41	57.29	61.92		
193	50:52	<b>179</b>	Aimee Bellwood	F	Harrogate Harriers	33.07	56.32			

194	51:00	<b>623</b>	Valerie Bell	F	V45	Wetherby Runners	32.72	55.35	60.65		
195	51:05	<b>490</b>	Stuart Hardcastle		V60	Swaledale Road Runners	32.37			21.97	42.88
196	51:08	<b>604</b>	Pete Callaghan		V50	Wetherby Runners	32.02			21.13	
197	51:09	<b>312</b>	Jackie Ackroyd	F	V55	Otley AC	31.67	54.38	59.38		40.98
198	51:11	<b>418</b>	Stella Morgan	F	V35	Ripon Runners	31.32	53.41	58.11		
199	51:11	<b>457</b>	Kathryn Radley	F	V45	Skipton AC	30.97	52.44	56.84		
200	51:18	<b>406</b>	Andy Purl		V40	Ripon Runners	30.63			20.29	
201	51:20	<b>132</b>	Tim Bennett		V40	Harrogate Harriers	30.28			19.45	
202	51:27	<b>82</b>	Mark Hattersley		V50	Harrogate Harriers	29.93			18.61	
203	51:27	<b>485</b>	Claire Miller	F		Thirsk and Sowerby Harriers	29.58	51.47			
204	51:32	<b>510</b>	Geoff Bullock		V65	Thirsk and Sowerby Harriers	29.23			17.77	39.07
205	51:33	<b>552</b>	Brian Smith		V40	Thirsk and Sowerby Harriers	28.88			16.94	
206	51:36	<b>556</b>	Ben Mcintosh		U16	Thirsk and Sowerby Harriers	28.53				
207	51:42	<b>631</b>	Neil Berry			Wetherby Runners	28.19				
208	51:45	<b>134</b>	Gill Macfarlane	F	V50	Harrogate Harriers	27.84	50.50	55.57		
209	51:45	<b>465</b>	Victoria Wilson	F	V40	Skipton AC	27.49	49.52	54.30		
210	51:46	<b>509</b>	Phillip Craig			Thirsk and Sowerby Harriers	27.14				
211	51:58	<b>467</b>	Adrian Haworth		V40	Skipton AC	26.79			16.10	
212	51:58	<b>390</b>	Hayley Whipp	F	V40	Ripon Runners	26.44	48.55	53.03		
213	51:59	<b>24</b>	Catherine Barber	F		Nidd Valley Road Runners	26.09	47.58			
214	52:17	<b>600</b>	Drew Ward		V60	Wetherby Runners	25.75			15.26	37.17
215	52:19	<b>709</b>	Charlotte Connolly	F		Dragons-Aire	25.40	46.61			
216	52:21	<b>386</b>	Amy Berriman	F		Ripon Runners	25.05	45.64			
217	52:25	<b>716</b>	Ian Hepworth		V65	Richmond & Zetland Harriers	24.70			14.42	35.26
218	52:38	<b>562</b>	Dan Dickinson			Vocalink Running Club	24.35				
219	52:45	<b>695</b>	Carole Keighley	F	V55	Dragons-Aire	24.00	44.67	51.76		33.36
220	52:45	<b>365</b>	Angie Benson	F	V50	Ripon Runners	23.65	43.70	50.50		
221	52:46	<b>330</b>	Rob Fearnley			Otley AC	23.30				
222	52:48	<b>646</b>	Nicky Stevenson	F	V40	Dragons-Aire	22.96	42.73	49.23		
223	52:50	<b>558</b>	Craig Ivey			Thirsk and Sowerby Harriers	22.61				
224	52:53	<b>79</b>	Yvonne Skelton	F	V60	Harrogate Harriers	22.26	41.76	47.96		31.46
225	53:01	<b>424</b>	Sean Scullion		V45	Ripon Runners	21.91			13.58	
226	53:07	<b>664</b>	Karen Kirkbright	F	V50	Dragons-Aire	21.56	40.79	46.69		
227	53:07	<b>314</b>	Laura Hind	F	V35	Otley AC	21.21	39.82	45.42		
228	53:09	<b>27</b>	Rachael Prince	F	V40	Nidd Valley Road Runners	20.86	38.85	44.15		
229	53:20	<b>326</b>	Joanna Hobson	F	V55	Otley AC	20.52	37.88	42.88		29.55
230	53:37	<b>204</b>	Julie Elmes	F	V45	Ilkley Harriers	20.17	36.91	41.61		
231	53:39	<b>635</b>	Juddy Bewell	F	V50	Wetherby Runners	19.82	35.94	40.34		
232	53:41	<b>270</b>	Sue Morley	F	V60	Knarborough Striders	19.47	34.97	39.07		27.65

233	53:55	<b>571</b>	Beth Littlewood	F	Vocalink Running Club	19.12	34.00			
234	54:11	<b>69</b>	Luke O'Connor		Harrogate Harriers	18.77				
235	54:13	<b>575</b>	Liz Robertshaw	F	V35 Vocalink Running Club	18.42	33.02	37.80		
236	54:15	<b>471</b>	Roger Brisley		V60 Swaledale Road Runners	18.08			12.74	25.75
237	54:24	<b>661</b>	Carolyn Park	F	V40 Dragons-Aire	17.73	32.05	36.53		
238	54:25	<b>392</b>	Fiona Alder	F	V55 Ripon Runners	17.38	31.08	35.26		23.84
239	54:43	<b>675</b>	Gary Waite		V50 Dragons-Aire	17.03			11.90	
240	54:50	<b>318</b>	Tom Hannah		V65 Otley AC	16.68			11.06	21.94
241	54:53	<b>40</b>	Neil Wright		Nidd Valley Road Runners	16.33				
242	55:13	<b>671</b>	Richard Wysocki		V55 Dragons-Aire	15.98			10.22	20.03
243	55:13	<b>251</b>	Thomas Burrell		V40 Knaresborough Striders	15.64			9.38	
244	55:20	<b>412</b>	Alison Clarke	F	V40 Ripon Runners	15.29	30.11	34.00		
245	55:37	<b>278</b>	Tony Everett		V50 Knaresborough Striders	14.94			8.55	
246	55:39	<b>551</b>	Paul Goacher		V50 Thirsk and Sowerby Harriers	14.59			7.71	
247	55:47	<b>627</b>	Samantha Parker	F	V45 Wetherby Runners	14.24	29.14	32.73		
248	55:49	<b>544</b>	Chris Wordsworth		V40 Thirsk and Sowerby Harriers	13.89			6.87	
249	55:53	<b>376</b>	Simon McCudden		V55 Ripon Runners	13.54			6.03	18.13
250	55:56	<b>673</b>	Stuart Hall		V45 Dragons-Aire	13.20			5.19	
251	55:57	<b>662</b>	Kevin Nicholas		V50 Dragons-Aire	12.85			4.35	
252	56:08	<b>547</b>	Faith Coy	F	V40 Thirsk and Sowerby Harriers	12.50	28.17	31.46		
253	56:40	<b>255</b>	Natalie Hale	F	Knaresborough Striders	12.15	27.20			
254	56:45	<b>388</b>	Lena Conlin	F	V45 Ripon Runners	11.80	26.23	30.19		
255	56:59	<b>31</b>	Nicola Walton	F	V40 Nidd Valley Road Runners	11.45	25.26	28.92		
256	57:07	<b>710</b>	Emma Williment	F	Dragons-Aire	11.10	24.29			
257	57:21	<b>203</b>	Donald Macrae		V70 Ilkley Harriers	10.76			3.51	16.23
258	57:34	<b>56</b>	Jane Rowbotham	F	V55 Harrogate Harriers	10.41	23.32	27.65		14.32
259	57:37	<b>279</b>	Claire Killingworth	F	Knaresborough Striders	10.06	22.35			
260	57:43	<b>691</b>	Rhona Neilson	F	V40 Dragons-Aire	9.71	21.38	26.38		
261	57:52	<b>372</b>	Dawn Griffin	F	V50 Ripon Runners	9.36	20.41	25.11		
262	57:58	<b>545</b>	Liz Wordsworth	F	V45 Thirsk and Sowerby Harriers	9.01	19.44	23.84		
263	58:19	<b>462</b>	Matthew Oddy		Skipton AC	8.66				
264	58:31	<b>277</b>	Tracey Allison	F	V50 Knaresborough Striders	8.32	18.47	22.57		
265	58:39	<b>535</b>	Andrea Almack	F	V45 Thirsk and Sowerby Harriers	7.97	17.50	21.30		
266	59:12	<b>549</b>	Trish Radford	F	V60 Thirsk and Sowerby Harriers	7.62	16.52	20.03		12.42
267	59:39	<b>416</b>	Tony Carr		V50 Ripon Runners	7.27			2.67	
268	59:50	<b>717</b>	Jane Hack	F	V45 Richmond & Zetland Harriers	6.92	15.55	18.76		
269	59:50	<b>723</b>	Jane Bond	F	V45 Richmond & Zetland Harriers	6.57	14.58	17.50		
270	59:56	<b>397</b>	Jackie Turner	F	V50 Ripon Runners	6.22	13.61	16.23		
271	60:24	<b>62</b>	Kevin-Malachy Murphy		V60 Harrogate Harriers	5.88			1.83	10.51

272	60:31	<b>515</b>	Christine Burn	F	V60	Thirsk and Sowerby Harriers	5.53	12.64	14.96		8.61
273	60:33	<b>469</b>	Paul Norman		V55	Skipton AC	5.18			1.00	6.71
274	60:58	<b>512</b>	Alison Butcher	F	V50	Thirsk and Sowerby Harriers	4.83	11.67	13.69		
275	61:01	<b>425</b>	Ruth Grundy	F	V35	Ripon Runners	4.48	10.70	12.42		
276	61:08	<b>25</b>	Sarah Chalmers	F	V50	Nidd Valley Road Runners	4.13	9.73	11.15		
277	61:12	<b>699</b>	Rachel Jovanovic	F		Dragons-Aire	3.78	8.76			
278	61:13	<b>701</b>	Amanda Connolly	F	V45	Dragons-Aire	3.44	7.79	9.88		
279	61:24	<b>519</b>	Linda Bamforth	F	V60	Thirsk and Sowerby Harriers	3.09	6.82	8.61		4.80
280	61:53	<b>513</b>	Tracy Hayden	F	V50	Thirsk and Sowerby Harriers	2.74	5.85	7.34		
281	64:52	<b>632</b>	Sharon Smith	F	V55	Wetherby Runners	2.39	4.88	6.07		2.90
282	66:55	<b>528</b>	Bev Davies	F	V50	Thirsk and Sowerby Harriers	2.04	3.91	4.80		
283	71:31	<b>408</b>	Fiona Hernandez	F	V45	Ripon Runners	1.69	2.94	3.53		
284	71:31	<b>410</b>	Linda Cadman	F	V65	Ripon Runners	1.34	1.97	2.26		1.00
285	73:45	<b>518</b>	Liz Stephenson	F	V35	Thirsk and Sowerby Harriers	1.00	1.00	1.00		



<b>Team Results</b>	<b>Main</b>	<b>Ladies</b>	<b>LVets</b>	<b>Vets</b>	<b>SVets</b>	<b>Elite mm.ss</b>
Dragons-Aire	418.51	294.20	169.25	105.65	122.92	131.17
Harrogate Harriers	931.64	409.71	246.68	470.62	431.43	102.53
Ilkley Harriers	250.04	227.19	139.07	74.98	16.23	126.09
Knarborough Striders	810.32	196.19	157.83	290.23	95.28	113.39
Nidd Valley Road Runners	829.48	343.71	231.44	405.18	191.47	112.20
Otley AC	617.54	303.93	194.64	158.36	141.06	106.34
Richmond & Zetland Harriers	774.42	295.17	109.60	52.33	35.26	104.13
Ripon Runners	906.53	424.27	283.49	412.72	387.65	107.17
Skipton AC	446.03	235.95	202.26	203.82	164.82	126.08
Swaledale Road Runners	408.91	91.26	0.00	274.29	243.88	121.26
Thirsk and Sowerby Harriers	740.60	320.42	254.29	344.76	296.26	116.46
Vocalink Running Club	323.12	67.02	37.80	190.08	0.00	125.46
Wetherby Runners	842.73	423.30	274.60	451.31	84.85	108.30

### **Cumulative team results after 3 races**

Dragon Aire	1582.67	1028.48	574.67	561.54	573.02	346.50
Harrogate Harriers	2808.18	1375.43	835.39	1405.70	1341.22	275.33
Ilkley Harriers AC	1858.36	970.36	572.03	748.71	415.92	302.24
Knarborough Striders	2450.09	763.01	621.17	838.39	269.12	301.29
Nidd Valley Road Runners	1727.69	723.05	476.89	811.23	490.30	n/c
Otley AC	2442.45	1082.54	669.59	986.54	550.72	282.28
Richmond and Zetland Harriers	1467.71	431.30	149.60	267.29	70.83	309.40
Ripon Runners	2708.57	1265.22	831.71	1265.42	1149.07	289.15
Skipton AC	1886.60	1029.98	706.77	782.93	564.01	325.22
Swaledale Road Runners	1308.03	504.90	295.64	810.05	589.97	326.24
Thirsk and Sowerby Harriers	2009.62	786.07	673.86	918.89	782.33	315.02
Vocalink Running Club	1287.48	480.74	319.52	700.77	0.00	340.55
Wetherby Runners	2593.24	1236.42	804.63	1379.17	252.08	291.42