

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Team	Points		
								Ladies	LVets	MVets
1	26:16	306	Jamil Parapia			Otley AC	100.00			
2	26:40	345	Scott Harrington			Otley AC	99.73			
3	26:53	81	Jonny Johnson			Harrogate Harriers	99.47			
4	27:18	208	Matthew Cox		V40	Ilkley Harriers	99.21		100.00	
5	27:30	400	Ben Pease			Ripon Runners	98.94			
6	27:43	591	Paul Millgate		V40	Wetherby Runners	98.68		99.36	
7	27:46	89	Andrew Grant		V45	Harrogate Harriers	98.42		98.73	
8	28:10	351	Ian Fisher		V45	Otley AC	98.16		98.09	
9	28:20	324	Robin Outtersides			Otley AC	97.89			
10	28:29	71	Andrew Dobby		V40	Harrogate Harriers	97.63		97.46	
11	28:42	339	Zack Whitehead			Otley AC	97.37			
12	28:57	111	Shaun Winstanley		V45	Harrogate Harriers	97.11		96.82	
13	29:01	352	Liam Dunne		V40	Otley AC	96.84		96.19	
14	29:04	163	Tim Richardson			Harrogate Harriers	96.58			
15	29:09	307	Julian Mawson		V45	Otley AC	96.32		95.55	
16	29:14	209	Jack Cummings			Ilkley Harriers	96.06			
17	29:14	293	Andrew Robertshaw		V45	Otley AC	95.79		94.92	
18	29:17	615	Joseph Kwallah		V45	Wetherby Runners	95.53		94.28	
19	29:19	263	Keith Emery			Knaresborough Striders	95.27			
20	29:25	225	Daniel Hayes		U18	Ilkley Harriers	95.01			
21	29:29	350	Tom Midgley			Otley AC	94.74			
22	29:51	361	Reece Dalton		U18	Ripon Runners	94.48			
23	29:59	337	Graham Lake			Otley AC	94.22			
24	30:04	714	Dave Hack			Richmond & Zetland Harriers	93.96			
25	30:08	536	Gary Dunn		V45	Thirsk and Sowerby Harriers	93.69		93.65	
26	30:09	620	Mark Holt		V40	Wetherby Runners	93.43		93.01	
27	30:13	371	James Boddy			Ripon Runners	93.17			
28	30:16	257	Thomas Calvert			Knaresborough Striders	92.90			
29	30:23	362	Alex Fawcett		V50	Ripon Runners	92.64		92.38	
30	30:40	470	Tim Chadwick			Skipton AC	92.38			
31	30:43	385	Ben Imeson			Ripon Runners	92.12			
32	30:45	491	Steve Brown		V55	Swaledale Road Runners	91.85		91.75	100.00
33	30:49	271	Martin Brock			Knaresborough Striders	91.59			
34	30:54	48	Martin Lofthouse		V45	Nidd Valley Road Runners	91.33		91.11	
35	30:58	17	Andy Harris		V40	Nidd Valley Road Runners	91.07		90.48	
36	30:59	541	Joshua Fothergill		U16	Thirsk and Sowerby Harriers	90.80			
37	31:02	375	Lee Stanley			Ripon Runners	90.54			

38	31:08	333	Rogan Ashton	V45	Otley AC	90.28			89.84
39	31:10	178	Jaysson Sawyer		Harrogate Harriers	90.02			
40	31:12	401	David Binks	V45	Ripon Runners	89.75			89.21
41	31:20	641	Mark Tobin	V40	Wetherby Runners	89.49			88.57
42	31:25	448	Gavin Smith		Skipton AC	89.23			
43	31:28	274	Rob Clarke		Knareborough Striders	88.97			
44	31:29	223	Adrian Hall	V40	Ilkley Harriers	88.70			87.94
45	31:30	610	David Carberry	V45	Wetherby Runners	88.44			87.30
46	31:32	583	Simon Williams	V45	Vocalink Running Club	88.18			86.67
47	31:40	344	Shane Ewen		Otley AC	87.92			
48	31:45	133	Tim Palmer	V45	Harrogate Harriers	87.65			86.03
49	31:51	508	Stephan Tomaszewski	V55	Thirsk and Sowerby Harriers	87.39			85.40 98.42
50	31:52	130	Lorraine Mitchell	F V40	Harrogate Harriers	87.13	100.00	100.00	
51	31:52	264	Andy Robinson		Knareborough Striders	86.87			
52	31:57	639	Rob Whittaker	V40	Wetherby Runners	86.60			84.76
53	31:59	121	Phil Rodgers		Harrogate Harriers	86.34			
54	32:04	39	Alex Patrickson		Nidd Valley Road Runners	86.08			
55	32:12	321	Tom Pomfrett		Otley AC	85.81			
56	32:15	13	Andy Todd	V50	Nidd Valley Road Runners	85.55			84.13
57	32:20	308	Gary Johnson		Otley AC	85.29			
58	32:24	370	Douglas Scott	V40	Ripon Runners	85.03			83.50
59	32:26	147	Tom Borrowdale		Harrogate Harriers	84.76			
60	32:27	205	Mark Iley	V50	Ilkley Harriers	84.50			82.86
61	32:39	637	Tom Brothwell		Wetherby Runners	84.24			
62	32:41	100	Nathan Smith	V40	Harrogate Harriers	83.98			82.23
63	32:42	444	Richard Annable	V55	Skipton AC	83.71			81.59 96.85
64	32:45	328	Tom Lynch		Otley AC	83.45			
65	32:49	52	Geoff King	V55	Harrogate Harriers	83.19			80.96 95.28
66	32:53	587	Ian Legg	V50	Wetherby Runners	82.93			80.32
67	32:57	96	Richard Willis	V45	Harrogate Harriers	82.66			79.69
68	33:00	42	Matt Rickard	V40	Nidd Valley Road Runners	82.40			79.05
69	33:01	221	Alex Murphy		Ilkley Harriers	82.14			
70	33:12	219	Lucy Williamson	F	Ilkley Harriers	81.88	99.34		
71	33:17	70	Geoff Hirst		Harrogate Harriers	81.61			
72	33:18	323	Tom Paget		Otley AC	81.35			
73	33:20	51	Adam Prentis	V50	Harrogate Harriers	81.09			78.42
74	33:20	116	Adam Newton		Harrogate Harriers	80.83			
75	33:23	299	Steven Robinson	V40	Otley AC	80.56			77.78
76	33:25	129	Mark Jordan	V60	Harrogate Harriers	80.30			77.15 93.71

77	33:30	619	James Jesson	V40	Wetherby Runners	80.04			76.51
78	33:33	625	Tim Tunnard	V45	Wetherby Runners	79.77			75.88
79	33:34	407	Michael Hernandez	V45	Ripon Runners	79.51			75.25
80	33:35	731	Daniel Eagling		Nidd Valley Road Runners	79.25			
81	33:35	402	Dewi Winkle	V45	Ripon Runners	78.99			74.61
82	33:43	368	Donna Riddler	F V35	Ripon Runners	78.72	98.68	99.16	
83	33:44	254	James Wright		Knareborough Striders	78.46			
84	33:45	68	Emma Robinson	F V35	Harrogate Harriers	78.20	98.03	98.32	
85	33:47	41	Ben Baird		Nidd Valley Road Runners	77.94			
86	33:48	141	Helen Mercer-Jones	F V35	Harrogate Harriers	77.67	97.37	97.48	
87	33:49	629	Jim Buller	V45	Wetherby Runners	77.41			73.98
88	33:52	729	Simon Withers	V45	Richmond & Zetland Harriers	77.15			73.34
89	34:00	698	Rebecca Streets	F	Dragons-Aire	76.89	96.72		
90	34:01	489	Mark Sowerby	V45	Swaledale Road Runners	76.62			72.71
91	34:02	105	Nick Andralojc	V50	Harrogate Harriers	76.36			72.07
92	34:15	157	Richard Pennock	V40	Harrogate Harriers	76.10			71.44
93	34:15	316	Christian Hosker		Otley AC	75.84			
94	34:18	456	Patrick Wardle		Skipton AC	75.57			
95	34:20	708	Richard Walker	V40	Dragons-Aire	75.31			70.80
96	34:23	58	Charlotte Evans	F V40	Harrogate Harriers	75.05	96.06	96.64	
97	34:33	131	Guy Williams	V40	Harrogate Harriers	74.79			70.17
98	34:38	586	Rob Driver		Wetherby Runners	74.52			
99	34:40	174	Zeynu Bedru		Harrogate Harriers	74.26			
100	34:41	538	Graham Robinson	V60	Thirsk and Sowerby Harriers	74.00			69.53 92.14
101	34:43	108	Simon Watson	V50	Harrogate Harriers	73.74			68.90
102	34:46	150	Dan Atkinson	V40	Harrogate Harriers	73.47			68.26
103	34:49	256	Nicola Carter	F V45	Knareborough Striders	73.21	95.41	95.80	
104	34:52	309	John Armitstead	V55	Otley AC	72.95			67.63 90.57
105	34:54	66	Simon Moffatt	V45	Harrogate Harriers	72.68			67.00
106	35:01	109	Michael Gill	V45	Harrogate Harriers	72.42			66.36
107	35:01	618	Julie Bucknall	F V40	Wetherby Runners	72.16	94.75	94.96	
108	35:03	3	Sam Fugill		Nidd Valley Road Runners	71.90			
109	35:03	380	Trevor Schofield		Ripon Runners	71.63			
110	35:05	644	Paul Atkinson	V50	Wetherby Runners	71.37			65.73
111	35:06	110	Sarah Gill	F V50	Harrogate Harriers	71.11	94.09	94.12	
112	35:07	692	Nick Ford		Dragons-Aire	70.85			
113	35:08	142	Jon Blane	V50	Harrogate Harriers	70.58			65.09
114	35:12	449	nick oddy	V40	Skipton AC	70.32			64.46
115	35:13	206	Steve Murray	V45	Ilkley Harriers	70.06			63.82

116	35:17	94	Helen Price	F	V45	Harrogate Harriers	69.80	93.44	93.28		
117	35:18	578	Nick Wagstaff		V40	Vocalink Running Club	69.53			63.19	
118	35:19	16	Jonathan Easton			Nidd Valley Road Runners	69.27				
119	35:21	404	Gary Wilks		V40	Ripon Runners	69.01			62.55	
120	35:24	454	Ricky Johnson			Skipton AC	68.75				
121	35:26	461	John Harrison		V50	Skipton AC	68.48			61.92	
122	35:26	46	John Mitton		V45	Nidd Valley Road Runners	68.22			61.28	
123	35:28	621	Angela Reeve	F	V35	Wetherby Runners	67.96	92.78	92.44		
124	35:29	733	John Ward		V65	Ripon Runners	67.70			60.65	89.00
125	35:29	80	John Dalby		V55	Harrogate Harriers	67.43			60.01	87.42
126	35:33	599	David Fennah		V40	Wetherby Runners	67.17			59.38	
127	35:33	275	Ian Mitchell		V50	Knaresborough Striders	66.91			58.75	
128	35:38	537	Charlotte Wilton	F	V35	Thirsk and Sowerby Harriers	66.64	92.13	91.61		
129	35:49	161	Ben Grant		V65	Harrogate Harriers	66.38			58.11	85.85
130	35:51	92	Jaclyn Artist	F		Harrogate Harriers	66.12	91.47			
131	36:00	45	Adam Kirk			Nidd Valley Road Runners	65.86				
132	36:07	93	Martyn Price		V50	Harrogate Harriers	65.59			57.48	
133	36:09	149	Dan Oxtoby		V40	Harrogate Harriers	65.33			56.84	
134	36:13	140	JDan Simmons		V55	Harrogate Harriers	65.07			56.21	84.28
135	36:16	217	Mary Gibbons	F		Ilkley Harriers	64.81	90.82			
136	36:19	265	Sima Lowry	F	V40	Knaresborough Striders	64.54	90.16	90.77		
137	36:23	472	Martin Luxton		V60	Swaledale Road Runners	64.28			55.57	82.71
138	36:29	103	Shaun Morrison			Harrogate Harriers	64.02				
139	36:32	67	Rosalyn Moore	F	V35	Harrogate Harriers	63.76	89.50	89.93		
140	36:34	35	Fiona Deacon	F	V50	Nidd Valley Road Runners	63.49	88.85	89.09		
141	36:35	353	Stephen Boddy			Otley AC	63.23				
142	36:35	603	Adam Hutchinson			Wetherby Runners	62.97				
143	36:38	273	Conrad Garcia		V50	Knaresborough Striders	62.71			54.94	
144	36:38	43	Steve Newton		V45	Nidd Valley Road Runners	62.44			54.30	
145	36:41	378	John Chatwin			Ripon Runners	62.18				
146	36:43	104	Tim Pocock		V55	Harrogate Harriers	61.92			53.67	81.14
147	36:45	377	Neil Dring		V50	Ripon Runners	61.66			53.03	
148	36:47	310	Nicola Lee	F	V35	Otley AC	61.39	88.19	88.25		
149	36:47	305	Michael Pickard		V45	Otley AC	61.13			52.40	
150	36:48	123	Steve Woollven		V40	Harrogate Harriers	60.87			51.76	
151	36:48	253	Sean Brennan		V45	Knaresborough Striders	60.61			51.13	
152	36:51	514	Rob Burn		V60	Thirsk and Sowerby Harriers	60.34			50.50	79.57
153	36:56	207	Paul Stephens		V55	Ilkley Harriers	60.08			49.86	78.00
154	37:00	394	Ray Johnstone		V60	Ripon Runners	59.82			49.23	76.42

155	37:01	596	Nicky Andrews	F	Wetherby Runners	59.55	87.54		
156	37:02	177	Roger Bromiley	V40	Harrogate Harriers	59.29			48.59
157	37:08	464	Rachel Gaunt	F V50	Skipton AC	59.03	86.88	87.41	
158	37:09	475	Zoe Mackay	F V40	Swaledale Road Runners	58.77	86.23	86.57	
159	37:24	322	Kirsty Pomfrett	F	Otley AC	58.50	85.57		
160	37:28	260	Andy Roberts	V50	Knaresborough Striders	58.24			47.96
161	37:31	540	Rob Lickley	V40	Thirsk and Sowerby Harriers	57.98			47.32
162	37:33	666	Steve Clayson		Dragons-Aire	57.72			
163	37:34	14	Alex Crowton		Nidd Valley Road Runners	57.45			
164	37:35	44	Ian McLeod	V60	Nidd Valley Road Runners	57.19			46.69 74.85
165	37:39	662	Kevin Nicholas	V50	Dragons-Aire	56.93			46.05
166	37:41	281	Stewart Hymas	V45	Knaresborough Striders	56.67			45.42
167	37:42	384	Anneke Imeson	F V35	Ripon Runners	56.40	84.92	85.73	
168	37:43	291	Michael Hastings		Otley AC	56.14			
169	37:49	447	Dave Gorman	V50	Skipton AC	55.88			44.78
170	37:55	304	Ian Broadbent	V45	Otley AC	55.62			44.15
171	37:56	144	Charlotte Roberts	F	Harrogate Harriers	55.35	84.26		
172	38:02	49	Jim Cook	V45	Nidd Valley Road Runners	55.09			43.51
173	38:02	369	David Ritson	V45	Ripon Runners	54.83			42.88
174	38:07	139	Rebecca Pearey	F	Harrogate Harriers	54.57	83.60		
175	38:11	6	Rob Snow	V55	Nidd Valley Road Runners	54.30			42.25 73.28
176	38:16	651	Iain Denby	V55	Dragons-Aire	54.04			41.61 71.71
177	38:18	422	Matt Holt	V40	Ripon Runners	53.78			40.98
178	38:20	72	Sue Moul	F V45	Harrogate Harriers	53.51	82.95	84.89	
179	38:22	220	Philip Hirst	V55	Ilkley Harriers	53.25			40.34 70.14
180	38:24	11	Alison Iles	F V40	Nidd Valley Road Runners	52.99	82.29	84.05	
181	38:25	90	Angela Peace	F	Harrogate Harriers	52.73	81.64		
182	38:28	126	Juliette Gregory	F V50	Harrogate Harriers	52.46	80.98	83.22	
183	38:34	409	Steve Silver	V45	Ripon Runners	52.20			39.71
184	38:38	576	Chris Slater		Vocalink Running Club	51.94			
185	38:41	138	Alan Couldwell	V60	Harrogate Harriers	51.68			39.07 68.57
186	38:46	579	Cath Walls	F	Vocalink Running Club	51.41	80.33		
187	38:47	450	Hilary Seward	F V50	Skipton AC	51.15	79.67	82.38	
188	38:48	598	Andrea Normington	F V50	Wetherby Runners	50.89	79.01	81.54	
189	38:54	455	Sue Marshall	F V55	Skipton AC	50.63	78.36	80.70	67.00
190	38:54	272	Julian Carr	V45	Knaresborough Striders	50.36			38.44
191	38:57	124	Rob Athey	V40	Harrogate Harriers	50.10			37.80
192	39:05	127	Russell Gregory	V55	Harrogate Harriers	49.84			37.17 65.42
193	39:06	224	Sarah Hayes	F V45	Ilkley Harriers	49.58	77.70	79.86	

194	39:15	294	Sara Elliott	F	V40	Otley AC	49.31	77.05	79.02		
195	39:15	711	Cathy Stothers	F	V45	Dragons-Aire	49.05	76.39	78.18		
196	39:15	145	Emma Amos	F	V35	Harrogate Harriers	48.79	75.74	77.34		
197	39:16	442	Mel Steventon	F		Skipton AC	48.53	75.08			
198	39:17	466	Karen Hood	F	V35	Skipton AC	48.26	74.43	76.50		
199	39:17	7	Mark Armstrong		V45	Nidd Valley Road Runners	48.00			36.53	
200	39:18	65	Melanie Rice	F	V40	Harrogate Harriers	47.74	73.77	75.66		
201	39:19	658	Sarah Bell	F		Dragons-Aire	47.48	73.11			
202	39:21	423	Jill Holt	F	V45	Ripon Runners	47.21	72.46	74.83		
203	39:23	297	Matt Podd		V55	Otley AC	46.95			35.90	63.85
204	39:27	572	Kieran O'Hara		V45	Vocalink Running Club	46.69			35.26	
205	39:34	387	Tim Joynson		V55	Ripon Runners	46.42			34.63	62.28
206	39:35	468	Jeremy Lamb			Skipton AC	46.16				
207	39:38	343	Mary Hampshire	F	V45	Otley AC	45.90	71.80	73.99		
208	39:39	525	Helen Ashworth	F	V45	Thirsk and Sowerby Harriers	45.64	71.15	73.15		
209	39:40	427	Stan Appleton		V65	Ripon Runners	45.37			34.00	60.71
210	39:40	50	Jenny Manning	F	V45	Nidd Valley Road Runners	45.11	70.49	72.31		
211	39:41	597	Pete Cooper		V45	Wetherby Runners	44.85			33.36	
212	39:43	606	Geoff Lodge		V55	Wetherby Runners	44.59			32.73	59.14
213	39:48	18	Moira McTague	F	V55	Nidd Valley Road Runners	44.32	69.84	71.47		57.57
214	39:52	329	Hugh Pearson		V50	Otley AC	44.06			32.09	
215	39:52	463	Brian Hugill		V45	Skipton AC	43.80			31.46	
216	39:55	672	Steve Davies		V55	Dragons-Aire	43.54			30.82	56.00
217	39:56	125	Tony Essex		V65	Harrogate Harriers	43.27			30.19	54.42
218	40:00	1	Dave Seaman		V65	Nidd Valley Road Runners	43.01			29.55	52.85
219	40:00	60	Stephanie Bryant	F		Harrogate Harriers	42.75	69.18			
220	40:07	22	Simon Franklin		V50	Nidd Valley Road Runners	42.49			28.92	
221	40:07	702	Micheal Jarvis		V45	Dragons-Aire	42.22			28.28	
222	40:09	642	Garry Keenan		V50	Wetherby Runners	41.96			27.65	
223	40:11	517	Sonja Van Der Westhuizen	F	V45	Thirsk and Sowerby Harriers	41.70	68.52	70.63		
224	40:15	608	Richard Bell		V45	Wetherby Runners	41.44			27.01	
225	40:18	376	Simon McCudden		V55	Ripon Runners	41.17			26.38	51.28
226	40:18	19	Christine Holleran	F	V50	Nidd Valley Road Runners	40.91	67.87	69.79		
227	40:19	561	Adrian Cobbin		V40	Vocalink Running Club	40.65			25.75	
228	40:20	73	Eve Hawkins	F	V35	Harrogate Harriers	40.38	67.21	68.95		
229	40:36	83	Paul Berwin		V55	Harrogate Harriers	40.12			25.11	49.71
230	40:38	511	Andy Butcher		V50	Thirsk and Sowerby Harriers	39.86			24.48	
231	40:42	210	Jane Bryant	F	V45	Ilkley Harriers	39.60	66.56	68.11		
232	40:47	21	Carol Morgan	F	V40	Nidd Valley Road Runners	39.33	65.90	67.27		

233	40:49	649	Ruth Stockwell	F	V35	Dragons-Aire	39.07	65.25	66.44		
234	40:56	319	Caron Ralph	F	V45	Otley AC	38.81	64.59	65.60		
235	40:57	458	Antony Radley		V45	Skipton AC	38.55			23.84	
236	41:02	529	Marc Davies		V50	Thirsk and Sowerby Harriers	38.28			23.21	
237	41:08	383	Lesley Willoughby	F	V45	Ripon Runners	38.02	63.94	64.76		
238	41:11	349	Dominic Egan		V45	Otley AC	37.76			22.57	
239	41:13	172	Donald Morgan		V50	Harrogate Harriers	37.50			21.94	
240	41:16	604	Pete Callaghan		V50	Wetherby Runners	37.23			21.30	
241	41:17	429	Phil Moores		V45	Ripon Runners	36.97			20.67	
242	41:19	315	Colin Best		V60	Otley AC	36.71			20.03	48.14
243	41:20	703	Gavin Birkett			Dragons-Aire	36.45				
244	41:20	647	Pete Bryant		V50	Dragons-Aire	36.18			19.40	
245	41:20	201	Geoffrey White			Ilkley Harriers	35.92				
246	41:22	300	Bethany Leitch	F		Otley AC	35.66	63.28			
247	41:28	678	Jamie Melley			Dragons-Aire	35.40				
248	41:37	373	Kim Holden	F	V55	Ripon Runners	35.13	62.62	63.92		46.57
249	41:41	112	Kath Winstanley	F	V45	Harrogate Harriers	34.87	61.97	63.08		
250	41:42	631	Neil Berry			Wetherby Runners	34.61				
251	41:42	79	Yvonne Skelton	F	V60	Harrogate Harriers	34.35	61.31	62.24		45.00
252	41:43	340	Serena Blackburn	F	V50	Otley AC	34.08	60.66	61.40		
253	41:46	457	Kathryn Radley	F	V45	Skipton AC	33.82	60.00	60.56		
254	41:46	418	Stella Morgan	F	V35	Ripon Runners	33.56	59.35	59.72		
255	41:48	33	Debbie Gibson	F	V50	Nidd Valley Road Runners	33.29	58.69	58.88		
256	41:48	650	Andrea Stevenson	F	V50	Dragons-Aire	33.03	58.03	58.05		
257	41:49	623	Valerie Bell	F	V45	Wetherby Runners	32.77	57.38	57.21		
258	41:51	676	Jan Davies	F	V50	Dragons-Aire	32.51	56.72	56.37		
259	41:52	569	Sarah Hart	F	V40	Vocalink Running Club	32.24	56.07	55.53		
260	41:55	12	Hannah Peagram	F	V40	Nidd Valley Road Runners	31.98	55.41	54.69		
261	42:07	399	Chris Appleton		V55	Ripon Runners	31.72			18.76	43.42
262	42:11	317	Andrew Rayner		V50	Otley AC	31.46			18.13	
263	42:12	648	Louise Johnson	F	V35	Dragons-Aire	31.19	54.76	53.85		
264	42:15	114	Elizabeth Turner	F		Harrogate Harriers	30.93	54.10			
265	42:17	704		F	V75	Dragons-Aire	30.67	53.45	53.01		41.85
266	42:18	4	Nick Smith		V55	Nidd Valley Road Runners	30.41			17.50	40.28
267	42:19	363	Jane Grundy	F		Ripon Runners	30.14	52.79			
268	42:21	646	Nicky Stevenson	F	V40	Dragons-Aire	29.88	52.13	52.17		
269	42:25	23	Sarah Hughan	F	V35	Nidd Valley Road Runners	29.62	51.48	51.33		
270	42:27	336	Daniel Mundet		V40	Otley AC	29.36			16.86	
271	42:29	580	Neil Warr		V40	Vocalink Running Club	29.09			16.23	

272	42:31	82	Mark Hattersley	V50	Harrogate Harriers	28.83			15.59	
273	42:31	695	Carole Keighley	F V55	Dragons-Aire	28.57	50.82	50.50		38.71
274	42:33	573	Keran Peters	F V45	Vocalink Running Club	28.31	50.17	49.66		
275	42:34	443	Siobhan McGranaghan	F	Skipton AC	28.04	49.51			
276	42:37	467	Adrian Haworth	V40	Skipton AC	27.78			14.96	
277	42:39	664	Karen Kirkbright	F V50	Dragons-Aire	27.52	48.86	48.82		
278	42:43	446	Emma Newbould	F V45	Skipton AC	27.25	48.20	47.98		
279	42:44	568	Gareth Hardcastle	V40	Vocalink Running Club	26.99			14.32	
280	42:45	600	Drew Ward	V60	Wetherby Runners	26.73			13.69	37.14
281	42:49	581	Alex Whapples	F V45	Vocalink Running Club	26.47	47.54	47.14		
282	42:52	24	Catherine Barber	F	Nidd Valley Road Runners	26.20	46.89			
283	42:53	301	Isla Hird	F U18	Otley AC	25.94	46.23			
284	42:59	674	Joanne Miller	F V35	Dragons-Aire	25.68	45.58	46.30		
285	43:04	465	Victoria Wilson	F V40	Skipton AC	25.42	44.92	45.46		
286	43:09	716	Ian Hepworth	V65	Richmond & Zetland Harriers	25.15			13.05	35.57
287	43:11	607	Oliver Johnson		Wetherby Runners	24.89				
288	43:27	365	Angie Benson	F V50	Ripon Runners	24.63	44.27	44.62		
289	43:32	314	Laura Hind	F V35	Otley AC	24.37	43.61	43.78		
290	43:32	462	Matthew Oddy		Skipton AC	24.10				
291	43:33	566	Richard Gorman	V40	Vocalink Running Club	23.84			12.42	
292	43:33	392	Fiona Alder	F V55	Ripon Runners	23.58	42.96	42.94		34.00
293	43:35	476	Alan Mackay	V40	Swaledale Road Runners	23.32			11.78	
294	43:35	27	Rachael Prince	F V40	Nidd Valley Road Runners	23.05	42.30	42.11		
295	43:37	669	Arlene Davies	F V50	Dragons-Aire	22.79	41.64	41.27		
296	43:38	509	Phillip Craig		Thirsk and Sowerby Harriers	22.53				
297	43:41	709	Charlotte Connolly	F	Dragons-Aire	22.27	40.99			
298	43:43	113	Georgina Townsend	F	Harrogate Harriers	22.00	40.33			
299	43:51	270	Sue Morley	F V60	Knaresborough Striders	21.74	39.68	40.43		32.42
300	44:00	269	Eric Morley	V60	Knaresborough Striders	21.48			11.15	30.85
301	44:02	342	Gilly Wright	F	Otley AC	21.22	39.02			
302	44:08	677	Glyn Smyth	V50	Dragons-Aire	20.95			10.51	
303	44:11	8	Christine Jones	F V50	Nidd Valley Road Runners	20.69	38.37	39.59		
304	44:18	102	Sarah Bromiley	F V40	Harrogate Harriers	20.43	37.71	38.75		
305	44:32	334	Hannah Lupton	F V35	Otley AC	20.16	37.05	37.91		
306	44:32	653	Alice Denby	F V60	Dragons-Aire	19.90	36.40	37.07		29.28
307	44:49	338	Sara Richards	F V45	Otley AC	19.64	35.74	36.23		
308	44:53	204	Julie Elmes	F V45	Ilkley Harriers	19.38	35.09	35.39		
309	44:56	420	Helen Pickard	F V60	Ripon Runners	19.11	34.43	34.55		27.71
310	44:59	74	Richard Burton	V55	Harrogate Harriers	18.85			9.88	26.14

311	45:01	251	Thomas Burrell	V40	Knaresborough Striders	18.59			9.25	
312	45:03	34	Janet Carling	F V55	Nidd Valley Road Runners	18.33	33.78	33.72		24.57
313	45:09	705	Sharon Warrington	F V40	Dragons-Aire	18.06	33.12	32.88		
314	45:11	303	Lisa Maughan	F V40	Otley AC	17.80	32.47	32.04		
315	45:14	278	Tony Everett	V50	Knaresborough Striders	17.54			8.61	
316	45:16	419	Lester Pickard	V60	Ripon Runners	17.28			7.98	23.00
317	45:19	38	Ewa Scott	F V40	Nidd Valley Road Runners	17.01	31.81	31.20		
318	45:23	29	Debbie Dilasser	F V35	Nidd Valley Road Runners	16.75	31.15	30.36		
319	45:30	388	Lena Conlin	F V45	Ripon Runners	16.49	30.50	29.52		
320	45:38	40	Neil Wright		Nidd Valley Road Runners	16.23				
321	45:41	386	Amy Berriman	F	Ripon Runners	15.96	29.84			
322	45:52	86	Andrew Brown	V50	Harrogate Harriers	15.70			7.34	
323	46:05	679	Joanne Whitaker	F V45	Dragons-Aire	15.44	29.19	28.68		
324	46:13	203	Donald Macrae	V70	Ilkley Harriers	15.18			6.71	21.42
325	46:14	279	Claire Killingworth	F	Knaresborough Striders	14.91	28.53			
326	46:27	202	Laura Dawes	F	Ilkley Harriers	14.65	27.88			
327	46:34	673	Stuart Hall	V45	Dragons-Aire	14.39			6.07	
328	46:34	671	Richard Wysocki	V55	Dragons-Aire	14.12			5.44	19.85
329	46:39	32	Rebecca Ventress	F V40	Nidd Valley Road Runners	13.86	27.22	27.84		
330	46:50	302	Sally White	F	Otley AC	13.60	26.56			
331	46:54	481	Chris Sayer	F V55	Swaledale Road Runners	13.34	25.91	27.00		18.28
332	46:54	477	Nicky Logan	F V35	Swaledale Road Runners	13.07	25.25	26.16		
333	46:58	331	Anna Murtough	F V40	Otley AC	12.81	24.60	25.33		
334	47:01	661	Carolyn Park	F V40	Dragons-Aire	12.55	23.94	24.49		
335	47:08	710	Emma Williment	F	Dragons-Aire	12.29	23.29			
336	47:15	667	Clare Pierce	F V60	Dragons-Aire	12.02	22.63	23.65		16.71
337	47:25	480	Andy Broadley	V50	Swaledale Road Runners	11.76			4.80	
338	47:35	277	Tracey Allison	F V50	Knaresborough Striders	11.50	21.98	22.81		
339	47:37	575	Liz Robertshaw	F V35	Vocalink Running Club	11.24	21.32	21.97		
340	48:15	320	Emma Thomson	F	Otley AC	10.97	20.66			
341	48:35	483	Karen Thorpe	F V50	Swaledale Road Runners	10.71	20.01	21.13		
342	48:37	292	Claire Hastings	F	Otley AC	10.45	19.35			
343	48:38	158	Matthew Lucock		Harrogate Harriers	10.19				
344	48:47	268	Edna Wood	F V50	Knaresborough Striders	9.92	18.70	20.29		
345	48:55	20	Michelle Smith	F V45	Nidd Valley Road Runners	9.66	18.04	19.45		
346	48:55	28	Andrea Bowen	F V40	Nidd Valley Road Runners	9.40	17.39	18.61		
347	49:01	216	Bernadette Gibbons	F V60	Ilkley Harriers	9.14	16.73	17.77		15.14
348	49:11	522	Duncan Fothergill	V40	Thirsk and Sowerby Harriers	8.87			4.17	
349	49:19	372	Dawn Griffin	F V50	Ripon Runners	8.61	16.07	16.94		

350	49:22	411	Robin Kehoe	V55	Ripon Runners	8.35			3.53	13.57
351	49:31	9	Jane Hill	F V40	Nidd Valley Road Runners	8.09	15.42	16.10		
352	49:38	25	Sarah Chalmers	F V50	Nidd Valley Road Runners	7.82	14.76	15.26		
353	49:49	101	Jacqueline Flynn	F V50	Harrogate Harriers	7.56	14.11	14.42		
354	49:52	469	Paul Norman	V55	Skipton AC	7.30			2.90	12.00
355	50:07	78	Diane Addison	F V50	Harrogate Harriers	7.03	13.45	13.58		
356	50:37	37	Michelle Dinsdale	F V40	Nidd Valley Road Runners	6.77	12.80	12.74		
357	50:54	214	Tracy Russell	F V55	Ilkley Harriers	6.51	12.14	11.90		10.42
358	50:54	366	Sarah Swinscoe	F V45	Ripon Runners	6.25	11.49	11.06		
359	51:09	215	Kate Lofthouse	F V50	Ilkley Harriers	5.98	10.83	10.22		
360	51:13	659	Carmen Dojahn-Wood	F V50	Dragons-Aire	5.72	10.17	9.38		
361	51:23	699	Rachel Jovanovic	F	Dragons-Aire	5.46	9.52			
362	51:25	515	Christine Burn	F V60	Thirsk and Sowerby Harriers	5.20	8.86	8.55		8.85
363	51:26	567	Chantelle Hankinson	F	Vocalink Running Club	4.93	8.21			
364	51:26	701	Amanda Connolly	F V45	Dragons-Aire	4.67	7.55	7.71		
365	51:36	632	Sharon Smith	F V55	Wetherby Runners	4.41	6.90	6.87		7.28
366	51:47	571	Beth Littlewood	F	Vocalink Running Club	4.15	6.24			
367	52:26	115	Amy Whiting	F	Harrogate Harriers	3.88	5.58			
368	52:36	550	Gillian Crane	F V60	Thirsk and Sowerby Harriers	3.62	4.93	6.03		5.71
369	52:49	668	Anne Perason	F V50	Dragons-Aire	3.36	4.27	5.19		
370	52:50	655	Alison Parker	F V50	Dragons-Aire	3.10	3.62	4.35		
371	52:57	516	Drikus Van Der Westhuizen		Thirsk and Sowerby Harriers	2.83				
372	53:00	346	Antonio Cardinale	V65	Otley AC	2.57			2.26	4.14
373	53:04	582	David Whapples	V45	Vocalink Running Club	2.31			1.63	
374	53:08	405	Maggie Driffield	F V55	Ripon Runners	2.05	2.96	3.51		2.57
375	53:11	593	Megan Hatfield	F V45	Wetherby Runners	1.78	2.31	2.67		
376	53:44	506	Sharon Keegan	F V50	Thirsk and Sowerby Harriers	1.52	1.65	1.83		
377	53:45	528	Bev Davies	F V50	Thirsk and Sowerby Harriers	1.26	1.00	1.00		
378	58:28	527	Ian Codling	V75	Thirsk and Sowerby Harriers	1.00			1.00	1.00

Team Results	Main	Ladies	LVets	Vets	SVets	Elite mm.ss
Dragons-Aire	574.03	369.50	202.67	217.56	237.55	103.27
Harrogate Harriers	925.11	485.55	295.80	461.27	446.54	83.08
Ilkley Harriers	822.45	369.51	183.36	384.48	195.12	85.57
Knarborough Striders	801.43	275.76	227.00	258.20	63.27	90.24
Nidd Valley Road Runners	803.01	379.34	245.45	406.05	298.83	93.56
Otley AC	971.06	387.20	241.26	474.59	206.70	81.06
Richmond & Zetland Harriers	196.26	0.00	0.00	86.39	35.57	107.05
Ripon Runners	895.17	382.62	259.72	414.95	339.69	87.34
Skipton AC	714.50	394.42	250.49	284.21	175.85	94.47
Swaledale Road Runners	363.72	157.40	139.73	236.61	200.99	101.09
Thirsk and Sowerby Harriers	658.04	245.59	235.39	346.40	284.69	92.58
Vocalink Running Club	465.03	255.43	152.33	227.10	0.00	105.28
Wetherby Runners	879.15	411.46	268.94	462.52	103.56	87.09