

HDSRL 2017 Race 3**Individual**

Posn	Time mm.ss	Race #	Name	F? Vet	Club	Points
1	22:58	246	Andrew Grant	V45	Harrogate Harriers	100.00
2	23:19	1092	Ben Pease		Ripon Runners	99.77
3	23:42	1104	Reece Dalton		Ripon Runners	99.55
4	24:04	1017	Rob Scott		Richmond & Zetland Harriers	99.33
5	24:11	1287	Paul Millgate	V40	Wetherby Runners	99.11
6	24:27	240	Jonathan Johnson		Harrogate Harriers	98.89
7	24:41	182	Mike Burrett	V40	Harrogate Harriers	98.66
8	24:58	745	Andrew Dobby	V45	Harrogate Harriers	98.44
9	25:13	54	John Young		Harrogate Harriers	98.22
10	25:20	851	Ruaridh Mon-Williams		Ilkley Harriers	98.00
11	25:41	1124	Tim Chadwick		Skipton AC	97.78
12	25:48	877	Tom Calvert		Knarborough Striders	97.55
13	25:52	1283	Joseph Kwallah	V45	Wetherby Runners	97.33
14	26:07	975	Gary Johnson		Otley AC	97.11
15	26:12	1394	Spikey Amberry-Smith		Ripon Runners	96.89
16	26:12	903	Matt Wilkinson		Nidd Valley Road Runners	96.67
17	26:17	914	Mark Tobin	V40	Wetherby Runners	96.44
18	26:19	928	Adam Kirk		Nidd Valley Road Runners	96.22
19	26:23	791	Robin Outtersides		Otley AC	96.00
20	26:25	992	Liam Dunne	V40	Otley AC	95.78
21	26:27	929	Alex Patrickson		Nidd Valley Road Runners	95.56
22	26:27	798	Sharon Barlow	F V35	Harrogate Harriers	95.33
23	26:35	1265	Derek McCreadie	V40	Ripon Runners	95.11
24	26:46	1055	Simon Cave	V40	Ripon Runners	94.89
25	26:50	1398	Toby Hillery		Wetherby Runners	94.67
26	26:54	237	Josh Fuller		Harrogate Harriers	94.45
27	26:59	234	Charles Casey		Harrogate Harriers	94.22
28	27:01	493	David Oldfield		Harrogate Harriers	94.00
29	27:14	1282	Mark Holt	V40	Wetherby Runners	93.78
30	27:21	886	James Cornforth		Knarborough Striders	93.56
31	27:26	939	Edoardo Piano		Nidd Valley Road Runners	93.34
32	27:27	1079	James Boddy		Ripon Runners	93.11
33	27:28	1312	Paul Nelson	V50	Wetherby Runners	92.89
34	27:32	947	Tom Lynch		Otley AC	92.67
35	27:33	1393	Jim Berriman		Ripon Runners	92.45
36	27:35	1197	Cameron Choules	V45	Thirsk and Sowerby Harriers	92.23
37	27:37	965	Graham Lake	V40	Otley AC	92.00
38	27:46	1337	Warren Lowcock		Nidd Valley Road Runners	91.78
39	27:48	1021	Ronnie Corbett	V45	Richmond & Zetland Harriers	91.56
40	27:50	766	Tom Borrowdale		Harrogate Harriers	91.34
41	27:50	687	Jason Millward		Harrogate Harriers	91.12
42	27:51	1094	Mark Ryder		Ripon Runners	90.89
43	27:53	742	Crystal Goecker	F V35	Harrogate Harriers	90.67
44	27:57	496	Timothy Richardson		Harrogate Harriers	90.45
45	27:58	688	Paul Stockburn	V55	Harrogate Harriers	90.23
46	27:59	1296	Andrew Walsh		Wetherby Runners	90.01
47	28:00	870	Andy Robinson		Knarborough Striders	89.78
48	28:03	744	Ben Grant	V65	Harrogate Harriers	89.56
49	28:06	137	Adam Prentis	V50	Harrogate Harriers	89.34
50	28:06	1061	Lee Stanley	V40	Ripon Runners	89.12
51	28:09	1276	David Carberry	V45	Wetherby Runners	88.90
52	28:12	900	Martin Lofthouse	V45	Nidd Valley Road Runners	88.67
53	28:14	187	Gareth Somerville		Harrogate Harriers	88.45
54	28:14	1277	Stella Cross	F U18	Wetherby Runners	88.23
55	28:17	162	Geoff King	V60	Harrogate Harriers	88.01

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56	28:19	1300	Paul Windle	V50	Wetherby Runners	87.79
57	28:26	1172	Gavin Longley		Wetherby Runners	87.56
58	28:29	751	Graham Molyneux	V55	Harrogate Harriers	87.34
59	28:30	941	Andy Todd	V50	Nidd Valley Road Runners	87.12
60	28:34	1175	Derek Parrington	V50	Swaledale Runners	86.90
61	28:38	200	Michael Gill	V50	Harrogate Harriers	86.68
62	28:40	1121	Trevor Schofield		Ripon Runners	86.45
63	28:40	1307	Chris Plews	V40	Wetherby Runners	86.23
64	28:40	1299	James Windle	U18	Wetherby Runners	86.01
65	28:43	1138	Gavin Smith		Skipton AC	85.79
66	28:45	1068	Ben Imeson	V40	Ripon Runners	85.57
67	28:45	1169	Mark Sowerby	V45	Swaledale Runners	85.34
68	28:49	1111	John Chatwin		Ripon Runners	85.12
69	28:50	806	Richard Walker	V40	Dragons-Aire	84.90
70	28:52	1217	Stephan Tomaszewski	V55	Thirsk and Sowerby Harriers	84.68
71	28:53	1133	Michael Mcinnes	V40	Skipton AC	84.46
72	28:56	868	James Wright		Knarborough Striders	84.23
73	29:05	1014	tom paget		Otley AC	84.01
74	29:05	911	Sam Fugill		Nidd Valley Road Runners	83.79
75	29:08	1244	Steve Peters	V45	Vocalink Running Club	83.57
76	29:10	563	Martin Shaw	V45	Harrogate Harriers	83.35
77	29:11	1040	Dave Binks	V45	Ripon Runners	83.13
78	29:13	1284	Nils Linstrum		Wetherby Runners	82.90
79	29:14	1176	Tom Brothwell		Wetherby Runners	82.68
80	29:14	152	Nick Andralojc	V55	Harrogate Harriers	82.46
81	29:14	905	Alan Davidson	V50	Nidd Valley Road Runners	82.24
82	29:15	168	Paul Richardson	V40	Harrogate Harriers	82.02
83	29:21	1319	Rob Clarke		Knarborough Striders	81.79
84	29:24	1298	Robert Whitaker	V40	Wetherby Runners	81.57
85	29:25	189	Simon Watson	V55	Harrogate Harriers	81.35
86	29:29	250	Nathan Smith	V40	Harrogate Harriers	81.13
87	29:34	1166	Dave Atkinson	V40	Swaledale Runners	80.91
88	29:35	1036	Shamiso Sisimayi	F V35	Harrogate Harriers	80.68
89	29:40	685	Jaysson Sawyer	V40	Harrogate Harriers	80.46
90	29:42	1308	Tim Tunnard	V45	Wetherby Runners	80.24
91	29:51	822	Ellie Kitchen	F	Ilkley Harriers	80.02
92	29:56	199	Simon Moffatt	V50	Harrogate Harriers	79.80
93	30:03	1331	Kevin Nicholas	V50	Nidd Valley Road Runners	79.57
94	30:04	494	Ian Rowbotham	V55	Harrogate Harriers	79.35
95	30:05	167	Sam Nelson	F	Harrogate Harriers	79.13
96	30:06	1320	Anthony Mulley		Knarborough Striders	78.91
97	30:08	1335	Dan Eagling		Nidd Valley Road Runners	78.69
98	30:08	238	Iain Entwistle	V40	Harrogate Harriers	78.46
99	30:09	232	Sarah Gill	F V50	Harrogate Harriers	78.24
100	30:11	290	Richard Willis	V45	Harrogate Harriers	78.02
101	30:13	1008	Steve Robinson	V40	Otley AC	77.80
102	30:15	1118	Sally Houghton	F V50	Ripon Runners	77.58
103	30:16	1085	Michael Hall	V50	Ripon Runners	77.35
104	30:17	680	Darren West	V50	Harrogate Harriers	77.13
105	30:18	1260	Chris Slater		Vocalink Running Club	76.91
106	30:24	1290	Rebecca Normington	F	Wetherby Runners	76.69
107	30:27	1076	Kari Munro	F V35	Ripon Runners	76.47
108	30:31	919	Jamie Dilasser	V45	Nidd Valley Road Runners	76.24
109	30:37	1355	Emma Sorby	F U18	Ripon Runners	76.02
110	30:38	752	Adam Newton		Harrogate Harriers	75.80
111	30:39	869	Nicola Carter	F V45	Knarborough Striders	75.58

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112	30:43	235	Stephen Kirk		V45	Harrogate Harriers	75.36
113	30:45	1399	Emily Legg	F		Wetherby Runners	75.13
114	30:45	979	John Armitstead		V55	Otley AC	74.91
115	30:47	880	Ian Mitchell		V50	Knaresborough Striders	74.69
116	30:51	1380	Lee Welsby		V45	Nidd Valley Road Runners	74.47
117	30:53	197	Geoffrey Hirst			Harrogate Harriers	74.25
118	30:55	983	Colin Dennison			Otley AC	74.02
119	30:55	887	Phillip Cornforth		V45	Knaresborough Striders	73.80
120	30:57	790	Steven Boddy			Otley AC	73.58
121	30:58	495	Helen Mercer-Jones	F	V35	Harrogate Harriers	73.36
122	31:04	932	Simon Franklin		V50	Nidd Valley Road Runners	73.14
123	31:11	1096	Mike Hernandez		V45	Ripon Runners	72.91
124	31:11	284	Jon Blane		V55	Harrogate Harriers	72.69
125	31:12	286	Charlotte Evans	F	V40	Harrogate Harriers	72.47
126	31:14	891	Seema Lowery	F	V40	Knaresborough Striders	72.25
127	31:14	1295	Nick Wallhead			Wetherby Runners	72.03
128	31:19	1251	Chris Laycock		V50	Vocalink Running Club	71.80
129	31:20	1268	Nicky Andres	F		Wetherby Runners	71.58
130	31:27	106	Kevin-Malachy Murphy		V60	Harrogate Harriers	71.36
131	31:29	1001	Michael Hastings			Otley AC	71.14
132	31:29	1149	Lorna Wrigley	F		Harrogate Harriers	70.92
133	31:29	1327	Steve Turner		V45	Nidd Valley Road Runners	70.69
134	31:30	931	Carol Morgan	F	V40	Nidd Valley Road Runners	70.47
134	31:30	907	Dave Shores		V45	Nidd Valley Road Runners	70.25
136	31:31	1016	Tony Walker		V55	Otley AC	70.03
137	31:32	164	Wendy Marks	F	V45	Harrogate Harriers	69.81
138	31:33	1221	Robert Burn		V60	Thirsk and Sowerby Harriers	69.58
139	31:35	1091	Lewis Brooks		U18	Ripon Runners	69.36
140	31:36	753	Ken Souyave		V65	Harrogate Harriers	69.14
141	31:38	1107	Andy Turner		V55	Ripon Runners	68.92
142	31:45	1155	Catherine Ostler	F	V50	Harrogate Harriers	68.70
143	31:48	1174	Alan Mackay		V40	Swaledale Runners	68.47
144	32:03	1205	Charlotte Wilton	F	V40	Thirsk and Sowerby Harriers	68.25
145	32:04	1007	Paul Clifford		V50	Otley AC	68.03
146	32:07	1156	Steve Woollven		V45	Harrogate Harriers	67.81
147	32:08	797	Donna Riddler	F	V35	Richmond & Zetland Harriers	67.59
148	32:09	173	James Wall		V45	Harrogate Harriers	67.36
149	32:12	1020	Kevin Bond		V40	Richmond & Zetland Harriers	67.14
150	32:18	810	William Woodhead			Dragons-Aire	66.92
151	32:18	895	Simon Rider		V40	Knaresborough Striders	66.70
152	32:19	925	Jonathon Easton			Nidd Valley Road Runners	66.48
153	32:22	867	Sean Brennan		V45	Knaresborough Striders	66.26
154	32:23	835	Paul Stephens		V55	Ilkley Harriers	66.03
155	32:24	247	Tim Pocock		V55	Harrogate Harriers	65.81
156	32:26	889	Stewart Hymas		V45	Knaresborough Striders	65.59
157	32:28	192	Shaun Morrison			Harrogate Harriers	65.37
158	32:30	831	malcolm pickering		V65	Ilkley Harriers	65.15
159	32:33	245	Andrew Collins			Harrogate Harriers	64.92
160	32:34	1395	David Allen		V40	Ripon Runners	64.70
161	32:35	1116	Alan Hansen		V55	Ripon Runners	64.48
162	32:40	917	Ben Baird			Nidd Valley Road Runners	64.26
163	32:40	1064	Gary Wilks		V40	Ripon Runners	64.04
164	32:43	746	Alex Macey		V50	Harrogate Harriers	63.81
165	32:46	287	Julie Patmore	F	V50	Harrogate Harriers	63.59
166	32:46	758	Emma Robinson	F	V35	Harrogate Harriers	63.37
167	32:46	1046	Neil Dring		V55	Ripon Runners	63.15

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168	32:47	487	David Fennah	V45	Harrogate Harriers	62.93
169	32:48	923	John Mitton	V45	Nidd Valley Road Runners	62.70
170	32:50	1334	Damien Hanslip	V50	Nidd Valley Road Runners	62.48
171	32:54	195	Donald Morgan	V50	Harrogate Harriers	62.26
172	32:55	1051	Steve Silver	V45	Ripon Runners	62.04
173	32:58	184	Dave Ladell	V45	Harrogate Harriers	61.82
174	33:01	800	Gavin Birkett		Dragons-Aire	61.59
175	33:01	170	Andy Laverick	V40	Harrogate Harriers	61.37
176	33:03	1145	John Harrison	V50	Skipton AC	61.15
177	33:03	1127	Melanie Ives	F	Skipton AC	60.93
178	33:04	359	Tim Broomfield	V60	Harrogate Harriers	60.71
179	33:05	1344	Mike Deacon	V50	Nidd Valley Road Runners	60.48
180	33:08	924	Sue Simpson	F V55	Nidd Valley Road Runners	60.26
181	33:09	1192	Martyn Coy	V45	Thirsk and Sowerby Harriers	60.04
182	33:14	963	Sara Elliott	F V45	Otley AC	59.82
183	33:21	1084	Andrew Webster	V45	Ripon Runners	59.60
184	33:23	1033	Caroline Oldfield	F	Harrogate Harriers	59.37
185	33:25	948	John Dade	V50	Otley AC	59.15
186	33:28	814	Nick Jovanovic		Dragons-Aire	58.93
187	33:28	1103	Chloe Dalton	F U16	Ripon Runners	58.71
188	33:29	1143	Rachel Gaunt	F V50	Skipton AC	58.49
189	33:30	922	James Cook	V45	Nidd Valley Road Runners	58.26
190	33:34	985	Liz Yates	F V40	Otley AC	58.04
191	33:34	690	John Dalby	V60	Harrogate Harriers	57.82
192	33:35	1289	Andrea Normington	F V55	Wetherby Runners	57.60
193	33:42	1100	John Ward	V65	Ripon Runners	57.38
194	33:44	1358	Stuart Pender	V50	Ripon Runners	57.15
195	33:53	990	Andy Webster	V45	Otley AC	56.93
196	33:58	1316	Marcus Murray		Wetherby Runners	56.71
197	34:04	803	Nick Leathley	V55	Dragons-Aire	56.49
198	34:04	1137	Hilary Seward	F V50	Skipton AC	56.27
199	34:05	957	Matt Podd	V60	Otley AC	56.04
200	34:06	1318	Niamh Falconer	F	Knarborough Striders	55.82
201	34:07	988	Nicola Lee	F V35	Otley AC	55.60
202	34:11	1214	Hilary Coventry	F V50	Thirsk and Sowerby Harriers	55.38
203	34:12	1314	Phoebe Coster	F U18	Wetherby Runners	55.16
204	34:13	1315	Emma Coster	F V45	Wetherby Runners	54.93
205	34:15	807	Michael Buckle		Dragons-Aire	54.71
206	34:18	1067	Anneke Imeson	F V40	Ripon Runners	54.49
207	34:20	940	Richard Taylor	V40	Nidd Valley Road Runners	54.27
208	34:22	1342	Emma Dooley	F V40	Nidd Valley Road Runners	54.05
209	34:24	1101	Sarah Hood	F V45	Ripon Runners	53.82
210	34:25	838	David Ibbotson	V55	Ilkley Harriers	53.60
211	34:27	912	Paul Manning	V45	Nidd Valley Road Runners	53.38
212	34:29	964	Ian Broadbent	V45	Otley AC	53.16
213	34:29	793	Sarah Bell	F	Dragons-Aire	52.94
214	34:30	1053	Jane Grundy	F	Ripon Runners	52.71
215	34:33	1263	Michael Barlow		Vocalink Running Club	52.49
216	34:35	1038	Dave Ritson	V45	Ripon Runners	52.27
217	34:37	747	Peter Edwards	V55	Harrogate Harriers	52.05
218	34:37	1109	Phil Moores	V45	Ripon Runners	51.83
219	34:38	505	Elizabeth Turner	F	Harrogate Harriers	51.60
220	34:41	1126	David Gorman	V55	Skipton AC	51.38
221	34:43	1382	Liam Marwood	U18	Nidd Valley Road Runners	51.16
222	34:43	908	Phil Robinson	V50	Nidd Valley Road Runners	50.94
223	34:45	243	Stephen Nesbitt	V45	Harrogate Harriers	50.72

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224	34:47	1178	Richard Kirkham	V40	Harrogate Harriers	50.50
225	34:48	858	Mark Armstrong	V50	Nidd Valley Road Runners	50.27
226	34:51	906	Ian McLeod	V60	Nidd Valley Road Runners	50.05
227	34:57	1202	Sonja Van Der Westhuizen	F V50	Thirsk and Sowerby Harriers	49.83
228	35:02	825	Caroline Howe	F V35	Ilkley Harriers	49.61
229	35:06	1006	Michael Pickard	V50	Otley AC	49.39
230	35:09	1211	Dave Baker		Thirsk and Sowerby Harriers	49.16
231	35:12	770	Pete Bryant	V50	Dragons-Aire	48.94
232	35:13	915	Rachel Hebblewhite	F V35	Nidd Valley Road Runners	48.72
233	35:15	865	Dave Halliday	V50	Knaresborough Striders	48.50
234	35:16	827	Jean Sullivan	F V45	Ilkley Harriers	48.28
235	35:17	1129	Hazel Ives	F V55	Skipton AC	48.05
236	35:18	1391	Mark Brooks	V40	Ripon Runners	47.83
237	35:21	783	Paul Tomlinson	V45	Dragons-Aire	47.61
238	35:26	973	Gilly Wright	F	Otley AC	47.39
239	35:28	1044	Simon McCudden	V55	Ripon Runners	47.17
240	35:32	1144	Mark Desgranges		Skipton AC	46.94
241	35:33	1353	Suzanne Rickard	F V45	Ripon Runners	46.72
242	35:38	1147	Russell Burgess	V50	Skipton AC	46.50
243	35:41	1009	Caron Ralph	F V45	Otley AC	46.28
244	35:47	1341	Christine Jones	F V50	Nidd Valley Road Runners	46.06
245	35:49	1384	Oliver Scott	U16	Ripon Runners	45.83
246	35:51	1257	Beth Littlewood	F	Vocalink Running Club	45.61
247	35:55	748	Steve Bowyer	V50	Harrogate Harriers	45.39
248	35:59	1385	James Stuart-Mills	V45	Ripon Runners	45.17
249	36:01	1136	Antony Radley	V50	Skipton AC	44.95
250	36:03	1114	Jill Holt	F V45	Ripon Runners	44.72
251	36:04	1210	Steven Scott	V45	Thirsk and Sowerby Harriers	44.50
252	36:09	282	Eve Hawkins	F V35	Harrogate Harriers	44.28
253	36:11	974	Chris Brunold	F V50	Otley AC	44.06
254	36:14	1392	Catherine Leonard	F V50	Ripon Runners	43.84
255	36:17	1332	Christine Holleran	F V50	Nidd Valley Road Runners	43.61
256	36:19	1045	Helen Hall	F V45	Ripon Runners	43.39
257	36:23	233	Neil Hindmarch	V55	Harrogate Harriers	43.17
258	36:25	841	Geoffrey White		Ilkley Harriers	42.95
259	36:31	952	Colin Best	V60	Otley AC	42.73
260	36:34	1034	Adam Ball	V45	Vocalink Running Club	42.50
261	36:34	1248	Luke Fitzgerald	V45	Vocalink Running Club	42.28
262	36:38	1032	Paula Prentis	F V55	Harrogate Harriers	42.06
263	36:40	909	Sarah Hughan	F V35	Nidd Valley Road Runners	41.84
264	36:44	942	Rob Snow	V55	Nidd Valley Road Runners	41.62
265	36:46	498	Tony Essex	V65	Harrogate Harriers	41.39
266	36:49	833	Alison Bennett	F V55	Ilkley Harriers	41.17
267	36:49	1387	Steve Grange	V50	Ripon Runners	40.95
268	36:51	1377	Aly Iles	F V40	Nidd Valley Road Runners	40.73
269	36:53	180	Melanie Rice	F V40	Harrogate Harriers	40.51
270	36:57	1233	Fran Jeffery	F V35	Thirsk and Sowerby Harriers	40.28
271	37:08	190	Russell Gregory	V60	Harrogate Harriers	40.06
272	37:10	786	Graham Burns		Dragons-Aire	39.84
273	37:10	840	Paul Sugden	V55	Ilkley Harriers	39.62
274	37:12	966	Urslula Mcgouran	F V55	Otley AC	39.40
275	37:15	808	Michael Jarvis	V45	Dragons-Aire	39.17
276	37:16	1240	Philip Craig		Thirsk and Sowerby Harriers	38.95
277	37:16	1231	Marc Davies	V50	Thirsk and Sowerby Harriers	38.73
278	37:22	1357	Ray Johnstone	V60	Ripon Runners	38.51
279	37:25	99	Sarah Beecher	F V50	Harrogate Harriers	38.29

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280	37:25	949	Andrew Rayner	V50	Otley AC	38.06
281	37:27	888	Anna Cornforth	F	Knarborough Striders	37.84
282	37:29	1160	Evan Jones	V50	Swaledale Runners	37.62
283	37:30	1372	Nicole Sutton	F V40	Ripon Runners	37.40
284	37:32	1161	Richard Soper	V55	Swaledale Runners	37.18
285	37:34	1089	Martin Whipp	F V40	Ripon Runners	36.95
286	37:38	1088	Angie Benson	F V50	Ripon Runners	36.73
287	37:39	981	Ericks Zvaigzne	V60	Otley AC	36.51
288	37:41	1250	Andrew Tattersall	V50	Vocalink Running Club	36.29
289	37:42	991	Gill Park	F	Otley AC	36.07
290	37:43	743	Liz Sandell	F	Harrogate Harriers	35.84
291	37:46	1264	Adrian Cobbin	V40	Vocalink Running Club	35.62
292	37:47	771	Glyn Smyth	V55	Dragons-Aire	35.40
293	37:48	1066	Kim Holden	F V55	Ripon Runners	35.18
294	37:51	1125	Angela Dowbiggin	F V45	Skipton AC	34.96
295	37:52	1177	Debra Jenkins	F V55	Nidd Valley Road Runners	34.73
296	37:59	782	Sarah Tomlinson	F V45	Dragons-Aire	34.51
297	38:03	986	Ann Yeadon	F V45	Otley AC	34.29
298	38:03	930	Emma David	F V40	Nidd Valley Road Runners	34.07
299	38:04	935	Stephen Newton	V45	Nidd Valley Road Runners	33.85
300	38:07	1163	Roy Ashman	V55	Swaledale Runners	33.63
301	38:08	1345	Hannah Peagram	F V40	Nidd Valley Road Runners	33.40
302	38:09	774	Jan Davies	F V50	Dragons-Aire	33.18
303	38:11	776	Steve Clayson		Dragons-Aire	32.96
304	38:12	960	John Davis	V50	Otley AC	32.74
305	38:13	968	Philip Robinson	V70	Otley AC	32.52
306	38:13	984	Charlotte Boardman	F	Otley AC	32.29
307	38:13	1074	Tim Joynson	V55	Ripon Runners	32.07
308	38:18	1255	Gio Fitzgerald	F V45	Vocalink Running Club	31.85
309	38:19	959	Laura Hind	F V35	Otley AC	31.63
310	38:20	1090	Hayley Whipp	V40	Ripon Runners	31.41
311	38:21	1063	Stan Appleton	V65	Ripon Runners	31.18
312	38:22	1375	Anne Cheeseman	F V55	Ripon Runners	30.96
313	38:23	818	Margaret Britton	F V60	Dragons-Aire	30.74
314	38:24	1173	Zoe Mackay	F V40	Swaledale Runners	30.52
315	38:26	913	Debbie Gibson	F V50	Nidd Valley Road Runners	30.30
316	38:27	1374	Chris Brown	V70	Ripon Runners	30.07
317	38:28	244	Richard Burton	V55	Harrogate Harriers	29.85
318	38:30	937	Michael Benson		Nidd Valley Road Runners	29.63
319	38:31	778	Gill Brown	F V35	Dragons-Aire	29.41
320	38:32	760	Angela Barker-Charleton	F V45	Harrogate Harriers	29.19
321	38:36	876	Claire Killingworth	F	Knarborough Striders	28.96
322	38:43	1297	Drew Ward	V65	Wetherby Runners	28.74
323	38:45	1329	Maira McTague	F V55	Nidd Valley Road Runners	28.52
324	38:48	1072	Lena Conlin	F V50	Ripon Runners	28.30
325	38:52	967	Jackie Ackrord	F V60	Otley AC	28.08
326	38:56	1039	Andy Purll	V45	Ripon Runners	27.85
327	39:06	1237	Andy Butcher	V50	Thirsk and Sowerby Harriers	27.63
328	39:13	1259	Neil Warr	V40	Vocalink Running Club	27.41
329	39:14	777	Louise Johnson	F V35	Dragons-Aire	27.19
330	39:18	857	David Tervitt	V45	Thirsk and Sowerby Harriers	26.97
331	39:22	1069	Sue Skinner	F V55	Ripon Runners	26.74
332	39:22	1070	John Skinner	V50	Ripon Runners	26.52
333	39:25	1135	Kathryn Radley	F V45	Skipton AC	26.30
334	39:26	1262	Richard Gorman	V40	Vocalink Running Club	26.08
335	39:31	1220	Nicola Booth	F V50	Thirsk and Sowerby Harriers	25.86

HDSRL 2017 Race 3**Individual**

336	39:31	884	Karensa Welsby	F	V50	Knarborough Striders	25.63
337	39:32	1340	Rachel Prince	F	V40	Nidd Valley Road Runners	25.41
338	39:33	954	Joanna Hobson	F	V55	Otley AC	25.19
339	39:35	1218	Nigel Morgan		V55	Thirsk and Sowerby Harriers	24.97
340	39:38	1364	Beth Constantine	F	U18	Ripon Runners	24.75
341	39:39	1396	Kate Shaw	F	V55	Ripon Runners	24.52
342	39:48	978	Carol Armitstead	F	V55	Otley AC	24.30
343	39:58	1042	Fiona Alder	F	V60	Ripon Runners	24.08
344	40:02	1366	Kelly Dunkley	F	V35	Ripon Runners	23.86
345	40:08	769	Nicky Stevenson	F	V40	Dragons-Aire	23.64
346	40:11	801	Carole Keighley	F	V55	Dragons-Aire	23.41
347	40:12	901	Jeff Walker		V50	Nidd Valley Road Runners	23.19
348	40:13	1191	Faith Coy	F	V40	Thirsk and Sowerby Harriers	22.97
349	40:13	780	Leah Forey	F	U18	Dragons-Aire	22.75
350	40:14	1261	Louise Jennings	F	V45	Vocalink Running Club	22.53
351	40:19	788	Carolyn Park	F	V40	Dragons-Aire	22.30
352	40:20	772	Alene Davies	F	V50	Dragons-Aire	22.08
353	40:25	191	Juliette Gregory	F	V55	Harrogate Harriers	21.86
354	40:29	898	Nick Smith		V55	Nidd Valley Road Runners	21.64
355	40:31	894	Eric Morley		V60	Knarborough Striders	21.42
356	40:32	1086	Jackie Scott	F	V40	Ripon Runners	21.19
357	40:36	1397	Aileen O'Kane	F	V60	Ripon Runners	20.97
358	40:38	1041	Katy Bell	F	V35	Ripon Runners	20.75
359	40:38	1057	Sarah Whitaker	F	V35	Ripon Runners	20.53
360	40:39	1223	Heather Bell	F	V55	Thirsk and Sowerby Harriers	20.31
361	40:42	1242	Liz Robertshaw	F	V40	Vocalink Running Club	20.08
362	40:47	1058	David Whitehouse			Ripon Runners	19.86
363	40:52	883	June Graham	F	V55	Knarborough Striders	19.64
364	40:54	820	Paul Grindley		V50	Dragons-Aire	19.42
365	40:58	198	Matthew Luccock			Harrogate Harriers	19.20
366	41:05	1108	Jackie Turner	F	V50	Ripon Runners	18.97
367	41:06	1087	Alison Clarke	F	V40	Ripon Runners	18.75
368	41:08	805	Denis Callaghan		V40	Dragons-Aire	18.53
369	41:09	849	Peter Lewis		V65	Ilkley Harriers	18.31
370	41:09	1350	Kate Maybury	F	V35	Nidd Valley Road Runners	18.09
371	41:18	1238	Alison Butcher	F	V50	Thirsk and Sowerby Harriers	17.86
372	41:18	1234	Jill Libby	F	V55	Thirsk and Sowerby Harriers	17.64
373	41:19	1333	Debbie Hanslip	F	V45	Nidd Valley Road Runners	17.42
374	41:19	1093	Jane Goodwin	F	V45	Ripon Runners	17.20
375	41:24	845	Diane Kitchen	F	V55	Ilkley Harriers	16.98
376	41:28	684	Jacqueline Flynn	F	V50	Harrogate Harriers	16.76
377	41:32	926	Catherine Barber	F		Nidd Valley Road Runners	16.53
378	41:40	1062	Sarah Stanley	F	V40	Ripon Runners	16.31
379	41:40	1388	Dan Ross			Ripon Runners	16.09
380	41:45	360	Jane Rowbotham	F	V55	Harrogate Harriers	15.87
381	41:46	1243	Sarah Hart	F	V40	Vocalink Running Club	15.65
382	41:50	1219	Steven Booth		V50	Thirsk and Sowerby Harriers	15.42
383	42:11	488	Elissa Young	F		Harrogate Harriers	15.20
384	42:13	1122	Janet Booth	F	V50	Skipton AC	14.98
385	42:13	977	Hannah Lupton	F	V40	Otley AC	14.76
386	42:14	1196	Sara Langstaff	F	V55	Thirsk and Sowerby Harriers	14.54
387	42:23	882	Tony Everitt		V50	Knarborough Striders	14.31
388	42:26	767	Claire Featherstone	F		Dragons-Aire	14.09
389	42:37	918	Debbie Dilasser	F	V40	Nidd Valley Road Runners	13.87
390	42:44	953	Tom Hannah		V65	Otley AC	13.65
391	42:58	976	Rob Fearnley			Otley AC	13.43

HDSRL 2017 Race 3**Individual**

392	43:04	796	Colleen Grunwald	F	V45	Nidd Valley Road Runners	13.20
393	43:06	874	Edna Wood	F	V50	Knaresborough Striders	12.98
394	43:11	773	Andie Willbond	F	V70	Dragons-Aire	12.76
395	43:13	768	Richard Wysocki		V55	Dragons-Aire	12.54
396	43:16	1338	Ewa Scott	F	V45	Nidd Valley Road Runners	12.32
397	43:21	994	Hannah Birch	F	V35	Otley AC	12.09
398	43:21	1099	Julie Brown	F	V45	Ripon Runners	11.87
399	43:22	1379	Jane Hill	F	V40	Nidd Valley Road Runners	11.65
400	43:25	1030	Nicki Buckett	F	V45	Richmond & Zetland Harriers	11.43
401	43:28	881	Tracey Alison	F	V50	Knaresborough Striders	11.21
402	43:37	1059	Caroline Bentham	F	V50	Ripon Runners	10.98
403	43:42	1052	John Grundy		V70	Ripon Runners	10.76
404	43:43	1146	Emma YIU	F	V35	Skipton AC	10.54
405	43:57	826	Donald MacRae		V70	Ilkley Harriers	10.32
406	44:00	1075	James Parkes			Ripon Runners	10.10
407	44:13	779	Sarah Thompson	F		Dragons-Aire	9.87
408	44:25	989	Rebecca Keinhorst	F		Otley AC	9.65
409	44:32	1157	Christine Sayer	F	V55	Swaledale Runners	9.43
410	44:41	1050	Karen Gilbert	F	V60	Ripon Runners	9.21
411	44:48	839	Emily Elmes	F	U16	Ilkley Harriers	8.99
412	44:48	1317	Julie Elmes	F	V50	Knaresborough Striders	8.76
413	44:56	1112	Dawn Griffin	F	V55	Ripon Runners	8.54
414	45:06	1389	Victoria Pang	F	V35	Ripon Runners	8.32
415	45:09	88	Colin Foster		V55	Harrogate Harriers	8.10
416	45:12	927	Michelle Smith	F	V45	Nidd Valley Road Runners	7.88
417	45:20	1328	Kirsty O'Donnell	F		Nidd Valley Road Runners	7.65
418	45:43	1152	Julie Pratt	F	V45	Ripon Runners	7.43
419	45:43	809	Amanda Connor	F	V40	Dragons-Aire	7.21
419	45:43	1225	Christine Burn	F	V60	Thirsk and Sowerby Harriers	6.99
421	45:46	847	Bernadette Gibbons	F	V60	Ilkley Harriers	6.77
422	45:50	1294	James Upperton			Wetherby Runners	6.54
423	45:56	1028	Jane Bond	F	V45	Richmond & Zetland Harriers	6.32
424	46:15	1015	Natasha Whitaker	F	V40	Otley AC	6.10
425	46:28	943	Melissa Clare	F	V40	Nidd Valley Road Runners	5.88
426	46:36	897	Sylvia Morten	F	V55	Nidd Valley Road Runners	5.66
427	46:50	792	Andrea Stevenson	F	V50	Dragons-Aire	5.43
428	46:59	1201	Drikus Van Der Westhuizen			Thirsk and Sowerby Harriers	5.21
429	47:04	819	Linda Lofthouse	F	V50	Dragons-Aire	4.99
430	47:10	899	Graham Hyde		V40	Nidd Valley Road Runners	4.77
431	48:01	749	Tracy Iles	F	V35	Harrogate Harriers	4.55
432	48:12	945	Michelle Dinsdale	F	V40	Nidd Valley Road Runners	4.32
433	48:25	775	Alison Parker	F	V55	Dragons-Aire	4.10
434	48:25	789	Anne Pearson	F	V50	Dragons-Aire	3.88
435	48:27	854	Catherine Lumb	F	V55	Thirsk and Sowerby Harriers	3.66
436	48:32	846	Vincent Gibbons		V60	Ilkley Harriers	3.44
437	48:40	1239	Tracy Hayden	F	V50	Thirsk and Sowerby Harriers	3.21
438	48:46	1370	Tammy Murray Kirkwood	F	V45	Ripon Runners	2.99
439	48:49	832	anna pickering	F		Ilkley Harriers	2.77
440	50:11	1213	Gillian Crane	F	V65	Thirsk and Sowerby Harriers	2.55
441	50:24	1080	Sarah Swinscoe	F	V45	Ripon Runners	2.33
442	50:35	1222	Ian Codling		V75	Thirsk and Sowerby Harriers	2.10
443	51:26	1362	Karen Lennox	F	V45	Ripon Runners	1.88
444	51:47	1073	Maggie Driffield	F	V60	Ripon Runners	1.66
445	52:05	1004	Antonio Cardinale		V65	Otley AC	1.44
446	52:28	1368	Emily McIntosh	F		Ripon Runners	1.22
447	56:11	1212	Marian Codling	F	V75	Thirsk and Sowerby Harriers	1.00

Team

Team Results	Main	Ladies	LVets	Vets	SVets	Elite mm.ss
Dragons-Aire	572.87	180.78	98.43	277.11	158.80	94.09
Harrogate Harriers	963.55	424.05	266.68	476.89	437.60	72.06
Ilkley Harriers	584.43	236.06	139.06	242.71	265.57	87.34
Knaresborough Striders	822.14	270.45	173.46	347.04	41.06	81.09
Nidd Valley Road Runners	894.96	279.56	184.78	413.84	215.18	78.58
Otley AC	857.88	267.13	173.46	410.52	283.11	78.55
Richmond & Zetland Harriers	343.37	85.34	85.34	158.70	0.00	84.00
Ripon Runners	938.23	343.27	208.54	447.82	301.10	73.13
Skipton AC	651.24	258.70	162.81	288.44	99.43	83.17
Swaledale Runners	470.00	39.95	39.95	359.24	80.24	86.53
Thirsk and Sowerby Harriers	613.93	239.60	173.46	351.03	217.18	88.00
Vocalink Running Club	518.92	135.72	74.46	276.44	0.00	90.45
Wetherby Runners	929.15	369.23	112.53	479.55	86.34	76.20

Cumulative team results after 3 races

Dragon Aire	1902.77	573.02	251.07	964.82	359.40	330.34
Harrogate Harriers	2855.52	1243.12	790.57	1398.87	1319.41	279.05
Ilkley Harriers AC	1889.38	665.56	354.98	874.67	723.86	317.00
Knaresborough Striders	2557.57	671.38	429.21	1052.08	181.13	300.47
Nidd Valley Road Runners	2673.56	843.62	565.92	1255.61	724.53	298.07
Otley AC	2606.67	755.52	499.16	1293.97	716.54	293.14
Richmond and Zetland Harriers	1140.18	423.68	327.52	409.59	0.00	n/c
Ripon Runners	2828.68	960.45	590.84	1346.66	920.18	272.39
Skipton AC	2040.91	762.93	468.22	877.48	372.55	319.36
Swaledale Road Runners	1223.09	220.27	165.34	922.36	222.19	336.13
Thirsk and Sowerby Harriers	1852.32	714.21	514.40	871.02	571.00	330.03
Vocalink Running Club	1515.73	429.57	228.23	900.96	0.00	343.15
Wetherby Runners	2779.88	1114.07	530.85	1434.06	272.15	285.13

NB RZH will return to competitive 'Elite' status if they have 3 runners in race 4