

HDSRL 2017 Race 1

Individual

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Points
1	32:35	1092	Ben Pease			Ripon Runners	100.00
2	32:55	1104	Reece Dalton			Ripon Runners	99.79
3	33:18	182	Mike Burrett		V40	Harrogate Harriers	99.59
4	33:35	1017	Rob Scott			Richmond & Zetland Harriers	99.39
5	34:00	1287	Paul Millgate		V40	Wetherby Runners	99.19
6	34:59	496	Timothy Richardson			Harrogate Harriers	98.99
7	35:04	828	Matt Newell			Ilkley Harriers	98.79
8	35:31	975	Gary Johnson			Otley AC	98.59
9	35:37	1398	Toby Hillery			Wetherby Runners	98.39
10	35:38	249	Zeynu Bedru			Harrogate Harriers	98.18
11	35:48	877	Tom Calvert			Knaresborough Striders	97.98
12	35:59	1283	Joseph Kwallah		V45	Wetherby Runners	97.78
13	36:13	1124	Tim Chadwick			Skipton AC	97.58
14	36:26	1394	Spikeÿ Amberry-Smith			Ripon Runners	97.38
15	36:32	234	Charles Casey			Harrogate Harriers	97.18
16	36:36	965	Graham Lake		V40	Otley AC	96.98
17	36:36	947	Tom Lynch			Otley AC	96.78
18	36:44	992	Liam Dunne		V40	Otley AC	96.57
19	36:49	798	Sharon Barlow	F	V35	Harrogate Harriers	96.37
20	36:57	1061	Lee Stanley		V40	Ripon Runners	96.17
21	37:01	914	Mark Tobin		V40	Wetherby Runners	95.97
22	37:03	929	Alex Patrickson			Nidd Valley Road Runners	95.77
23	37:11	928	Adam Kirk			Nidd Valley Road Runners	95.57
24	37:14	872	Guy Close			Knaresborough Striders	95.37
25	37:17	1079	James Boddy			Ripon Runners	95.17
26	37:25	1056	Alex Fawcett		V50	Ripon Runners	94.96
27	37:34	1298	Robert Whitaker		V40	Wetherby Runners	94.76
28	37:39	1282	Mark Holt		V40	Wetherby Runners	94.56
29	37:40	493	David Oldfield			Harrogate Harriers	94.36
30	37:45	1141	Patrick Wardle			Skipton AC	94.16
31	37:46	1312	Paul Nelson		V50	Wetherby Runners	93.96
32	37:48	972	Julian Mawson		V45	Otley AC	93.76
33	37:52	248	Ben Shacklock			Harrogate Harriers	93.56
34	37:55	1021	Ronnie Corbett		V45	Richmond & Zetland Harriers	93.35
35	37:56	1296	Andrew Walsh			Wetherby Runners	93.15
36	37:57	1153	Richard Schofield			Ripon Runners	92.95
37	37:57	1068	Ben Imeson		V40	Ripon Runners	92.75
38	37:59	939	Edoardo Piano			Nidd Valley Road Runners	92.55
39	38:01	1337	Warren Lowcock			Nidd Valley Road Runners	92.35
40	38:02	187	Gareth Somerville			Harrogate Harriers	92.15
41	38:03	1037	Douglas Scott		V45	Ripon Runners	91.95
42	38:07	186	Robert Smith			Harrogate Harriers	91.75
43	38:19	870	Andy Robinson			Knaresborough Striders	91.54
44	38:20	742	Crystal Goecker	F	V35	Harrogate Harriers	91.34
45	38:20	744	Ben Grant		V65	Harrogate Harriers	91.14
46	38:21	951	Andrew Robertshaw		V45	Otley AC	90.94
47	38:24	785	Jonathan Forey		V45	Dragons-Aire	90.74
48	38:26	162	Geoff King		V60	Harrogate Harriers	90.54
49	38:29	1276	David Carberry		V45	Wetherby Runners	90.34
50	38:32	766	Tom Borrowdale			Harrogate Harriers	90.14
51	38:34	685	Jaysson Sawyer		V40	Harrogate Harriers	89.93
52	38:36	863	Martin Brock			Knaresborough Striders	89.73
53	38:39	873	James Ireland			Knaresborough Striders	89.53
54	38:46	1094	Mark Ryder			Ripon Runners	89.33
55	38:52	1277	Stella Cross	F	U18	Wetherby Runners	89.13

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Individual

56	38:57	356	Lorraine Mitchell	F	V40	Harrogate Harriers	88.93
57	39:03	1301	James Wood			Wetherby Runners	88.73
58	39:05	137	Adam Prentis		V50	Harrogate Harriers	88.53
59	39:06	1121	Trevor Schofield			Ripon Runners	88.32
60	39:16	1150	Matt Rickard		V40	Nidd Valley Road Runners	88.12
61	39:21	1175	Derek Parrington		V50	Swaledale Runners	87.92
62	39:25	751	Graham Molyneux		V55	Harrogate Harriers	87.72
63	39:32	911	Sam Fugill			Nidd Valley Road Runners	87.52
64	39:34	1253	Simon Williams		V45	Vocalink Running Club	87.32
65	39:35	1169	Mark Sowerby		V45	Swaledale Runners	87.12
66	39:36	868	James Wright			Knarborough Striders	86.92
67	39:40	1018	Rosie Adams	F		Richmond & Zetland Harriers	86.71
68	39:40	905	Alan Davidson		V50	Nidd Valley Road Runners	86.51
69	39:44	1138	Gavin Smith			Skipton AC	86.31
70	39:45	806	Richard Walker		V40	Dragons-Aire	86.11
71	39:49	941	Andy Todd		V50	Nidd Valley Road Runners	85.91
72	39:53	189	Simon Watson		V55	Harrogate Harriers	85.71
73	39:56	1085	Michael Hall		V50	Ripon Runners	85.51
74	39:57	1025	David Hack		V40	Richmond & Zetland Harriers	85.31
75	39:58	1307	Chris Plews		V40	Wetherby Runners	85.10
76	40:00	1111	John Chatwin			Ripon Runners	84.90
77	40:03	200	Michael Gill		V50	Harrogate Harriers	84.70
78	40:04	1000	Shane Ewen			Otley AC	84.50
79	40:04	871	Dan Foley			Knarborough Striders	84.30
80	40:12	1120	Paul Walker		V45	Ripon Runners	84.10
81	40:19	1166	Dave Atkinson		V40	Swaledale Runners	83.90
82	40:20	494	Ian Rowbotham		V55	Harrogate Harriers	83.70
83	40:21	1096	Mike Hernandez		V45	Ripon Runners	83.50
84	40:23	1251	Chris Laycock		V50	Vocalink Running Club	83.29
85	40:23	250	Nathan Smith		V40	Harrogate Harriers	83.09
86	40:24	290	Richard Willis		V45	Harrogate Harriers	82.89
87	40:30	1040	Dave Binks		V45	Ripon Runners	82.69
88	40:37	564	James Strugnell			Harrogate Harriers	82.49
89	40:39	152	Nick Andralojc		V55	Harrogate Harriers	82.29
90	40:43	1319	Rob Clarke			Knarborough Striders	82.09
91	40:45	797	Donna Riddler	F	V35	Richmond & Zetland Harriers	81.89
92	40:52	866	Dan Wilson			Knarborough Striders	81.68
93	41:02	822	Ellie Kitchen	F		Ilkley Harriers	81.48
94	41:03	1133	Michael Mcinnes		V40	Skipton AC	81.28
95	41:03	1292	Angela Reeve	F	V40	Wetherby Runners	81.08
96	41:03	1206	Ken Wood			Thirsk and Sowerby Harriers	80.88
97	41:04	1195	David Fawkes			Thirsk and Sowerby Harriers	80.68
98	41:05	1284	Nils Linstrum			Wetherby Runners	80.48
99	41:06	1302	James Jesson		V40	Wetherby Runners	80.28
100	41:07	848	Tom Worboys			Ilkley Harriers	80.07
101	41:15	1244	Steve Peters		V45	Vocalink Running Club	79.87
102	41:18	1130	Ben Davies			Skipton AC	79.67
103	41:18	1400	Dewi Winkle		V45	Ripon Runners	79.47
104	41:19	741	Mark Jordan		V60	Harrogate Harriers	79.27
105	41:24	199	Simon Moffatt		V50	Harrogate Harriers	79.07
106	41:32	495	Helen Mercer-Jones	F	V35	Harrogate Harriers	78.87
107	41:34	238	Iain Entwistle		V40	Harrogate Harriers	78.67
108	41:34	1335	Dan Eagling			Nidd Valley Road Runners	78.46
109	41:42	95	Ian Cooper		V40	Harrogate Harriers	78.26
110	41:46	232	Sarah Gill	F	V50	Harrogate Harriers	78.06
111	42:03	1148	Richard Annable		V55	Skipton AC	77.86

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112	42:06	1313	Ian Legg	V50	Wetherby Runners	77.66
113	42:08	1091	Lewis Brooks	U18	Ripon Runners	77.46
114	42:10	816	Rebecca Streets	F	Dragons-Aire	77.26
115	42:11	1076	Kari Munro	F V35	Ripon Runners	77.06
116	42:12	1046	Neil Dring	V55	Ripon Runners	76.85
117	42:12	235	Stephen Kirk	V45	Harrogate Harriers	76.65
118	42:13	1008	Steve Robinson	V40	Otley AC	76.45
119	42:17	167	Sam Nelson	F	Harrogate Harriers	76.25
120	42:19	242	Angus Morgan		Harrogate Harriers	76.05
121	42:21	758	Emma Robinson	F V35	Harrogate Harriers	75.85
122	42:22	1149	Lorna Wrigley	F	Harrogate Harriers	75.65
123	42:25	1267	Iain Andrews	V45	Wetherby Runners	75.45
124	42:27	842	Michael Duffield	V45	Ilkley Harriers	75.25
125	42:38	869	Nicola Carter	F V45	Knaresborough Striders	75.04
126	42:40	1346	Andrew Peagram	V40	Nidd Valley Road Runners	74.84
127	42:43	197	Geoffrey Hirst		Harrogate Harriers	74.64
128	42:44	983	Colin Dennison		Otley AC	74.44
129	42:44	1268	Nicky Andres	F	Wetherby Runners	74.24
130	42:46	1155	Catherine Ostler	F V50	Harrogate Harriers	74.04
131	42:46	106	Kevin-Malachy Murphy	V60	Harrogate Harriers	73.84
132	42:55	1344	Mike Deacon	V50	Nidd Valley Road Runners	73.64
133	42:56	1083	Tony White	V60	Ripon Runners	73.43
134	43:03	1107	Andy Turner	V55	Ripon Runners	73.23
135	43:08	284	Jon Blane	V55	Harrogate Harriers	73.03
136	43:09	1286	Alex Matthewson		Wetherby Runners	72.83
137	43:11	889	Stewart Hymas	V45	Knaresborough Striders	72.63
138	43:12	1228	Rob Lickley	V40	Thirsk and Sowerby Harriers	72.43
139	43:14	1020	Kevin Bond	V40	Richmond & Zetland Harriers	72.23
140	43:16	1001	Michael Hastings		Otley AC	72.03
141	43:21	831	malcolm pickering	V65	Ilkley Harriers	71.82
142	43:23	1260	Chris Slater		Vocalink Running Club	71.62
143	43:26	1174	Alan Mackay	V40	Swaledale Runners	71.42
144	43:27	1382	Liam Marwood	U18	Nidd Valley Road Runners	71.22
145	43:30	286	Charlotte Evans	F V40	Harrogate Harriers	71.02
146	43:31	879	Gareth Conkleton	V40	Knaresborough Striders	70.82
147	43:31	1327	Steve Turner	V45	Nidd Valley Road Runners	70.62
148	43:39	1051	Steve Silver	V45	Ripon Runners	70.42
149	43:48	925	Jonathon Easton		Nidd Valley Road Runners	70.21
150	43:55	1115	Matt Holt	V45	Ripon Runners	70.01
151	43:57	880	Ian Mitchell	V50	Knaresborough Striders	69.81
152	43:58	1269	Paul Atkinson	V50	Wetherby Runners	69.61
153	44:00	923	John Mitton	V45	Nidd Valley Road Runners	69.41
154	44:01	135	Helen Price	F V45	Harrogate Harriers	69.21
155	44:06	907	Dave Shores	V45	Nidd Valley Road Runners	69.01
156	44:12	891	Seema Lowery	F V40	Knaresborough Striders	68.81
157	44:13	814	Nick Jovanovic		Dragons-Aire	68.60
158	44:16	1279	Robert Driver		Wetherby Runners	68.40
159	44:16	1380	Lee Welsby	V45	Nidd Valley Road Runners	68.20
160	44:17	998	Christian Hosker	V40	Otley AC	68.00
161	44:19	1205	Charlotte Wilton	F V40	Thirsk and Sowerby Harriers	67.80
162	44:22	1280	Gill Edmonson	F V40	Wetherby Runners	67.60
163	44:26	835	Paul Stephens	V55	Ilkley Harriers	67.40
164	44:32	1016	Tony Walker	V55	Otley AC	67.20
165	44:36	1100	John Ward	V65	Ripon Runners	67.00
166	44:38	1290	Rebecca Normington	F	Wetherby Runners	66.79
167	44:39	867	Sean Brennan	V45	Knaresborough Striders	66.59

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168	44:44	247	Tim Pocock	V55	Harrogate Harriers	66.39
169	44:46	895	Simon Rider	V40	Knaresborough Striders	66.19
170	44:53	1349	Isabel Potter	F V35	Nidd Valley Road Runners	65.99
171	44:57	1293	Simon Robertson	V40	Wetherby Runners	65.79
172	45:00	1156	Steve Woollven	V45	Harrogate Harriers	65.59
173	45:05	810	William Woodhead		Dragons-Aire	65.39
174	45:12	948	John Dade	V50	Otley AC	65.18
175	45:14	181	Jaclyn Artist	F	Harrogate Harriers	64.98
176	45:14	1022	Lucy Goundry	F V40	Richmond & Zetland Harriers	64.78
177	45:15	359	Tim Broomfield	V60	Harrogate Harriers	64.58
178	45:22	287	Julie Patmore	F V50	Harrogate Harriers	64.38
179	45:22	184	Dave Ladell	V45	Harrogate Harriers	64.18
180	45:23	245	Andrew Collins		Harrogate Harriers	63.98
181	45:23	1314	Phoebe Coster	F U18	Wetherby Runners	63.78
182	45:23	1116	Alan Hansen	V55	Ripon Runners	63.57
183	45:24	820	Paul Grindley	V50	Dragons-Aire	63.37
184	45:25	1270	Nina Batt	F	Wetherby Runners	63.17
185	45:30	487	David Fennah	V45	Harrogate Harriers	62.97
186	45:32	1067	Anneke Imeson	F V40	Ripon Runners	62.77
187	45:33	885	Conrad Garcia	V50	Knaresborough Striders	62.57
188	45:35	910	Andy Harris	V40	Nidd Valley Road Runners	62.37
189	45:35	1288	Richard Murray	V45	Wetherby Runners	62.17
190	45:36	239	Charlotte Reeves	F	Harrogate Harriers	61.96
191	45:40	1311	Peter Allanach	V50	Wetherby Runners	61.76
192	45:41	195	Donald Morgan	V50	Harrogate Harriers	61.56
193	45:45	1140	Joel Dalby	V40	Skipton AC	61.36
194	45:47	982	Martin Stringer	V45	Otley AC	61.16
195	45:49	963	Sara Elliott	F V45	Otley AC	60.96
196	45:50	924	Sue Simpson	F V55	Nidd Valley Road Runners	60.76
197	45:53	1143	Rachel Gaunt	F V50	Skipton AC	60.56
198	45:54	1132	Jeremy Lamb		Skipton AC	60.35
199	45:55	1358	Stuart Pender	V50	Ripon Runners	60.15
200	45:59	922	James Cook	V45	Nidd Valley Road Runners	59.95
201	46:05	577	J. Dan Simmons	V55	Harrogate Harriers	59.75
202	46:11	1339	Chris Beattie	V60	Nidd Valley Road Runners	59.55
203	46:17	1275	Peter Callaghan	V50	Wetherby Runners	59.35
204	46:19	944	Phil Ventress	V40	Nidd Valley Road Runners	59.15
205	46:24	243	Stephen Nesbitt	V45	Harrogate Harriers	58.95
206	46:26	1178	Richard Kirkham	V40	Harrogate Harriers	58.75
207	46:30	1127	Melanie Ives	F	Skipton AC	58.54
208	46:33	686	Rob Athey	V40	Harrogate Harriers	58.34
209	46:35	1289	Andrea Normington	F V55	Wetherby Runners	58.14
210	46:36	865	Dave Halliday	V50	Knaresborough Striders	57.94
211	46:36	505	Elizabeth Turner	F	Harrogate Harriers	57.74
212	46:42	183	Simon Childs	V50	Harrogate Harriers	57.54
213	46:43	1316	Marcus Murray		Wetherby Runners	57.34
214	46:46	1343	Fiona Deacon	F V50	Nidd Valley Road Runners	57.14
215	46:47	843	Philip Hirst	V60	Ilkley Harriers	56.93
216	46:48	681	Rebecca Pearey	F	Harrogate Harriers	56.73
217	46:49	906	Ian McLeod	V60	Nidd Valley Road Runners	56.53
218	46:54	1254	Nick Wagstaff	V45	Vocalink Running Club	56.33
219	46:54	192	Shaun Morrison		Harrogate Harriers	56.13
220	46:55	1151	Ruth Wickens	F V40	Harrogate Harriers	55.93
221	47:08	964	Ian Broadbent	V45	Otley AC	55.73
222	47:10	958	Peter Gosling		Otley AC	55.53
223	47:12	1331	Kevin Nicholas	V50	Nidd Valley Road Runners	55.32

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224	47:14	1318	Niamh Falconer	F		Knarborough Striders	55.12
225	47:16	75	Sue Moul	F	V50	Harrogate Harriers	54.92
226	47:22	1114	Jill Holt	F	V45	Ripon Runners	54.72
227	47:22	800	Gavin Birkett			Dragons-Aire	54.52
228	47:23	1315	Emma Coster	F	V45	Wetherby Runners	54.32
229	47:23	1101	Sarah Hood	F	V45	Ripon Runners	54.12
230	47:25	807	Michael Buckle			Dragons-Aire	53.92
231	47:28	912	Paul Manning		V45	Nidd Valley Road Runners	53.71
232	47:30	908	Phil Robinson		V50	Nidd Valley Road Runners	53.51
233	47:32	838	David Ibbotson		V55	Ilkley Harriers	53.31
234	47:34	990	Andy Webster		V45	Otley AC	53.11
235	47:35	1006	Michael Pickard		V50	Otley AC	52.91
236	47:37	1214	Hilary Coventry	F	V50	Thirsk and Sowerby Harriers	52.71
237	47:39	1103	Chloe Dalton	F	U16	Ripon Runners	52.51
238	47:40	1117	Heather Glegg	F	V45	Ripon Runners	52.31
239	47:43	850	Mary Gibbons	F		Ilkley Harriers	52.10
240	47:45	1047	Phil Chatterton		V50	Ripon Runners	51.90
241	47:51	1126	David Gorman		V55	Skipton AC	51.70
242	47:52	875	Derek Calvert		V55	Knarborough Striders	51.50
243	47:53	825	Caroline Howe	F	V35	Ilkley Harriers	51.30
244	47:54	1384	Oliver Scott		U16	Ripon Runners	51.10
245	47:55	1084	Andrew Webster		V45	Ripon Runners	50.90
246	47:58	940	Richard Taylor		V40	Nidd Valley Road Runners	50.70
247	47:59	904	Dave Seaman		V70	Nidd Valley Road Runners	50.50
248	48:06	748	Steve Bowyer		V50	Harrogate Harriers	50.29
249	48:09	1342	Emma Dooley	F	V40	Nidd Valley Road Runners	50.09
250	48:12	1348	Simon Harris		V45	Nidd Valley Road Runners	49.89
251	48:21	1144	Mark Desgranges			Skipton AC	49.69
252	48:31	1053	Jane Grundy	F		Ripon Runners	49.49
253	48:32	1137	Hilary Seward	F	V50	Skipton AC	49.29
254	48:35	1147	Russell Burgess		V50	Skipton AC	49.09
255	48:36	1211	Dave Baker			Thirsk and Sowerby Harriers	48.89
256	48:37	1233	Fran Jeffery	F	V35	Thirsk and Sowerby Harriers	48.68
257	48:39	827	Jean Sullivan	F	V45	Ilkley Harriers	48.48
258	48:46	171	Adrian Murfitt		V40	Harrogate Harriers	48.28
259	48:47	915	Rachel Hebblewhite	F	V35	Nidd Valley Road Runners	48.08
260	48:48	1257	Beth Littlewood	F		Vocalink Running Club	47.88
261	48:48	1038	Dave Ritson		V45	Ripon Runners	47.68
262	48:52	985	Liz Yates	F	V40	Otley AC	47.48
263	48:57	934	Alex Crowton			Nidd Valley Road Runners	47.28
264	48:58	1391	Mark Brooks		V40	Ripon Runners	47.07
265	49:07	949	Andrew Rayner		V50	Otley AC	46.87
266	49:13	1044	Simon McCudden		V55	Ripon Runners	46.67
267	49:16	804	Graham Turner		V40	Dragons-Aire	46.47
268	49:21	770	Pete Bryant		V50	Dragons-Aire	46.27
269	49:22	783	Paul Tomlinson		V45	Dragons-Aire	46.07
270	49:27	1353	Suzanne Rickard	F	V45	Ripon Runners	45.87
271	49:29	1074	Tim Joynson		V55	Ripon Runners	45.67
272	49:31	1250	Andrew Tattersall		V50	Vocalink Running Club	45.46
273	49:31	1009	Caron Ralph	F	V45	Otley AC	45.26
274	49:35	1129	Hazel Ives	F	V55	Skipton AC	45.06
275	49:41	1010	Neil Reed		V50	Otley AC	44.86
276	49:46	841	Geoffrey White			Ilkley Harriers	44.66
277	49:50	1378	Helen Gregory	F	V40	Nidd Valley Road Runners	44.46
278	49:56	743	Liz Sandell	F		Harrogate Harriers	44.26
279	49:58	1007	Paul Clifford		V50	Otley AC	44.06

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280	50:01	501	Steve Firbank		V45	Harrogate Harriers	43.85
281	50:03	962	Mary Hampshire	F	V45	Otley AC	43.65
282	50:10	282	Eve Hawkins	F	V35	Harrogate Harriers	43.45
283	50:13	909	Sarah Hughan	F	V35	Nidd Valley Road Runners	43.25
284	50:17	776	Steve Clayson			Dragons-Aire	43.05
285	50:22	747	Peter Edwards		V55	Harrogate Harriers	42.85
286	50:23	1341	Christine Jones	F	V50	Nidd Valley Road Runners	42.65
287	50:27	997	Carl Maughan		V45	Otley AC	42.45
288	50:28	1098	Lesley Willoughby	F	V45	Ripon Runners	42.25
289	50:30	974	Chris Brunold	F	V50	Otley AC	42.04
290	50:35	1136	Antony Radley		V50	Skipton AC	41.84
291	50:36	1045	Helen Hall	F	V45	Ripon Runners	41.64
292	50:40	1274	Helen Buglass	F	V45	Wetherby Runners	41.44
293	50:41	233	Neil Hindmarch		V55	Harrogate Harriers	41.24
294	50:44	1278	Ann Dale	F	V40	Wetherby Runners	41.04
295	50:45	1377	Aly Iles	F	V40	Nidd Valley Road Runners	40.84
296	50:47	782	Sarah Tomlinson	F	V45	Dragons-Aire	40.64
297	50:51	1245	Simon Sunley			Vocalink Running Club	40.43
298	50:56	1090	Hayley Whipp		V40	Ripon Runners	40.23
299	50:58	1135	Kathryn Radley	F	V45	Skipton AC	40.03
300	51:00	1097	Jack Hernandez			Ripon Runners	39.83
301	51:10	946	Marcos Montana			Nidd Valley Road Runners	39.63
302	51:15	765	Tim Bennett		V50	Harrogate Harriers	39.43
303	51:15	937	Michael Benson			Nidd Valley Road Runners	39.23
304	51:15	926	Catherine Barber	F		Nidd Valley Road Runners	39.03
305	51:19	1240	Philip Craig			Thirsk and Sowerby Harriers	38.82
306	51:20	1375	Anne Cheeseman	F	V55	Ripon Runners	38.62
307	51:20	1072	Lena Conlin	F	V50	Ripon Runners	38.42
308	51:21	1089	Martin Whipp	F	V40	Ripon Runners	38.22
309	51:21	1237	Andy Butcher		V50	Thirsk and Sowerby Harriers	38.02
310	51:21	808	Michael Jarvis		V45	Dragons-Aire	37.82
311	51:25	786	Graham Burns			Dragons-Aire	37.62
312	51:31	1297	Drew Ward		V60	Wetherby Runners	37.42
313	51:33	916	Jenny Manning	F	V45	Nidd Valley Road Runners	37.21
314	51:38	1329	Moira McTague	F	V55	Nidd Valley Road Runners	37.01
315	51:42	1039	Andy Purll		V45	Ripon Runners	36.81
316	51:47	778	Gill Brown	F	V35	Dragons-Aire	36.61
317	51:48	935	Stephen Newton		V45	Nidd Valley Road Runners	36.41
318	51:49	956	Carl Walsh		V55	Otley AC	36.21
319	51:52	1088	Angie Benson	F	V50	Ripon Runners	36.01
320	51:53	244	Richard Burton		V55	Harrogate Harriers	35.81
321	51:54	1345	Hannah Peagram	F	V40	Nidd Valley Road Runners	35.60
322	51:55	991	Gill Park	F		Otley AC	35.40
323	51:56	955	Daniel Mundet		V40	Otley AC	35.20
324	51:59	682	Georgina Townsend	F		Harrogate Harriers	35.00
325	52:03	771	Glyn Smyth		V55	Dragons-Aire	34.80
326	52:08	1173	Zoe Mackay	F	V40	Swaledale Runners	34.60
327	52:13	984	Charlotte Boardman	F		Otley AC	34.40
328	52:14	1387	Steve Grange		V50	Ripon Runners	34.20
329	52:18	966	Urslula Mcgouran	F	V55	Otley AC	34.00
330	52:20	1142	Laura Woodhead	F		Skipton AC	33.79
331	52:22	1066	Kim Holden	F	V55	Ripon Runners	33.59
332	52:26	774	Jan Davies	F	V50	Dragons-Aire	33.39
333	52:30	1330	Catrin Harrap	F		Nidd Valley Road Runners	33.19
334	52:34	1005	Ged Peacock		V60	Otley AC	32.99
335	52:38	1255	Gio Fitzgerald	F	V45	Vocalink Running Club	32.79

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Individual

336	52:38	817	Rhona Neilson	F	V40	Dragons-Aire	32.59
337	52:40	757	Heather Taylor	F	V55	Harrogate Harriers	32.39
338	52:41	959	Laura Hind	F	V35	Otley AC	32.18
339	52:47	818	Margaret Britton	F	V60	Dragons-Aire	31.98
340	52:49	1392	Catherine Leonard	F	V50	Ripon Runners	31.78
341	52:52	840	Paul Sugden		V55	Ilkley Harriers	31.58
342	52:53	1376	Linsey Fallow	F	V40	Ripon Runners	31.38
343	52:56	993	Liz Fawcett	F	V45	Otley AC	31.18
344	53:00	1227	Duncan Fothergill		V40	Thirsk and Sowerby Harriers	30.98
345	53:00	968	Philip Robinson		V70	Otley AC	30.78
346	53:03	1204	Malcolm Aitken		V40	Thirsk and Sowerby Harriers	30.57
347	53:14	799	Lara Johnson	F	V35	Wetherby Runners	30.37
348	53:23	1131	Emma Lacey	F	V45	Skipton AC	30.17
349	53:25	1058	David Whitehouse			Ripon Runners	29.97
350	53:27	986	Ann Yeadon	F	V45	Otley AC	29.77
351	53:29	1246	Alex Whapples	F	V45	Vocalink Running Club	29.57
352	53:29	1340	Rachel Prince	F	V40	Nidd Valley Road Runners	29.37
353	53:42	788	Carolyn Park	F	V40	Dragons-Aire	29.17
354	53:45	1259	Neil Warr		V40	Vocalink Running Club	28.96
355	53:46	969	Richard Hamer		V50	Otley AC	28.76
356	53:50	876	Claire Killingworth	F		Knaresborough Striders	28.56
357	54:00	1042	Fiona Alder	F	V60	Ripon Runners	28.36
358	54:03	954	Joanna Hobson	F	V55	Otley AC	28.16
359	54:08	980	Martin Gaskin		V55	Otley AC	27.96
360	54:10	198	Matthew Lucock			Harrogate Harriers	27.76
361	54:12	801	Carole Keighley	F	V55	Dragons-Aire	27.56
362	54:18	769	Nicky Stevenson	F	V40	Dragons-Aire	27.35
363	54:22	1383	Lucy Smith	F	V40	Ripon Runners	27.15
364	54:26	1252	Rachel Liang	F		Vocalink Running Club	26.95
365	54:29	1086	Jackie Scott	F	V40	Ripon Runners	26.75
366	54:30	1241	Pat Kirby	F	V65	Thirsk and Sowerby Harriers	26.55
367	54:33	794	Jo Miller	F	V35	Dragons-Aire	26.35
368	54:43	884	Karensa Welsby	F	V50	Knaresborough Striders	26.15
369	54:44	913	Debbie Gibson	F	V50	Nidd Valley Road Runners	25.95
370	54:47	683	Chris Carthern			Harrogate Harriers	25.75
371	54:54	1069	Sue Skinner	F	V55	Ripon Runners	25.54
372	54:54	1070	John Skinner		V50	Ripon Runners	25.34
373	54:55	1062	Sarah Stanley	F	V40	Ripon Runners	25.14
374	54:56	1041	Katy Bell	F	V35	Ripon Runners	24.94
375	54:57	1218	Nigel Morgan		V55	Thirsk and Sowerby Harriers	24.74
376	54:58	784	Helen Forey	F	V45	Dragons-Aire	24.54
377	55:06	1226	Geoff Bullock		V70	Thirsk and Sowerby Harriers	24.34
378	55:14	845	Diane Kitchen	F	V55	Ilkley Harriers	24.14
379	55:17	1224	Craig Ivey			Thirsk and Sowerby Harriers	23.93
380	55:22	1194	Chris Wordsworth		V40	Thirsk and Sowerby Harriers	23.73
381	55:27	1333	Debbie Hanslip	F	V45	Nidd Valley Road Runners	23.53
382	55:28	1057	Sarah Whitaker	F	V35	Ripon Runners	23.33
383	55:30	1078	Elizabeth Lister	F	V45	Ripon Runners	23.13
384	55:37	861	Helen Baines	F		Swaledale Runners	22.93
385	55:41	1350	Kate Maybury	F	V35	Nidd Valley Road Runners	22.73
386	55:44	978	Carol Armitstead	F	V55	Otley AC	22.53
387	55:46	1108	Jackie Turner	F	V50	Ripon Runners	22.32
388	55:52	1234	Jill Libby	F	V55	Thirsk and Sowerby Harriers	22.12
389	55:53	898	Nick Smith		V55	Nidd Valley Road Runners	21.92
390	55:59	772	Alene Davies	F	V50	Dragons-Aire	21.72
391	56:00	1291	Samantha Parker	F	V50	Wetherby Runners	21.52

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Individual

392	56:01	901	Jeff Walker		V50	Nidd Valley Road Runners	21.32
393	56:04	1364	Beth Constantine	F	U18	Ripon Runners	21.12
394	56:11	768	Richard Wysocki		V55	Dragons-Aire	20.92
395	56:12	977	Hannah Lupton	F	V40	Otley AC	20.71
396	56:12	973	Gilly Wright	F		Otley AC	20.51
397	56:15	961	Madeleine Delucchi	F	V60	Otley AC	20.31
398	56:20	1164	Julia Spittle	F	V60	Swaledale Runners	20.11
399	56:37	1243	Sarah Hart	F	V40	Vocalink Running Club	19.91
400	56:38	1238	Alison Butcher	F	V50	Thirsk and Sowerby Harriers	19.71
401	56:39	1027	Pauline Whittaker	F	V50	Richmond & Zetland Harriers	19.51
402	56:44	1388	Dan Ross			Ripon Runners	19.31
403	56:47	1373	Michael Rosher		V45	Ripon Runners	19.10
404	56:51	894	Eric Morley		V60	Knaresborough Striders	18.90
405	56:56	1363	Helen Cox	F	V40	Ripon Runners	18.70
406	56:59	1242	Liz Robertshaw	F	V40	Vocalink Running Club	18.50
407	57:04	1261	Louise Jennings	F	V45	Vocalink Running Club	18.30
408	57:07	953	Tom Hannah		V65	Otley AC	18.10
409	57:18	976	Rob Fearnley			Otley AC	17.90
410	57:25	882	Tony Everitt		V50	Knaresborough Striders	17.70
411	57:28	918	Debbie Dilasser	F	V40	Nidd Valley Road Runners	17.50
412	57:29	684	Jacqueline Flynn	F	V50	Harrogate Harriers	17.29
413	57:31	795	Clare Pierce	F	V60	Dragons-Aire	17.09
414	57:33	1216	Rosie Gatenby	F	V35	Thirsk and Sowerby Harriers	16.89
415	57:34	360	Jane Rowbotham	F	V55	Harrogate Harriers	16.69
416	57:35	1087	Alison Clarke	F	V40	Ripon Runners	16.49
417	57:42	1371	Hanna Dutka	F		Ripon Runners	16.29
418	57:43	1361	Mel Dutka	F	V55	Ripon Runners	16.09
419	57:45	826	Donald MacRae		V70	Ilkley Harriers	15.89
420	57:47	994	Hannah Birch	F	V35	Otley AC	15.68
421	57:48	1381	Nadene Wilkinson	F		Nidd Valley Road Runners	15.48
422	57:50	805	Denis Callaghan		V40	Dragons-Aire	15.28
423	57:55	1048	Helen Pickard	F	V60	Ripon Runners	15.08
424	57:57	780	Leah Forey	F	U18	Dragons-Aire	14.88
425	58:02	1157	Christine Sayer	F	V55	Swaledale Runners	14.68
426	58:04	767	Claire Featherstone	F		Dragons-Aire	14.48
427	58:05	832	anna pickering	F		Ilkley Harriers	14.28
428	58:28	1209	Trish Radford	F	V60	Thirsk and Sowerby Harriers	14.07
429	58:36	1059	Caroline Bentham	F	V50	Ripon Runners	13.87
430	58:48	881	Tracey Alison	F	V50	Knaresborough Striders	13.67
431	58:55	1193	Liz Wordsworth	F	V45	Thirsk and Sowerby Harriers	13.47
432	58:55	488	Elissa Young	F		Harrogate Harriers	13.27
433	58:58	1012	Sean O'Halloran			Otley AC	13.07
434	59:01	1389	Victoria Pang	F	V35	Ripon Runners	12.87
435	59:02	883	June Graham	F	V55	Knaresborough Striders	12.67
436	59:09	874	Edna Wood	F	V50	Knaresborough Striders	12.46
437	59:10	834	Emma O'Looney	F	V45	Ilkley Harriers	12.26
438	59:12	1247	David Whapples		V45	Vocalink Running Club	12.06
439	59:17	796	Colleen Grunwald	F	V45	Nidd Valley Road Runners	11.86
440	59:17	1264	Adrian Cobbin		V40	Vocalink Running Club	11.66
441	59:30	1328	Kirsty O'Donnell	F		Nidd Valley Road Runners	11.46
442	59:30	1159	Roger Brisley		V60	Swaledale Runners	11.26
443	59:34	1093	Jane Goodwin	F	V45	Ripon Runners	11.06
444	60:04	943	Melissa Clare	F	V40	Nidd Valley Road Runners	10.85
445	60:09	1050	Karen Gilbert	F	V60	Ripon Runners	10.65
446	60:11	989	Rebecca Keinhorst	F		Otley AC	10.45
447	60:14	1273	Andrea Bowen	F	V40	Wetherby Runners	10.25

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Individual

448	60:28	1122	Janet Booth	F	V50	Skipton AC	10.05
449	60:32	927	Michelle Smith	F	V45	Nidd Valley Road Runners	9.85
450	60:33	1162	Andrew Broadley		V55	Swaledale Runners	9.65
451	60:49	1030	Nicki Buckett	F	V45	Richmond & Zetland Harriers	9.45
452	60:52	779	Sarah Thompson	F		Dragons-Aire	9.25
453	60:55	1075	James Parkes			Ripon Runners	9.04
454	60:55	1200	Linda Bamforth	F	V60	Thirsk and Sowerby Harriers	8.84
455	61:08	847	Bernadette Gibbons	F	V60	Ilkley Harriers	8.64
456	61:16	1028	Jane Bond	F	V45	Richmond & Zetland Harriers	8.44
457	61:25	1077	Chris Bennett		V65	Ripon Runners	8.24
458	61:30	1367	Jessica Caven	F	V45	Ripon Runners	8.04
459	61:55	1152	Julie Pratt	F	V45	Ripon Runners	7.84
460	61:59	995	Sarah Parker	F		Otley AC	7.64
461	62:03	773	Andie Willbond	F	V70	Dragons-Aire	7.43
462	62:23	88	Colin Foster		V55	Harrogate Harriers	7.23
463	62:27	1281	Megan Hatfield	F	V45	Wetherby Runners	7.03
464	62:34	846	Vincent Gibbons		V60	Ilkley Harriers	6.83
465	62:40	1102	Tony Carr		V50	Ripon Runners	6.63
466	62:49	1338	Ewa Scott	F	V45	Nidd Valley Road Runners	6.43
467	63:13	1294	James Upperton			Wetherby Runners	6.23
468	63:20	836	Sally Wright	F	V55	Ilkley Harriers	6.03
469	63:32	1310	Jo Rankin	F	V40	Wetherby Runners	5.82
470	63:35	1317	Julie Elmes	F	V45	Knaresborough Striders	5.62
471	63:35	839	Emily Elmes	F	U16	Ilkley Harriers	5.42
472	63:50	1052	John Grundy		V70	Ripon Runners	5.22
473	64:13	1015	Natasha Whitaker	F	V40	Otley AC	5.02
474	64:29	749	Tracy Iles	F	V35	Harrogate Harriers	4.82
475	64:30	809	Amanda Connor	F	V40	Dragons-Aire	4.62
476	64:36	945	Michelle Dinsdale	F	V40	Nidd Valley Road Runners	4.42
477	64:36	899	Graham Hyde		V40	Nidd Valley Road Runners	4.21
478	64:40	897	Sylvia Morten	F	V55	Nidd Valley Road Runners	4.01
479	64:54	1013	Debra Brown	F	V40	Otley AC	3.81
480	65:34	819	Linda Lofthouse	F	V50	Dragons-Aire	3.61
481	66:09	1213	Gillian Crane	F	V60	Thirsk and Sowerby Harriers	3.41
482	67:22	1095	Fiona Hernandez	F	V45	Ripon Runners	3.21
483	68:15	1154	Abigail Bailey	F	V35	Ilkley Harriers	3.01
484	69:23	1370	Tammy Murray Kirkwood	F	V45	Ripon Runners	2.81
485	69:24	1004	Antonio Cardinale		V65	Otley AC	2.60
486	70:16	1073	Maggie Driffield	F	V60	Ripon Runners	2.40
487	70:49	1071	Linda Cadman	F	V65	Ripon Runners	2.20
488	70:49	1060	Fiona Blaylock	F	V35	Ripon Runners	2.00
489	70:49	1372	Nicole Sutton	F	V40	Ripon Runners	1.80
490	73:42	1222	Ian Codling		V75	Thirsk and Sowerby Harriers	1.60
491	75:40	1105	Christine Cooper	F	V50	Ripon Runners	1.40
492	77:43	1190	Peter Richardson		V55	Thirsk and Sowerby Harriers	1.20
493	79:03	1212	Marian Codling	F	V75	Thirsk and Sowerby Harriers	1.00

Team

Team Results	Main	Ladies	LVets	Vets	SVets	Elite mm.ss
Dragons-Aire	652.65	220.49	110.64	332.96	132.35	120.19
Harrogate Harriers	953.47	433.57	276.64	459.73	438.81	103.55
Ilkley Harriers	688.45	257.50	123.92	324.71	281.04	117.13
Knarborough Striders	874.18	253.68	170.00	346.04	83.07	111.21
Nidd Valley Road Runners	877.60	282.06	183.89	409.02	264.35	112.13
Otley AC	881.04	239.39	153.70	454.70	201.18	108.43
Richmond & Zetland Harriers	621.06	262.34	166.18	250.89	0.00	111.10
Ripon Runners	950.45	301.18	194.55	461.34	354.08	101.56
Skipton AC	757.67	253.48	154.91	321.29	174.62	113.42
Swaledale Runners	443.59	92.32	69.39	341.62	55.70	119.15
Thirsk and Sowerby Harriers	559.89	217.86	169.19	196.74	111.82	125.19
Vocalink Running Club	574.56	157.10	82.27	352.27	0.00	121.12
Wetherby Runners	947.23	378.84	206.82	482.26	95.56	105.36