

Posn	Time mm.ss	Race #	Name	F?	Vet	Club	Points
1	32:35	1092	Ben Pease			Ripon Runners	100.00
2	32:55	1104	Reece Dalton			Ripon Runners	99.79
3	33:18	182	Mike Burrett		V40	Harrogate Harriers	99.59
4	33:35	1017	Rob Scott			Richmond & Zetland Harriers	99.39
5	34:00	1287	Paul Millgate		V40	Wetherby Runners	99.19
6	34:59	496	Timothy Richardson			Harrogate Harriers	98.99
7	35:04	828	Matt Newell			Ilkley Harriers	98.79
8	35:31	975	Gary Johnson			Otley AC	98.59
9	35:37	1398	Toby Hillery			Wetherby Runners	98.39
10	35:38	249	Zeynu Bedru			Harrogate Harriers	98.18
11	35:48	877	Tom Calvert			Knaresborough Striders	97.98
12	35:59	1283	Joseph Kwallah		V45	Wetherby Runners	97.78
13	36:13	1124	Tim Chadwick			Skipton AC	97.58
14	36:26	1394	Spikeÿ Amberry-Smith			Ripon Runners	97.38
15	36:32	234	Charles Casey			Harrogate Harriers	97.18
16	36:36	965	Graham Lake		V40	Otley AC	96.98
17	36:36	947	Tom Lynch			Otley AC	96.78
18	36:44	992	Liam Dunne		V40	Otley AC	96.57
19	36:49	798	Sharon Barlow	F	V35	Harrogate Harriers	96.37
20	36:57	1061	Lee Stanley		V40	Ripon Runners	96.17
21	37:01	914	Mark Tobin		V40	Wetherby Runners	95.97
22	37:03	929	Alex Patrickson			Nidd Valley Road Runners	95.77
23	37:11	928	Adam Kirk			Nidd Valley Road Runners	95.57
24	37:14	872	Guy Close			Knaresborough Striders	95.37
25	37:17	1079	James Boddy			Ripon Runners	95.17
26	37:25	1056	Alex Fawcett		V50	Ripon Runners	94.96
27	37:34	1298	Robert Whitaker		V40	Wetherby Runners	94.76
28	37:39	1282	Mark Holt		V40	Wetherby Runners	94.56
29	37:40	493	David Oldfield			Harrogate Harriers	94.36
30	37:45	1141	Patrick Wardle			Skipton AC	94.16
31	37:46	1312	Paul Nelson		V50	Wetherby Runners	93.96
32	37:48	972	Julian Mawson		V45	Otley AC	93.76
33	37:52	248	Ben Shacklock			Harrogate Harriers	93.56
34	37:55	1021	Ronnie Corbett		V45	Richmond & Zetland Harriers	93.35
35	37:56	1296	Andrew Walsh			Wetherby Runners	93.15
36	37:57	1153	Richard Schofield			Ripon Runners	92.95
37	37:57	1068	Ben Imeson		V40	Ripon Runners	92.75
38	37:59	939	Edoardo Piano			Nidd Valley Road Runners	92.55
39	38:01	1337	Warren Lowcock			Nidd Valley Road Runners	92.35
40	38:02	187	Gareth Somerville			Harrogate Harriers	92.15
41	38:03	1037	Douglas Scott		V45	Ripon Runners	91.95
42	38:07	186	Robert Smith			Harrogate Harriers	91.75
43	38:19	870	Andy Robinson			Knaresborough Striders	91.54
44	38:20	742	Crystal Goecker	F	V35	Harrogate Harriers	91.34
45	38:20	744	Ben Grant		V65	Harrogate Harriers	91.14
46	38:21	951	Andrew Robertshaw		V45	Otley AC	90.94
47	38:24	785	Jonathan Forey		V45	Dragons-Aire	90.74
48	38:26	162	Geoff King		V60	Harrogate Harriers	90.54
49	38:29	1276	David Carberry		V45	Wetherby Runners	90.34
50	38:32	766	Tom Borrowdale			Harrogate Harriers	90.14
51	38:34	685	Jaysson Sawyer		V40	Harrogate Harriers	89.93
52	38:36	863	Martin Brock			Knaresborough Striders	89.73
53	38:39	873	James Ireland			Knaresborough Striders	89.53
54	38:46	1094	Mark Ryder			Ripon Runners	89.33
55	38:52	1277	Stella Cross	F	U18	Wetherby Runners	89.13

## HDSRL 2017 Race 1

## Individual

56	38:57	<b>356</b>	Lorraine Mitchell	F	V40	Harrogate Harriers	88.93
57	39:03	<b>1301</b>	James Wood			Wetherby Runners	88.73
58	39:05	<b>137</b>	Adam Prentis		V50	Harrogate Harriers	88.53
59	39:06	<b>1121</b>	Trevor Schofield			Ripon Runners	88.32
60	39:16	<b>1150</b>	Matt Rickard		V40	Nidd Valley Road Runners	88.12
61	39:21	<b>1175</b>	Derek Parrington		V50	Swaledale Runners	87.92
62	39:25	<b>751</b>	Graham Molyneux		V55	Harrogate Harriers	87.72
63	39:32	<b>911</b>	Sam Fugill			Nidd Valley Road Runners	87.52
64	39:34	<b>1253</b>	Simon Williams		V45	Vocalink Running Club	87.32
65	39:35	<b>1169</b>	Mark Sowerby		V45	Swaledale Runners	87.12
66	39:36	<b>868</b>	James Wright			Knaresborough Striders	86.92
67	39:40	<b>1018</b>	Rosie Adams	F		Richmond & Zetland Harriers	86.71
68	39:40	<b>905</b>	Alan Davidson		V50	Nidd Valley Road Runners	86.51
69	39:44	<b>1138</b>	Gavin Smith			Skipton AC	86.31
70	39:45	<b>806</b>	Richard Walker		V40	Dragons-Aire	86.11
71	39:49	<b>941</b>	Andy Todd		V50	Nidd Valley Road Runners	85.91
72	39:53	<b>189</b>	Simon Watson		V55	Harrogate Harriers	85.71
73	39:56	<b>1085</b>	Michael Hall		V50	Ripon Runners	85.51
74	39:57	<b>1025</b>	David Hack		V40	Richmond & Zetland Harriers	85.31
75	39:58	<b>1307</b>	Chris Plews		V40	Wetherby Runners	85.10
76	40:00	<b>1111</b>	John Chatwin			Ripon Runners	84.90
77	40:03	<b>200</b>	Michael Gill		V50	Harrogate Harriers	84.70
78	40:04	<b>1000</b>	Shane Ewen			Otley AC	84.50
79	40:04	<b>871</b>	Dan Foley			Knaresborough Striders	84.30
80	40:12	<b>1120</b>	Paul Walker		V45	Ripon Runners	84.10
81	40:19	<b>1166</b>	Dave Atkinson		V40	Swaledale Runners	83.90
82	40:20	<b>494</b>	Ian Rowbotham		V55	Harrogate Harriers	83.70
83	40:21	<b>1096</b>	Mike Hernandez		V45	Ripon Runners	83.50
84	40:23	<b>1251</b>	Chris Laycock		V50	Vocalink Running Club	83.29
85	40:23	<b>250</b>	Nathan Smith		V40	Harrogate Harriers	83.09
86	40:24	<b>290</b>	Richard Willis		V45	Harrogate Harriers	82.89
87	40:30	<b>1040</b>	Dave Binks		V45	Ripon Runners	82.69
88	40:37	<b>564</b>	James Strugnell			Harrogate Harriers	82.49
89	40:39	<b>152</b>	Nick Andralojc		V55	Harrogate Harriers	82.29
90	40:43	<b>1319</b>	Rob Clarke			Knaresborough Striders	82.09
91	40:45	<b>797</b>	Donna Riddler	F	V35	Richmond & Zetland Harriers	81.89
92	40:52	<b>866</b>	Dan Wilson			Knaresborough Striders	81.68
93	41:02	<b>822</b>	Ellie Kitchen	F		Ilkley Harriers	81.48
94	41:03	<b>1133</b>	Michael Mcinnes		V40	Skipton AC	81.28
95	41:03	<b>1292</b>	Angela Reeve	F	V40	Wetherby Runners	81.08
96	41:03	<b>1206</b>	Ken Wood			Thirsk and Sowerby Harriers	80.88
97	41:04	<b>1195</b>	David Fawkes			Thirsk and Sowerby Harriers	80.68
98	41:05	<b>1284</b>	Nils Linstrum			Wetherby Runners	80.48
99	41:06	<b>1302</b>	James Jesson		V40	Wetherby Runners	80.28
100	41:07	<b>848</b>	Tom Worboys			Ilkley Harriers	80.07
101	41:15	<b>1244</b>	Steve Peters		V45	Vocalink Running Club	79.87
102	41:18	<b>1130</b>	Ben Davies			Skipton AC	79.67
103	41:18	<b>1400</b>	Dewi Winkle		V45	Ripon Runners	79.47
104	41:19	<b>741</b>	Mark Jordan		V60	Harrogate Harriers	79.27
105	41:24	<b>199</b>	Simon Moffatt		V50	Harrogate Harriers	79.07
106	41:32	<b>495</b>	Helen Mercer-Jones	F	V35	Harrogate Harriers	78.87
107	41:34	<b>238</b>	Iain Entwistle		V40	Harrogate Harriers	78.67
108	41:34	<b>1335</b>	Dan Eagling			Nidd Valley Road Runners	78.46
109	41:42	<b>95</b>	Ian Cooper		V40	Harrogate Harriers	78.26
110	41:46	<b>232</b>	Sarah Gill	F	V50	Harrogate Harriers	78.06
111	42:03	<b>1148</b>	Richard Annable		V55	Skipton AC	77.86

## HDSRL 2017 Race 1

## Individual

112	42:06	<b>1313</b>	Ian Legg	V50	Wetherby Runners	77.66
113	42:08	<b>1091</b>	Lewis Brooks	U18	Ripon Runners	77.46
114	42:10	<b>816</b>	Rebecca Streets	F	Dragons-Aire	77.26
115	42:11	<b>1076</b>	Kari Munro	F V35	Ripon Runners	77.06
116	42:12	<b>1046</b>	Neil Dring	V55	Ripon Runners	76.85
117	42:12	<b>235</b>	Stephen Kirk	V45	Harrogate Harriers	76.65
118	42:13	<b>1008</b>	Steve Robinson	V40	Otley AC	76.45
119	42:17	<b>167</b>	Sam Nelson	F	Harrogate Harriers	76.25
120	42:19	<b>242</b>	Angus Morgan		Harrogate Harriers	76.05
121	42:21	<b>758</b>	Emma Robinson	F V35	Harrogate Harriers	75.85
122	42:22	<b>1149</b>	Lorna Wrigley	F	Harrogate Harriers	75.65
123	42:25	<b>1267</b>	Iain Andrews	V45	Wetherby Runners	75.45
124	42:27	<b>842</b>	Michael Duffield	V45	Ilkley Harriers	75.25
125	42:38	<b>869</b>	Nicola Carter	F V45	Knaresborough Striders	75.04
126	42:40	<b>1346</b>	Andrew Peagram	V40	Nidd Valley Road Runners	74.84
127	42:43	<b>197</b>	Geoffrey Hirst		Harrogate Harriers	74.64
128	42:44	<b>983</b>	Colin Dennison		Otley AC	74.44
129	42:44	<b>1268</b>	Nicky Andres	F	Wetherby Runners	74.24
130	42:46	<b>1155</b>	Catherine Ostler	F V50	Harrogate Harriers	74.04
131	42:46	<b>106</b>	Kevin-Malachy Murphy	V60	Harrogate Harriers	73.84
132	42:55	<b>1344</b>	Mike Deacon	V50	Nidd Valley Road Runners	73.64
133	42:56	<b>1083</b>	Tony White	V60	Ripon Runners	73.43
134	43:03	<b>1107</b>	Andy Turner	V55	Ripon Runners	73.23
135	43:08	<b>284</b>	Jon Blane	V55	Harrogate Harriers	73.03
136	43:09	<b>1286</b>	Alex Matthewson		Wetherby Runners	72.83
137	43:11	<b>889</b>	Stewart Hymas	V45	Knaresborough Striders	72.63
138	43:12	<b>1228</b>	Rob Lickley	V40	Thirsk and Sowerby Harriers	72.43
139	43:14	<b>1020</b>	Kevin Bond	V40	Richmond & Zetland Harriers	72.23
140	43:16	<b>1001</b>	Michael Hastings		Otley AC	72.03
141	43:21	<b>831</b>	Malcolm Pickering	V65	Ilkley Harriers	71.82
142	43:23	<b>1260</b>	Chris Slater		Vocalink Running Club	71.62
143	43:26	<b>1174</b>	Alan Mackay	V40	Swaledale Runners	71.42
144	43:27	<b>1382</b>	Liam Marwood	U18	Nidd Valley Road Runners	71.22
145	43:30	<b>286</b>	Charlotte Evans	F V40	Harrogate Harriers	71.02
146	43:31	<b>879</b>	Gareth Conkleton	V40	Knaresborough Striders	70.82
147	43:31	<b>1327</b>	Steve Turner	V45	Nidd Valley Road Runners	70.62
148	43:39	<b>1051</b>	Steve Silver	F V45	Ripon Runners	70.42
149	43:48	<b>925</b>	Jonathon Easton		Nidd Valley Road Runners	70.21
150	43:55	<b>1115</b>	Matt Holt	V45	Ripon Runners	70.01
151	43:57	<b>880</b>	Ian Mitchell	V50	Knaresborough Striders	69.81
152	43:58	<b>1269</b>	Paul Atkinson	V50	Wetherby Runners	69.61
153	44:00	<b>923</b>	John Mitton	V45	Nidd Valley Road Runners	69.41
154	44:01	<b>135</b>	Helen Price	F V45	Harrogate Harriers	69.21
155	44:06	<b>907</b>	Dave Shores	V45	Nidd Valley Road Runners	69.01
156	44:12	<b>891</b>	Seema Lowery	F V40	Knaresborough Striders	68.81
157	44:13	<b>814</b>	Nick Jovanovic		Dragons-Aire	68.60
158	44:16	<b>1279</b>	Robert Driver		Wetherby Runners	68.40
159	44:16	<b>1380</b>	Lee Welsby	V45	Nidd Valley Road Runners	68.20
160	44:17	<b>998</b>	Christian Hosker	V40	Otley AC	68.00
161	44:19	<b>1205</b>	Charlotte Wilton	F V40	Thirsk and Sowerby Harriers	67.80
162	44:22	<b>1280</b>	Gill Edmonson	F V40	Wetherby Runners	67.60
163	44:26	<b>835</b>	Paul Stephens	V55	Ilkley Harriers	67.40
164	44:32	<b>1016</b>	Tony Walker	V55	Otley AC	67.20
165	44:36	<b>1100</b>	John Ward	V65	Ripon Runners	67.00
166	44:38	<b>1290</b>	Rebecca Normington	F	Wetherby Runners	66.79
167	44:39	<b>867</b>	Sean Brennan	V45	Knaresborough Striders	66.59

## HDSRL 2017 Race 1

## Individual

168	44:44	<b>247</b>	Tim Pocock	V55	Harrogate Harriers	66.39
169	44:46	<b>895</b>	Simon Rider	V40	Knaresborough Striders	66.19
170	44:53	<b>1349</b>	Isabel Potter	F V35	Nidd Valley Road Runners	65.99
171	44:57	<b>1293</b>	Simon Robertson	V40	Wetherby Runners	65.79
172	45:00	<b>1156</b>	Steve Woollven	V45	Harrogate Harriers	65.59
173	45:05	<b>810</b>	William Woodhead		Dragons-Aire	65.39
174	45:12	<b>948</b>	John Dade	V50	Otley AC	65.18
175	45:14	<b>181</b>	Jaclyn Artist	F	Harrogate Harriers	64.98
176	45:14	<b>1022</b>	Lucy Goundry	F V40	Richmond & Zetland Harriers	64.78
177	45:15	<b>359</b>	Tim Broomfield	V60	Harrogate Harriers	64.58
178	45:22	<b>287</b>	Julie Patmore	F V50	Harrogate Harriers	64.38
179	45:22	<b>184</b>	Dave Ladell	V45	Harrogate Harriers	64.18
180	45:23	<b>245</b>	Andrew Collins		Harrogate Harriers	63.98
181	45:23	<b>1314</b>	Phoebe Coster	F U18	Wetherby Runners	63.78
182	45:23	<b>1116</b>	Alan Hansen	V55	Ripon Runners	63.57
183	45:24	<b>820</b>	Paul Grindley	V50	Dragons-Aire	63.37
184	45:25	<b>1270</b>	Nina Batt	F	Wetherby Runners	63.17
185	45:30	<b>487</b>	David Fennah	V45	Harrogate Harriers	62.97
186	45:32	<b>1067</b>	Anneke Imeson	F V40	Ripon Runners	62.77
187	45:33	<b>885</b>	Conrad Garcia	V50	Knaresborough Striders	62.57
188	45:35	<b>910</b>	Andy Harris	V40	Nidd Valley Road Runners	62.37
189	45:35	<b>1288</b>	Richard Murray	V45	Wetherby Runners	62.17
190	45:36	<b>239</b>	Charlotte Reeves	F	Harrogate Harriers	61.96
191	45:40	<b>1311</b>	Peter Allanach	V50	Wetherby Runners	61.76
192	45:41	<b>195</b>	Donald Morgan	V50	Harrogate Harriers	61.56
193	45:45	<b>1140</b>	Joel Dalby	V40	Skipton AC	61.36
194	45:47	<b>982</b>	Martin Stringer	V45	Otley AC	61.16
195	45:49	<b>963</b>	Sara Elliott	F V45	Otley AC	60.96
196	45:50	<b>924</b>	Sue Simpson	F V55	Nidd Valley Road Runners	60.76
197	45:53	<b>1143</b>	Rachel Gaunt	F V50	Skipton AC	60.56
198	45:54	<b>1132</b>	Jeremy Lamb		Skipton AC	60.35
199	45:55	<b>1358</b>	Stuart Pender	V50	Ripon Runners	60.15
200	45:59	<b>922</b>	James Cook	V45	Nidd Valley Road Runners	59.95
201	46:05	<b>577</b>	J. Dan Simmons	V55	Harrogate Harriers	59.75
202	46:11	<b>1339</b>	Chris Beattie	V60	Nidd Valley Road Runners	59.55
203	46:17	<b>1275</b>	Peter Callaghan	V50	Wetherby Runners	59.35
204	46:19	<b>944</b>	Phil Ventress	V40	Nidd Valley Road Runners	59.15
205	46:24	<b>243</b>	Stephen Nesbitt	V45	Harrogate Harriers	58.95
206	46:26	<b>1178</b>	Richard Kirkham	V40	Harrogate Harriers	58.75
207	46:30	<b>1127</b>	Melanie Ives	F	Skipton AC	58.54
208	46:33	<b>686</b>	Rob Athey	V40	Harrogate Harriers	58.34
209	46:35	<b>1289</b>	Andrea Normington	F V55	Wetherby Runners	58.14
210	46:36	<b>865</b>	Dave Halliday	V50	Knaresborough Striders	57.94
211	46:36	<b>505</b>	Elizabeth Turner	F	Harrogate Harriers	57.74
212	46:42	<b>183</b>	Simon Childs	V50	Harrogate Harriers	57.54
213	46:43	<b>1316</b>	Marcus Murray		Wetherby Runners	57.34
214	46:46	<b>1343</b>	Fiona Deacon	F V50	Nidd Valley Road Runners	57.14
215	46:47	<b>843</b>	Philip Hirst	V60	Ilkley Harriers	56.93
216	46:48	<b>681</b>	Rebecca Pearey	F	Harrogate Harriers	56.73
217	46:49	<b>906</b>	Ian Mcleod	V60	Nidd Valley Road Runners	56.53
218	46:54	<b>1254</b>	Nick Wagstaff	V45	Vocalink Running Club	56.33
219	46:54	<b>192</b>	Shaun Morrison		Harrogate Harriers	56.13
220	46:55	<b>1151</b>	Ruth Wickens	F V40	Harrogate Harriers	55.93
221	47:08	<b>964</b>	Ian Broadbent	V45	Otley AC	55.73
222	47:10	<b>958</b>	Peter Gosling		Otley AC	55.53
223	47:12	<b>1331</b>	Kevin Nicholas	V50	Nidd Valley Road Runners	55.32

## HDSRL 2017 Race 1

## Individual

224	47:14	<b>1318</b>	Niamh Falconer	F		Knaresborough Striders	55.12
225	47:16	<b>75</b>	Sue Moul	F	V50	Harrogate Harriers	54.92
226	47:22	<b>1114</b>	Jill Holt	F	V45	Ripon Runners	54.72
227	47:22	<b>800</b>	Gavin Birkett			Dragons-Aire	54.52
228	47:23	<b>1315</b>	Emma Coster	F	V45	Wetherby Runners	54.32
229	47:23	<b>1101</b>	Sarah Hood	F	V45	Ripon Runners	54.12
230	47:25	<b>807</b>	Michael Buckle			Dragons-Aire	53.92
231	47:28	<b>912</b>	Paul Manning		V45	Nidd Valley Road Runners	53.71
232	47:30	<b>908</b>	Phil Robinson		V50	Nidd Valley Road Runners	53.51
233	47:32	<b>838</b>	David Ibbotson		V55	Ilkley Harriers	53.31
234	47:34	<b>990</b>	Andy Webster		V45	Otley AC	53.11
235	47:35	<b>1006</b>	Michael Pickard		V50	Otley AC	52.91
236	47:37	<b>1214</b>	Hilary Coventry	F	V50	Thirsk and Sowerby Harriers	52.71
237	47:39	<b>1103</b>	Chloe Dalton	F	U16	Ripon Runners	52.51
238	47:40	<b>1117</b>	Heather Glegg	F	V45	Ripon Runners	52.31
239	47:43	<b>850</b>	Mary Gibbons	F		Ilkley Harriers	52.10
240	47:45	<b>1047</b>	Phil Chatterton		V50	Ripon Runners	51.90
241	47:51	<b>1126</b>	David Gorman		V55	Skipton AC	51.70
242	47:52	<b>875</b>	Derek Calvert		V55	Knaresborough Striders	51.50
243	47:53	<b>825</b>	Caroline Howe	F	V35	Ilkley Harriers	51.30
244	47:54	<b>1384</b>	Oliver Scott		U16	Ripon Runners	51.10
245	47:55	<b>1084</b>	Andrew Webster		V45	Ripon Runners	50.90
246	47:58	<b>940</b>	Richard Taylor		V40	Nidd Valley Road Runners	50.70
247	47:59	<b>904</b>	Dave Seaman		V70	Nidd Valley Road Runners	50.50
248	48:06	<b>748</b>	Steve Bowyer		V50	Harrogate Harriers	50.29
249	48:09	<b>1342</b>	Emma Dooley	F	V40	Nidd Valley Road Runners	50.09
250	48:12	<b>1348</b>	Simon Harris		V45	Nidd Valley Road Runners	49.89
251	48:21	<b>1144</b>	Mark Desgranges			Skipton AC	49.69
252	48:31	<b>1053</b>	Jane Grundy	F		Ripon Runners	49.49
253	48:32	<b>1137</b>	Hilary Seward	F	V50	Skipton AC	49.29
254	48:35	<b>1147</b>	Russell Burgess		V50	Skipton AC	49.09
255	48:36	<b>1211</b>	Dave Baker			Thirsk and Sowerby Harriers	48.89
256	48:37	<b>1233</b>	Fran Jeffery	F	V35	Thirsk and Sowerby Harriers	48.68
257	48:39	<b>827</b>	Jean Sullivan	F	V45	Ilkley Harriers	48.48
258	48:46	<b>171</b>	Adrian Murfitt		V40	Harrogate Harriers	48.28
259	48:47	<b>915</b>	Rachel Hebblewhite	F	V35	Nidd Valley Road Runners	48.08
260	48:48	<b>1257</b>	Beth Littlewood	F		Vocalink Running Club	47.88
261	48:48	<b>1038</b>	Dave Ritson		V45	Ripon Runners	47.68
262	48:52	<b>985</b>	Liz Yates	F	V40	Otley AC	47.48
263	48:57	<b>934</b>	Alex Crowton			Nidd Valley Road Runners	47.28
264	48:58	<b>1391</b>	Mark Brooks		V40	Ripon Runners	47.07
265	49:07	<b>949</b>	Andrew Rayner		V50	Otley AC	46.87
266	49:13	<b>1044</b>	Simon Mccudden	F	V55	Ripon Runners	46.67
267	49:16	<b>804</b>	Graham Turner		V40	Dragons-Aire	46.47
268	49:21	<b>770</b>	Pete Bryant		V50	Dragons-Aire	46.27
269	49:22	<b>783</b>	Paul Tomlinson		V45	Dragons-Aire	46.07
270	49:27	<b>1353</b>	Suzanne Rickard	F	V45	Ripon Runners	45.87
271	49:29	<b>1074</b>	Tim Joynson		V55	Ripon Runners	45.67
272	49:31	<b>1250</b>	Andrew Tattersall		V50	Vocalink Running Club	45.46
273	49:31	<b>1009</b>	Caron Ralph	F	V45	Otley AC	45.26
274	49:35	<b>1129</b>	Hazel Ives	F	V55	Skipton AC	45.06
275	49:41	<b>1010</b>	Neil Reed		V50	Otley AC	44.86
276	49:46	<b>841</b>	Geoffrey White			Ilkley Harriers	44.66
277	49:50	<b>1378</b>	Helen Gregory	F	V40	Nidd Valley Road Runners	44.46
278	49:56	<b>743</b>	Liz Sandell	F		Harrogate Harriers	44.26
279	49:58	<b>1007</b>	Paul Clifford		V50	Otley AC	44.06

## HDSRL 2017 Race 1

## Individual

280	50:01	<b>501</b>	Steve Firbank		V45	Harrogate Harriers	43.85
281	50:03	<b>962</b>	Mary Hampshire	F	V45	Otley AC	43.65
282	50:10	<b>282</b>	Eve Hawkins	F	V35	Harrogate Harriers	43.45
283	50:13	<b>909</b>	Sarah Hughan	F	V35	Nidd Valley Road Runners	43.25
284	50:17	<b>776</b>	Steve Clayson			Dragons-Aire	43.05
285	50:22	<b>747</b>	Peter Edwards		V55	Harrogate Harriers	42.85
286	50:23	<b>1341</b>	Christine Jones	F	V50	Nidd Valley Road Runners	42.65
287	50:27	<b>997</b>	Carl Maughan		V45	Otley AC	42.45
288	50:28	<b>1098</b>	Lesley Willoughby	F	V45	Ripon Runners	42.25
289	50:30	<b>974</b>	Chris Brunold		V50	Otley AC	42.04
290	50:35	<b>1136</b>	Antony Radley		V50	Skipton AC	41.84
291	50:36	<b>1045</b>	Helen Hall	F	V45	Ripon Runners	41.64
292	50:40	<b>1274</b>	Helen Buglass	F	V45	Wetherby Runners	41.44
293	50:41	<b>233</b>	Neil Hindmarch		V55	Harrogate Harriers	41.24
294	50:44	<b>1278</b>	Ann Dale	F	V40	Wetherby Runners	41.04
295	50:45	<b>1377</b>	Aly Iles	F	V40	Nidd Valley Road Runners	40.84
296	50:47	<b>782</b>	Sarah Tomlinson	F	V45	Dragons-Aire	40.64
297	50:51	<b>1245</b>	Simon Sunley			Vocalink Running Club	40.43
298	50:56	<b>1090</b>	Hayley Whipp		V40	Ripon Runners	40.23
299	50:58	<b>1135</b>	Kathryn Radley	F	V45	Skipton AC	40.03
300	51:00	<b>1097</b>	Jack Hernandez			Ripon Runners	39.83
301	51:10	<b>946</b>	Marcos Montana			Nidd Valley Road Runners	39.63
302	51:15	<b>765</b>	Tim Bennett		V50	Harrogate Harriers	39.43
303	51:15	<b>937</b>	Michael Benson			Nidd Valley Road Runners	39.23
304	51:15	<b>926</b>	Catherine Barber	F		Nidd Valley Road Runners	39.03
305	51:19	<b>1240</b>	Philip Craig			Thirsk and Sowerby Harriers	38.82
306	51:20	<b>1375</b>	Anne Cheeseman	F	V55	Ripon Runners	38.62
307	51:20	<b>1072</b>	Lena Conlin	F	V50	Ripon Runners	38.42
308	51:21	<b>1089</b>	Martin Whipp	F	V40	Ripon Runners	38.22
309	51:21	<b>1237</b>	Andy Butcher		V50	Thirsk and Sowerby Harriers	38.02
310	51:21	<b>808</b>	Michael Jarvis		V45	Dragons-Aire	37.82
311	51:25	<b>786</b>	Graham Burns			Dragons-Aire	37.62
312	51:31	<b>1297</b>	Drew Ward		V60	Wetherby Runners	37.42
313	51:33	<b>916</b>	Jenny Manning	F	V45	Nidd Valley Road Runners	37.21
314	51:38	<b>1329</b>	Moira Mctague	F	V55	Nidd Valley Road Runners	37.01
315	51:42	<b>1039</b>	Andy Purll		V45	Ripon Runners	36.81
316	51:47	<b>778</b>	Gill Brown	F	V35	Dragons-Aire	36.61
317	51:48	<b>935</b>	Stephen Newton		V45	Nidd Valley Road Runners	36.41
318	51:49	<b>956</b>	Carl Walsh		V55	Otley AC	36.21
319	51:52	<b>1088</b>	Angie Benson	F	V50	Ripon Runners	36.01
320	51:53	<b>244</b>	Richard Burton		V55	Harrogate Harriers	35.81
321	51:54	<b>1345</b>	Hannah Peagram	F	V40	Nidd Valley Road Runners	35.60
322	51:55	<b>991</b>	Gill Park	F		Otley AC	35.40
323	51:56	<b>955</b>	Daniel Mundet		V40	Otley AC	35.20
324	51:59	<b>682</b>	Georgina Townsend	F		Harrogate Harriers	35.00
325	52:03	<b>771</b>	Glyn Smyth		V55	Dragons-Aire	34.80
326	52:08	<b>1173</b>	Zoe Mackay	F	V40	Swaledale Runners	34.60
327	52:13	<b>984</b>	Charlotte Boardman	F		Otley AC	34.40
328	52:14	<b>1387</b>	Steve Grange		V50	Ripon Runners	34.20
329	52:18	<b>966</b>	Urslula Mcgouran	F	V55	Otley AC	34.00
330	52:20	<b>1142</b>	Laura Woodhead	F		Skipton AC	33.79
331	52:22	<b>1066</b>	Kim Holden	F	V55	Ripon Runners	33.59
332	52:26	<b>774</b>	Jan Davies	F	V50	Dragons-Aire	33.39
333	52:30	<b>1330</b>	Catrin Harrap	F		Nidd Valley Road Runners	33.19
334	52:34	<b>1005</b>	Ged Peacock		V50	Otley AC	32.99
335	52:38	<b>1255</b>	Gio Fitzgerald	F	V45	Vocalink Running Club	32.79

## HDSRL 2017 Race 1

## Individual

336	52:38	<b>817</b>	Rhona Neilson	F	V40	Dragons-Aire	32.59
337	52:40	<b>757</b>	Heather Taylor	F	V55	Harrogate Harriers	32.39
338	52:41	<b>959</b>	Laura Hind	F	V35	Otley AC	32.18
339	52:47	<b>818</b>	Margaret Britton	F	V60	Dragons-Aire	31.98
340	52:49	<b>1392</b>	Catherine Leonard		V50	Ripon Runners	31.78
341	52:52	<b>840</b>	Paul Sugden		V55	Ilkley Harriers	31.58
342	52:53	<b>1376</b>	Linsey Fallow	F	V40	Ripon Runners	31.38
343	52:56	<b>993</b>	Liz Fawcett	F	V45	Otley AC	31.18
344	53:00	<b>1227</b>	Duncan Fothergill		V40	Thirsk and Sowerby Harriers	30.98
345	53:00	<b>968</b>	Philip Robinson		V70	Otley AC	30.78
346	53:03	<b>1204</b>	Malcolm Aitken		V40	Thirsk and Sowerby Harriers	30.57
347	53:14	<b>799</b>	Lara Johnson	F	V35	Wetherby Runners	30.37
348	53:23	<b>1131</b>	Emma Lacey	F	V45	Skipton AC	30.17
349	53:25	<b>1058</b>	David Whitehouse			Ripon Runners	29.97
350	53:27	<b>986</b>	Ann Yeadon	F	V45	Otley AC	29.77
351	53:29	<b>1246</b>	Alex Whapples	F	V45	Vocalink Running Club	29.57
352	53:29	<b>1340</b>	Rachel Prince	F	V40	Nidd Valley Road Runners	29.37
353	53:42	<b>788</b>	Carolyn Park	F	V40	Dragons-Aire	29.17
354	53:45	<b>1259</b>	Neil Warr		V40	Vocalink Running Club	28.96
355	53:46	<b>969</b>	Richard Hamer		V50	Otley AC	28.76
356	53:50	<b>876</b>	Claire Killingworth	F		Knaresborough Striders	28.56
357	54:00	<b>1042</b>	Fiona Alder	F	V60	Ripon Runners	28.36
358	54:03	<b>954</b>	Joanna Hobson	F	V55	Otley AC	28.16
359	54:08	<b>980</b>	Martin Gaskin		V55	Otley AC	27.96
360	54:10	<b>198</b>	Matthew Lucock			Harrogate Harriers	27.76
361	54:12	<b>801</b>	Carole Keighley	F	V55	Dragons-Aire	27.56
362	54:18	<b>769</b>	Nicky Stevenson	F	V40	Dragons-Aire	27.35
363	54:22	<b>1383</b>	Lucy Smith	F	V40	Ripon Runners	27.15
364	54:26	<b>1252</b>	Rachel Liang	F		Vocalink Running Club	26.95
365	54:29	<b>1086</b>	Jackie Scott	F	V40	Ripon Runners	26.75
366	54:30	<b>1241</b>	Pat Kirby	F	V65	Thirsk and Sowerby Harriers	26.55
367	54:33	<b>794</b>	Jo Miller	F	V35	Dragons-Aire	26.35
368	54:43	<b>884</b>	Karensa Welsby	F	V50	Knaresborough Striders	26.15
369	54:44	<b>913</b>	Debbie Gibson	F	V50	Nidd Valley Road Runners	25.95
370	54:47	<b>683</b>	Chris Carthern			Harrogate Harriers	25.75
371	54:54	<b>1069</b>	Sue Skinner	F	V55	Ripon Runners	25.54
372	54:54	<b>1070</b>	John Skinner		V50	Ripon Runners	25.34
373	54:55	<b>1062</b>	Sarah Stanley	F	V40	Ripon Runners	25.14
374	54:56	<b>1041</b>	Katy Bell	F	V35	Ripon Runners	24.94
375	54:57	<b>1218</b>	Nigel Morgan		V55	Thirsk and Sowerby Harriers	24.74
376	54:58	<b>784</b>	Helen Forey	F	V45	Dragons-Aire	24.54
377	55:06	<b>1226</b>	Geoff Bullock		V70	Thirsk and Sowerby Harriers	24.34
378	55:14	<b>845</b>	Diane Kitchen	F	V55	Ilkley Harriers	24.14
379	55:17	<b>1224</b>	Craig Ivey			Thirsk and Sowerby Harriers	23.93
380	55:22	<b>1194</b>	Chris Wordsworth		V40	Thirsk and Sowerby Harriers	23.73
381	55:27	<b>1333</b>	Debbie Hanslip	F	V45	Nidd Valley Road Runners	23.53
382	55:28	<b>1057</b>	Sarah Whitaker	F	V35	Ripon Runners	23.33
383	55:30	<b>1078</b>	Elizabeth Lister	F	V45	Ripon Runners	23.13
384	55:37	<b>861</b>	Helen Baines	F		Swaledale Runners	22.93
385	55:41	<b>1350</b>	Kate Maybury	F	V35	Nidd Valley Road Runners	22.73
386	55:44	<b>978</b>	Carol Armitstead	F	V55	Otley AC	22.53
387	55:46	<b>1108</b>	Jackie Turner	F	V50	Ripon Runners	22.32
388	55:52	<b>1234</b>	Jill Libby	F	V55	Thirsk and Sowerby Harriers	22.12
389	55:53	<b>898</b>	Nick Smith		V55	Nidd Valley Road Runners	21.92
390	55:59	<b>772</b>	Alene Davies	F	V50	Dragons-Aire	21.72
391	56:00	<b>1291</b>	Samantha Parker	F	V50	Wetherby Runners	21.52

## HDSRL 2017 Race 1

## Individual

392	56:01	<b>901</b>	Jeff Walker		V50	Nidd Valley Road Runners	21.32
393	56:04	<b>1364</b>	Beth Constantine	F	U18	Ripon Runners	21.12
394	56:11	<b>768</b>	Richard Wysocki		V55	Dragons-Aire	20.92
395	56:12	<b>977</b>	Hannah Lupton	F	V40	Otley AC	20.71
396	56:12	<b>973</b>	Gilly Wright	F		Otley AC	20.51
397	56:15	<b>961</b>	Madeleine Delucchi	F	V60	Otley AC	20.31
398	56:20	<b>1164</b>	Julia Spittle	F	V60	Swaledale Runners	20.11
399	56:37	<b>1243</b>	Sarah Hart	F	V40	Vocalink Running Club	19.91
400	56:38	<b>1238</b>	Alison Butcher	F	V50	Thirsk and Sowerby Harriers	19.71
401	56:39	<b>1027</b>	Pauline Whittaker	F	V50	Richmond & Zetland Harriers	19.51
402	56:44	<b>1388</b>	Dan Ross			Ripon Runners	19.31
403	56:47	<b>1373</b>	Michael Rosher		V45	Ripon Runners	19.10
404	56:51	<b>894</b>	Eric Morley		V60	Knaresborough Striders	18.90
405	56:56	<b>1363</b>	Helen Cox	F	V40	Ripon Runners	18.70
406	56:59	<b>1242</b>	Liz Robertshaw	F	V40	Vocalink Running Club	18.50
407	57:04	<b>1261</b>	Louise Jennings	F	V45	Vocalink Running Club	18.30
408	57:07	<b>953</b>	Tom Hannah		V65	Otley AC	18.10
409	57:18	<b>976</b>	Rob Fearnley			Otley AC	17.90
410	57:25	<b>882</b>	Tony Everitt		V50	Knaresborough Striders	17.70
411	57:28	<b>918</b>	Debbie Dilasser	F	V40	Nidd Valley Road Runners	17.50
412	57:29	<b>684</b>	Jacqueline Flynn	F	V50	Harrogate Harriers	17.29
413	57:31	<b>795</b>	Clare Pierce	F	V60	Dragons-Aire	17.09
414	57:33	<b>1216</b>	Rosie Gatenby	F	V35	Thirsk and Sowerby Harriers	16.89
415	57:34	<b>360</b>	Jane Rowbotham	F	V55	Harrogate Harriers	16.69
416	57:35	<b>1087</b>	Alison Clarke	F	V40	Ripon Runners	16.49
417	57:42	<b>1371</b>	Hanna Dutka	F		Ripon Runners	16.29
418	57:43	<b>1361</b>	Mel Dutka	F	V55	Ripon Runners	16.09
419	57:45	<b>826</b>	Donald Macrae		V70	Ilkley Harriers	15.89
420	57:47	<b>994</b>	Hannah Birch	F	V35	Otley AC	15.68
421	57:48	<b>1381</b>	Nadene Wilkinson	F		Nidd Valley Road Runners	15.48
422	57:50	<b>805</b>	Denis Callaghan		V40	Dragons-Aire	15.28
423	57:55	<b>1048</b>	Helen Pickard	F	V60	Ripon Runners	15.08
424	57:57	<b>780</b>	Leah Forey	F	U18	Dragons-Aire	14.88
425	58:02	<b>1157</b>	Christine Sayer	F	V55	Swaledale Runners	14.68
426	58:04	<b>767</b>	Claire Featherstone	F		Dragons-Aire	14.48
427	58:05	<b>832</b>	Anna Pickering	F		Ilkley Harriers	14.28
428	58:28	<b>1209</b>	Trish Radford	F	V60	Thirsk and Sowerby Harriers	14.07
429	58:36	<b>1059</b>	Caroline Bentham	F	V50	Ripon Runners	13.87
430	58:48	<b>881</b>	Tracey Alison	F	V50	Knaresborough Striders	13.67
431	58:55	<b>1193</b>	Liz Wordsworth	F	V45	Thirsk and Sowerby Harriers	13.47
432	58:55	<b>488</b>	Elissa Young	F		Harrogate Harriers	13.27
433	58:58	<b>1012</b>	Sean O'Halloran			Otley AC	13.07
434	59:01	<b>1389</b>	Victoria Pang			Ripon Runners	12.87
435	59:02	<b>883</b>	June Graham	F	V55	Knaresborough Striders	12.67
436	59:09	<b>874</b>	Edna Wood	F	V50	Knaresborough Striders	12.46
437	59:10	<b>834</b>	Emma O'Looney	F	V45	Ilkley Harriers	12.26
438	59:12	<b>1247</b>	David Whapples		V45	Vocalink Running Club	12.06
439	59:17	<b>796</b>	Colleen Grunwald	F	V45	Nidd Valley Road Runners	11.86
440	59:17	<b>1264</b>	Adrian Cobbin		V40	Vocalink Running Club	11.66
441	59:30	<b>1328</b>	Kirsty O'Donnell	F		Nidd Valley Road Runners	11.46
442	59:30	<b>1159</b>	Roger Brisley		V60	Swaledale Runners	11.26
443	59:34	<b>1093</b>	Jane Goodwin	F	V45	Ripon Runners	11.06
444	60:04	<b>943</b>	Melissa Clare	F	V40	Nidd Valley Road Runners	10.85
445	60:09	<b>1050</b>	Karen Gilbert	F	V60	Ripon Runners	10.65
446	60:11	<b>989</b>	Rebecca Keinhorst	F		Otley AC	10.45
447	60:14	<b>1273</b>	Andrea Bowen	F	V40	Wetherby Runners	10.25



## HDSRL 2017 Race 1

## Individual

448	60:28	<b>1122</b>	Janet Booth	F	V50	Skipton AC	10.05
449	60:32	<b>927</b>	Michelle Smith	F	V45	Nidd Valley Road Runners	9.85
450	60:33	<b>1162</b>	Andrew Broadley		V55	Swaledale Runners	9.65
451	60:49	<b>1030</b>	Nicki Buckett	F	V45	Richmond & Zetland Harriers	9.45
452	60:52	<b>779</b>	Sarah Thompson	F		Dragons-Aire	9.25
453	60:55	<b>1075</b>	James Parkes			Ripon Runners	9.04
454	60:55	<b>1200</b>	Linda Bamforth	F	V60	Thirsk and Sowerby Harriers	8.84
455	61:08	<b>847</b>	Bernadette Gibbons	F	V60	Ilkley Harriers	8.64
456	61:16	<b>1028</b>	Jane Bond	F	V45	Richmond & Zetland Harriers	8.44
457	61:25	<b>1077</b>	Chris Bennett		V65	Ripon Runners	8.24
458	61:30	<b>1367</b>	Jessica Caven	F	V45	Ripon Runners	8.04
459	61:55	<b>1152</b>	Julie Pratt	F	V45	Ripon Runners	7.84
460	61:59	<b>995</b>	Sarah Parker	F		Otley AC	7.64
461	62:03	<b>773</b>	Andie Willbond	F	V70	Dragons-Aire	7.43
462	62:23	<b>88</b>	Colin Foster		V55	Harrogate Harriers	7.23
463	62:27	<b>1281</b>	Megan Hatfield	F	V45	Wetherby Runners	7.03
464	62:34	<b>846</b>	Vincent Gibbons		V60	Ilkley Harriers	6.83
465	62:40	<b>1102</b>	Tony Carr		V50	Ripon Runners	6.63
466	62:49	<b>1338</b>	Ewa Scott	F	V45	Nidd Valley Road Runners	6.43
467	63:13	<b>1294</b>	James Upperton			Wetherby Runners	6.23
468	63:20	<b>836</b>	Sally Wright	F	V55	Ilkley Harriers	6.03
469	63:32	<b>1310</b>	Jo Rankin	F	V40	Wetherby Runners	5.82
470	63:35	<b>1317</b>	Julie Elmes	F	V45	Knaresborough Striders	5.62
471	63:35	<b>839</b>	Emily Elmes	F	U16	Ilkley Harriers	5.42
472	63:50	<b>1052</b>	John Grundy		V70	Ripon Runners	5.22
473	64:13	<b>1015</b>	Natasha Whitaker	F	V40	Otley AC	5.02
474	64:29	<b>749</b>	Tracy Iles	F	V35	Harrogate Harriers	4.82
475	64:30	<b>809</b>	Amanda Connor	F	V40	Dragons-Aire	4.62
476	64:36	<b>945</b>	Michelle Dinsdale	F	V40	Nidd Valley Road Runners	4.42
477	64:36	<b>899</b>	Graham Hyde		V40	Nidd Valley Road Runners	4.21
478	64:40	<b>897</b>	Sylvia Morten	F	V55	Nidd Valley Road Runners	4.01
479	64:54	<b>1013</b>	Debra Brown	F	V40	Otley AC	3.81
480	65:34	<b>819</b>	Linda Lofthouse	F	V50	Dragons-Aire	3.61
481	66:09	<b>1213</b>	Gillian Crane	F	V60	Thirsk and Sowerby Harriers	3.41
482	67:22	<b>1095</b>	Fiona Hernandez	F	V45	Ripon Runners	3.21
483	68:15	<b>1154</b>	Abigail Bailey	F	V35	Ilkley Harriers	3.01
484	69:23	<b>1370</b>	Tammy Murray Kirkwood	F	V45	Ripon Runners	2.81
485	69:24	<b>1004</b>	Antonio Cardinale		V65	Otley AC	2.60
486	70:16	<b>1073</b>	Maggie Driffield	F	V60	Ripon Runners	2.40
487	70:49	<b>1071</b>	Linda Cadman	F	V65	Ripon Runners	2.20
488	70:49	<b>1060</b>	Fiona Blaylock	F	V35	Ripon Runners	2.00
489	70:49	<b>1372</b>	Nicole Sutton	F	V40	Ripon Runners	1.80
490	73:42	<b>1222</b>	Ian Codling		V75	Thirsk and Sowerby Harriers	1.60
491	75:40	<b>1105</b>	Christine Cooper	F	V50	Ripon Runners	1.40
492	77:43	<b>1190</b>	Peter Richardson		V55	Thirsk and Sowerby Harriers	1.20
493	79:03	<b>1212</b>	Marian Codling	F	V75	Thirsk and Sowerby Harriers	1.00

## Team

<b>Team Results</b>	<b>Main</b>	<b>Ladies</b>	<b>LVets</b>	<b>Vets</b>	<b>SVets</b>	<b>Elite mm.ss</b>
Dragons-Aire	652.65	220.49	110.64	332.96	132.35	120.19
Harrogate Harriers	953.47	433.57	276.64	459.73	438.81	103.55
Ilkley Harriers	688.45	257.50	123.92	324.71	281.04	117.13
Knarborough Striders	874.18	253.68	170.00	346.04	83.07	111.21
Nidd Valley Road Runners	877.60	282.06	183.89	409.02	264.35	112.13
Otley AC	792.70	193.72	123.92	401.98	120.29	110.03
Richmond & Zetland Harriers	621.06	262.34	166.18	250.89	0.00	111.10
Ripon Runners	950.45	319.09	210.25	461.34	354.08	101.56
Skipton AC	757.67	253.48	154.91	321.29	174.62	113.42
Swaledale Runners	443.59	92.32	69.39	341.62	55.70	119.15
Thirsk and Sowerby Harriers	559.89	217.86	169.19	196.74	111.82	125.19
Vocalink Running Club	574.56	157.10	82.27	352.27	0.00	121.12
Wetherby Runners	947.23	378.84	206.82	482.26	95.56	105.36